



(This word document can be downloaded at <http://howdoirepent.org/wp-content/uploads/2020/09/HowDoIRepent.docx>)

Repentance is much more than confessing your sin, and about getting to heaven. The process of repentance leads you to know God better and understanding His Kingdom and His ways. Jesus made it possible for us to repent because of His sacrifice but we also have a responsibility to physically prepare ourselves, learn His ways, apply what we learn, and continue to make correction in our life.

Making continual corrections in our life is the process of repentance, and it takes a lifetime.

What does it mean to accept Jesus?

The short answer is, you commit to repent, and you are accepting the covenant of God. Read more about [what it means to accept Jesus](#). It is easier to prepare for the Kingdom of God when we [understand the job of the Messiah and His role](#) in the Kingdom. This

Podcast gives a great introduction into the role of Jesus which will help you understand your role.



Check out this Podcast: [What does it mean to accept Jesus?](#)

Through repentance a person can transform evil miraculously into good.

The Gospel Message is: “Repent, for the Kingdom of God is near” ([Matthew 3:2](#)). To repent is the process of studying (preparation), applying what you learn (practice), and accountability (measuring). It is the path of a disciple of Jesus. As you gain knowledge and understanding of God, you continually make correction in your life and apply what you learn. **Repentance is a lifelong journey.**

Why Does Someone Need To Repent?

Isaiah 59:2 says, “... your iniquities have separated you from your God; your sins have hidden his face from you, so that he will not hear.” Sin has consequences, and it separates us from God, but we were created to overcome them. **Genesis 4:7 says, “... sin is crouching at your door; it desires to have you, but you must rule over it.”**

Hebrews 10:26-27 says, “If we deliberately keep on sinning after we have received the knowledge of the truth, **no sacrifice for sins is left**, but only a fearful expectation of judgment and of raging fire that will consume the enemies of God”.

Romans 2:6-8 says, “**God will repay each person according to what they have done**. To those who by persistence in doing good seek glory, honor and immortality, he will give eternal life. But for those who are self-seeking and who reject the truth and follow evil, there will be wrath and anger”.

As you study the Bible and learn what sin is, you will have opportunities to grow and apply what you learn in a practical way. James 1:22 says, “**Do not merely listen to the word, and so deceive yourselves. Do what it says.**”

**Repentance is a part of life as a disciple of Jesus,
and is required to grow closer to God.**

It is used to make correction in every step of growth in a person's life. It is a tool used to understand Jesus.

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The purpose of repentance is to make continual correction in your life by applying what you learn from seeking God, in order to prepare for the Kingdom of God. As Jesus said in Mark 4:20, “some seed sown goes on good soil, and they hear the word, accept it, and produce a crop—some thirty, some sixty, some a hundred times what was sown.” We need to take time each day to cultivate the seed that is in us and produces fruit of righteousness.

This 30-day repentance journey is intended to help you have a better understanding of what the Kingdom of God is, and what it means to repent. **Before we get started on the 30-day journey, let’s review a couple things: what does it mean to accept Jesus, and what are the roles of Jesus.**

What Does It Mean to Accept Jesus

The short answer is, you commit to repent and you are accepting the covenant of God, and just like the Children of Israel said in [Exodus 19:8 -11](#), “We will do everything the Lord has said.” This is something you accept by faith, and God gives you the grace to do it. You walk this out through the repentance process of making continual correction throughout your life by applying what you learn through seeking the Kingdom of God and His righteousness. As long as you continue to study and apply what you learn, you will keep growing. You trust by faith that God will continue to work in you, and He will finish what He started. Jesus is the mediator of the New Covenant, and when you accept Jesus, you have a responsibility to be a disciple and learn what that means. Here is a very good resource on the [Four Responsibilities of a Disciple](#).



This [Podcast](#) helps someone understand the New Covenant, and [the role of Messiah](#).

Some of the key principals to understand when you accept Jesus:

1. Accept God’s domain (His Kingdom Principals). You The process that God has established through His instructions from the beginning. In [Luke 24:25 – 27](#) Jesus said that they were to believe all that the prophets have spoken, and beginning with Moses, He explained to them what was said in all the Scriptures concerning himself. The Bible is a roadmap to learning God’s process.
2. Commit to following God’s commandments and do your part to protect the covenant in the jurisdiction you are placed here by God. Paul said if you are a Jew remain a Jew, if you are a Gentile then remain a Gentile ([1 Corinthians 7:17-20](#)). Nevertheless, there have always been individuals who followed their hearts and joined the Jewish people and go through conversion, **but it is not to be done in order to be saved.**

3. Become a co-laborer with God to take part in the redemption of this world by living what you have come to believe as you work through repentance. ([1 Corinthians 3:9](#), [James 2:14-26](#))
4. Accept Jesus as the King of Israel (the ruler of the world) and pledge your allegiance to King Jesus ([Zechariah 14:9](#)). One of the 13 principles of the Jewish faith is to believe in a Messiah, a.k.a. Jewish King, that will rule this world and bring peace. ([Genesis 12:1-3](#), [2 Samuel 7:12-16](#), [Galatians 3:16](#)) This is why it is so important to understand the role of Messiah. You are pledging your allegiance to Him, and you should understand what to expect. Click here to learn more about [the role of Messiah](#).

Work and Produce Fruit

We were all created to work, and you get to choose where you want to work. You can choose to work in this world and produce worldly fruit, or in the Kingdom of God and produce eternal fruit. It says in [Galatians 6:7-10](#), you can sow to the flesh or the spirit and you will reap what you sow. As a disciple of Jesus, you have joined the battle against sin in your own life. By default, your flesh desires fruit of this world, and your spirit desires to know God. As you overcome sin, God gives you more understanding and the ability to produce more eternal fruit.

It is important to understand you are given the ability to work on yourself and live in the Kingdom of God by applying God's ways and His commandments in your life every day. As you overcome sin in your life, and are faithful to Him, God will promote you in His Kingdom. As you grow, God will give you more understanding of Him and His ways so that you continue to grow and produce more eternal fruit. We are all working for an eternal position as Jesus said in [Matthew 5:19](#) you can be least or you can be great based on your obedience. As Jesus said, "... but whoever practices and teaches these commands will be called great in the kingdom of heaven".

We are to work through repentance, and the closer we work through that process, the more you will know God. The reason you accept Jesus is to know God better, and eternal life is to know God ([John 17:3](#)). [1 John 2:3-5](#) says you know God when you keep his commandments, and God gives you greater revelation of His ways as you seek Him and are obedient.

It is Important to Understand the People and the Covenant that you are Joining Yourself To



[Hebrews 4:2](#) says, "... we also have had the good news proclaimed to us, just as they did..." As Jesus had preached, the Good News is that we can repent.

Leviticus 26:40-42 says, “but if they will confess their sins and the sins of their ancestors—their unfaithfulness and their hostility toward me, which made me hostile toward them so that I sent them into the land of their enemies—then when their uncircumcised hearts are humbled and they pay for their sin, I will remember my covenant with Jacob and my covenant with Isaac and my covenant with Abraham, and I will remember the land.”

Every covenant in the Bible is built on the previous covenant. Galatians 3:15-17 says the law (at Mt Sinai), that was introduced 430 years after the covenant made with Abraham, does not set aside the covenant previously established by God. There was a covenant made with David after that covenant to build a Temple, and after that covenant was the promise of Jesus through His son David.

The new covenant was made with the Children of Israel, and says God will change their heart so that they will be obedient to God and follow his Torah ([Jeremiah 31:31-34](#)). Jesus is the mediator of that New Covenant, and everyone who wants to take part of that Covenant must pledge allegiance to King Messiah. For more information on the New Covenant, a great resource is [What About the New Covenant](#).

There are consequences for keeping the Covenant, and there are consequences for being disobedient to the Covenant. [Leviticus 26:23-24](#) says if you continue to walk against God’s wishes, then He will walk against your wishes, and He will personally smite you seven times for your sin. Jesus made reference to this in [Matthew 12:43-45](#) when he spoke of the final condition of a person being worse than the first and seven other spirits more wicked than the first entering into a person. God also promises in [Leviticus 26:40-42](#) that if we repent, He will remember the Covenant He made with Jacob, Isaac, and Abraham. This is why Jesus and John the Baptist preached to repent, for the Kingdom of God is coming. Our responsibility is to prepare and grow through the process of repentance.

When you accept Jesus, you are joining yourself to the Covenants that God made with the Jewish people by pledging your allegiance to the King of the Jews which is Yeshua of Nazareth, a.k.a. Jesus.

Your Job Description In Eternity Is Dependent Upon Your Level of Repentance

You are either working in this world, where the fruit is of this earth, are you are working in the kingdom, which will produce eternal fruit. Everything is about the law of sowing and reaping., and the more you repent, the more fruit God allows you to produce.

What Is the Role of Messiah

Did you know in order for Jesus to qualify as the Messiah, He has to complete a specific job which is defined in the Bible? It is well documented that Jesus fulfilled many prophecies in the Bible, and there is no doubt because God raised Him from the dead,

and He is the first of many to be resurrected – He is the Messiah. But He still has a job to do to fulfill the exclusive role as Messiah. **So, what is the role of Messiah**, and where are His responsibilities defined in the Bible? Keep reading to find the answers to these questions.

Most people do not realize the Bible gives specific laws the Messiah is required to do in order for that person to be the Messiah, nor do they realize that someone can be considered disqualified as Messiah if they do not fulfill all of them. According to the scriptures, the King of Israel, a.k.a the Messiah, has specific tasks to do, and if a person does those tasks, we will know He is the Messiah. All the Prophets in the Bible along with many others throughout history have been searching for this person. 1 Peter 1:10-12 says, *“Concerning this salvation, the prophets, who spoke of the grace that was to come to you, searched intently and with the greatest care, trying to find out the time and circumstances to which the Spirit of Christ in them was pointing when he predicted the sufferings of the Messiah and the glories that would follow. It was revealed to them that they were not serving themselves but you, when they spoke of the things that have now been told you by those who have preached the gospel to you by the Holy Spirit sent from heaven. Even angels long to look into these things.”*



Check out this Podcast: [The Unbegotten God, Jesus, and the Holy Spirit \(Part 1\)](#)

The Promise of the Messiah in the Torah

According to Paul the Jews have been entrusted with the very words of God ([Romans 3:2](#)). The Bible was written by Jews, and it is important that we look at the scriptures from a Jewish perspective. Christianity was originally a sect of Judaism, and the Jews have over 3500 years of commentary on the scriptures. They are well qualified to speak on the role of Messiah.



Around 1200 AD there was a Rabbi whose name was Moses Maimonides, and he defined what it is that most Jews today believe as the responsibilities of **“the one promised by the Torah – the Messiah”**. He actually wrote about Jesus and the impact He had on the world. Maimonides, a.k.a. Rambam, uses Deuteronomy 30:3-5 as a proof text which explains the role of Messiah, and how the Messiah will redeem Israel.

Deuteronomy 30:3-5 says, *“then the Lord your God will restore your fortunes and have mercy on you, and he will gather you again from all the peoples where the Lord your God has scattered you. If your outcasts are in the uttermost parts of heaven, from there*

the Lord your God will gather you, and from there he will take you. And the Lord your God will bring you into the land that your fathers possessed, that you may possess it. And he will make you more prosperous and numerous than your fathers."

Today it is estimated that there are officially 16 million Jews in the world (those identifying as Jews), but according to [Jerusalem Post](#), "Unprecedented genetic research undertaken by dozens of professors from around the world has provided evidence that almost a quarter of Latinos and Hispanics have significant Jewish DNA." The article says that there could be as many as **200 million descendants** of the Spanish and Portuguese Jewish communities around the world today. That would mean the Messiah would also need to bring all of them out of exile.

In addition, Maimonides uses Numbers 24:17-19 as proof text that the Torah promises a Messiah. He actually says this scripture refers to King David and his son King Messiah. Numbers 24:17-19 says, "*I see him, but not now; I behold him, but not near: a star shall come out of Jacob, and a scepter shall rise out of Israel; it shall crush the forehead of Moab and break down all the sons of Sheth. Edom shall be dispossessed; Seir also, his enemies, shall be dispossessed. Israel is doing valiantly. And one from Jacob shall exercise dominion and destroy the survivors of cities!*"

What else did Maimonides say about Yeshua of Nazareth? To find out, listen to this teaching called "[Am Yisrael 6: Rambam on Yeshua](#)".

What is the role of Messiah according to the Bible?

The Rabbis teach that for a person to be considered the Messiah they are:

1. **A descendent from King David through the line of Solomon who digs deeply into the study of the Torah.** ([Jeremiah 33:17-22](#), [2 Samuel 7:12-16](#), [1 Chronicles 28:5-7](#))
2. **He must observe the Torah's commandments as prescribed by both the Written and Oral Torah that was given by Moses.** He will be like Moses. ([Ezekiel 37:24](#), [Deuteronomy 18:15](#), [John 5:46](#), [Acts 3:21-23](#))
3. **He leads Israel to walk in the way of Torah and repairs its breaches.** He will rule at a time when all people will come to acknowledge and serve one God. ([Isaiah 66:23](#))
4. **The Messiah will fight the wars of the Lord.** He will fight a battle in [Egypt](#) and [Jerusalem](#) ([Isaiah 19](#), [Zechariah 14](#))
5. **He will build the Temple of God.** ([Ezekiel 37:26 – 27](#))
6. **The Messiah will bring the children of Israel out of Exile and return them to the land of Israel** ([Deuteronomy 30:1-10](#), [Isaiah 11:12](#))
7. The Messiah will bring the resurrection of the dead, and reign as King for 1000 years. ([1 Corinthians 15:50-53](#), [Revelation 20:4](#))
8. The Messiah will rule from [Jerusalem](#) and enforce the Torah ([Micah 4:1-4](#), [Isaiah 2:1-4](#))
9. He will rule at a time of world-wide peace. ([Micah 4:3](#))

10. What will it be like during the 1000 year reign of Messiah, when there are resurrected and non-resurrected people living in the same city? ([Ezekiel 44](#))

The New Covenant Promise

The New Covenant is described as a time when the entire world will know God and follow His laws and statutes. [Jeremiah 31:31-40](#) says God will put His Torah within man, and He will write it on their hearts. No longer shall each one teach his neighbor and each his brother, saying, 'Know the Lord,' for they shall all know God, from the least of them to the greatest. It also talks about a day Jerusalem will be rebuilt and no longer overtaken. Zephaniah 3:9 says, "For at that time I will change the speech of the peoples to a pure speech, that all of them may call upon the name of the Lord and serve him with one accord." This is the time when the New Covenant promise is completely fulfilled.

[Hebrews 9:15](#) says Jesus is the mediator of the new covenant, and millions of believers over the past 2000 years have been waiting for the day that Jesus will come back to fully enforce this change. Where the entire world repents, and everyone follows God's laws and statutes. Everyone has been waiting for that day as described in [Zechariah 14:7](#) where it says "it will be a unique day—a day known only to the Lord—with no distinction between day and night. When evening comes, there will be light." When Jesus comes to reign as King for 1000 years as described in [Revelation 20:4-15](#).

For more information on the New Covenant, a great resource is [What About the New Covenant](#).

In the end, Jesus will ultimately hand this world back over to God

Paul describes what the final role of the Messiah is. He explains what will happen after the 1000 years that is spoken of in Revelation 20, after Jesus has overcome all death. He says in 1 Corinthians 15:20-28, "*But Christ has indeed been raised from the dead, the firstfruits of those who have fallen asleep. For since death came through a man, the resurrection of the dead comes also through a man. For as in Adam all die, so in Christ all will be made alive. But each in turn: Christ, the firstfruits; **then, when he comes, those who belong to him. Then the end will come, when he hands over the kingdom to God the Father after he has destroyed all dominion, authority and power. For he must reign until he has put all his enemies under his feet. The last enemy to be destroyed is death. For he "has put everything under his feet."*** Now when it says that "everything" has been put under him, it is clear that this does not include God himself, who put everything under Christ. When he has done this, then the Son himself will be made subject to him who put everything under him, so that God may be all in all."

If you want to learn about what it will be like when [Jesus will be King of the World](#) click [here](#).

Practical Advice on How to Repent

Below are links to 30 days of practical advice on how to repent and make correction in your life. Through this journey you will learn more about the Kingdom of God.



[Day 1 – Make A Choice](#)

[Day 2 – Get a Birds Eye View](#)

[Day 3 – Create A List](#)

[Day 4 – Why Should I Repent](#)

[Day 5 – Stopping The Sin](#)

[Day 6 – Prioritize What it is You Want to Work On](#)

[Day 7 – Rosh Hashanah \(Feast of Trumpets\)](#)

[Day 8 – How Much Effort Do You Need to Put Into Repentance](#)

[Day 9 – Writing Your Story In the Book of Life](#)

[Day 10 – Love Demands Action](#)

[Day 11 – Living a Righteous Life is About Refining Your Thoughts and Behavior](#)

[Day 12 – Sin Is Crouching at Your Door](#)

[Day 13 – Connecting to God Through A Mitzvah \(Commandment\)](#)

[Day 14 – Measure for Measure](#)

[Day 15 – Are You Preparing \(Repenting\) for the Kingdom of God](#)

[Day 16 – A Bad, Good, or Better Resurrection – The Choice is Up to You](#)

[Day 17 – Understanding How Evil Can Be Good](#)

[Day 18 – Barriers That Prevent Repentance](#)

[Day 19 – An Annual Review of Your Repentance Driven Life \(Day of Atonement\)](#)

[Day 20 – How to Choose Life over Death](#)

[Day 21 – What Is True Regret For Sin](#)

[Day 22 – How Does Confession of Sin Heal Your Soul](#)

[Day 23 – Jesus Will be King of the World](#)

[Day 24 – Where Are You in the Book of Life](#)

[Day 25 – Prayer Is Music To God’s Ears](#)

[Day 26 – How Do You Build Your Temple and Hasten the Day of the Lord](#)

[Day 27 – Living in Rhythm with Jesus \(Celebrating the Appointed Feasts\)](#)

[Day 28 – God Hides Himself, and It’s Up to You to Find Him So the People in Your Life Are Impacted \(Part 1 of 2\)](#)

[Day 29 – God Hides Himself, and It’s Up to You to Find Him So the People in Your Life Are Impacted. \(Part 2 of 2\)](#)

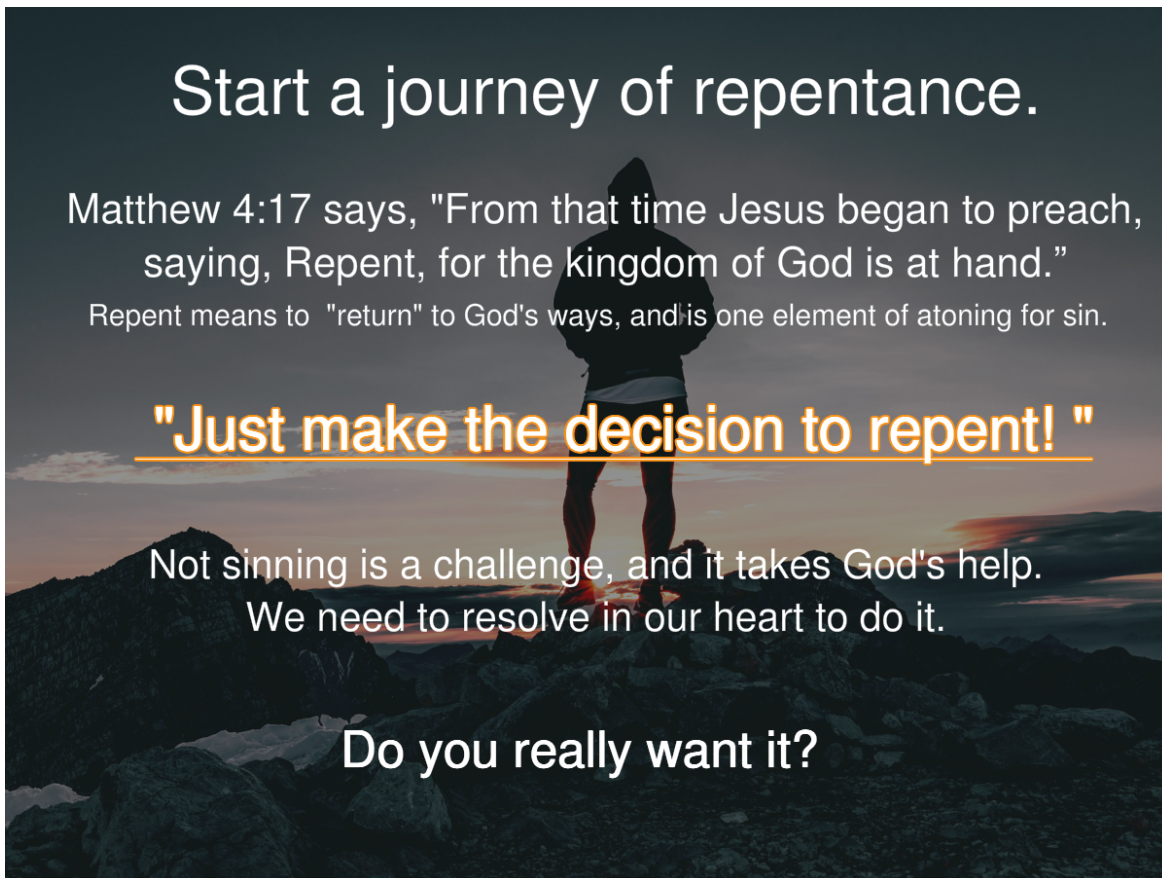
[Day 30 – The True Definition of What Repentance Is and Where We Go from Here](#)

The purpose of repentance is to make continual correction in your life by applying what you learn from seeking God, in order to prepare for the Kingdom of God. As Jesus said in Mark 4:20, “some seed sown goes on good soil, and they hear the word, accept it, and produce a crop—some thirty, some sixty, some a hundred times what was sown.” Take a few moments each day to cultivate the seed that is in you.

The amount of seed that produces fruit in your life is your responsibility and

YOUR ACHIEVEMENT IS UP TO YOU

Day 1 – Repentance Is A Choice



Start a journey of repentance.

Matthew 4:17 says, "From that time Jesus began to preach, saying, Repent, for the kingdom of God is at hand."
Repent means to "return" to God's ways, and is one element of atoning for sin.

"Just make the decision to repent!"

Not sinning is a challenge, and it takes God's help.
We need to resolve in our heart to do it.

Do you really want it?

Repentance is necessary, and it draws a person close to God. The further someone is from God, the closer a person can draw near to Him through repentance.

In Jeremiah 15:19 it says, **"Therefore this is what the Lord says: If you repent, I will restore you that you may serve me..."** What does it mean to repent? We get the word repentance from the Hebrew word Teshuvah. A simple definition of Teshuvah means to regret some mess-up you made and resolve never to do it again. What is repentance? Repentance is to make continual correction in your life by applying what you learn from seeking God, in order to prepare for the Kingdom of God.

To repent also means to "turn back". To repent is to humble your heart, confess your sin, to stop the sin. It also is to regret the sin, and then work to make the wrongs right. ([Leviticus 26:40-45](#)). As you turn to God, He changes your heart to desire Him more.

God said in Ezekiel 36:26-27, "I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws." This is the New Covenant that is spoken of in [Jeremiah 31:33](#), and in [Hebrews 8:10](#). Here is a great resource called [What about the New Covenant](#).

The Choice

From the very beginning God decided what was good and evil before He even created this world. He told Adam and Eve not to eat from the Tree of Good and Evil, but He gave Adam and Eve the choice to decide if they would accept His authority or not. They chose not to accept God's definition of good and evil, and they decided they would choose for themselves. They made their choice by their actions when they ate from the tree they were told not to eat from. Every single one of us does the same thing today. We decide what is good and evil in our own life, and many of us do not even want to learn what God's definition of sin is. **Each one of us chooses if we will accept God's interpretation of good or evil – or our interpretation. We do this by our actions.**

**God decided what is good and evil,
our job is to accept His definition.**

God explains to us what is good and evil in His Instructions (the Torah).
God's Kingdom is where we live out these principles.

Romans 3:20 "... through the law comes knowledge of sin."

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Micah 6:8 says, "He has shown you, O mortal, what is good. What does the Lord require of you? To act justly, and to love mercy, and to walk humbly with your God." What does it mean to act justly? Newton's third law of motion is: "For every action, there is an equal and opposite reaction." Justice is the reaction to our action. God's instructions of what good and evil are explains to us what kind of reactions we will get when we choose life, and it also explains what kind of reactions we will get when we choose death. God is a just God – He is a rewarder of those who seek Him, and a punisher of those who disobey Him ([Hebrews 11:6](#) | [Isaiah 13:11](#)).

This repentance journey was created to help you understand you have a seed inside of you that God wants you to cultivate. The fruit of that seed is for you to understand what

God's definition of good and evil are, and then for you to decide if you will choose life or death.

What Is Sin

In James 4:17 it says, "If anyone, then, knows the good they ought to do and doesn't do it, it is sin for them." In order to know what you ought to do, you have to study God's instructions. As you learn the instructions of God, you work through the process of applying them in your life. To repent is to turn to God's instructions. Proverbs 28:9 says, "If anyone turns a deaf ear to my instruction, even their prayers are detestable."

Paul says in Romans 7:7-13, "What shall we say, then? Is the law sinful? Certainly not! Nevertheless, I would not have known what sin was had it not been for the law. For I would not have known what coveting really was if the law had not said, 'You shall not covet.' But sin, seizing the opportunity afforded by the commandment, produced in me every kind of coveting. For apart from the law, sin was dead. Once I was alive apart from the law; but when the commandment came, sin sprang to life and I died. I found that the very commandment that was intended to bring life actually brought death. For sin, seizing the opportunity afforded by the commandment, deceived me, and through the commandment put me to death. So then, the law is holy, and the commandment is holy, righteous and good. Did that which is good, then, become death to me? By no means! Nevertheless, in order that sin might be recognized as sin, it used what is good to bring about my death, so that through the commandment sin might become utterly sinful." God's desire is for you to rule over sin ([Genesis 4:7](#)), and to transform the ungodliness into godliness ([Titus 2:12](#)).

How Often Do I Need To Repent

Jesus tells us in [Matthew 6:9-13](#) to repent every time we pray. If we do not really need to worry about our sins once we accept Jesus as our Savior, and there are no consequences to sin, why are we going to be judged based on our actions as Paul says in [Romans 2:5-11](#) or in [2 Corinthians 5:10](#)? Paul said, "we must all appear before the judgment seat of Christ, so that each one may receive what is due for what he has done in the body, whether good or evil." Repentance is the tool God has given you to be in a position to hear and see what corrections to make to find your place (position) in the Kingdom of God.

[Watch this Video: Repentance Is More Than Just Confessing A Shortcoming](#)

Cultivate Your Seed

This 30-day journey is a period of time for personal growth, reflection of where you are, and to identify improvements you need in order for you to cultivate the repentance seed in you in order to draw closer to God. **Choose to start today!**

Day 2 – Get a Birds Eye View

How do I repent? Get a birds eye view of your Life.

What is going on in my life right now, and what is it that I need to work on?

The main work for each of us is to make correction.

To start, be honest with yourself, and create a repentance plan you can work on. As an example, create two lists. One where you are today, and a list of what you need to work on. If you don't know where you are at, you won't know where you are going.

Where am I at now:

1. Do I follow God's ways
2. Things in my life I have overcome
3. What are good characteristics I have

Things I need to work on:

1. How am I not following God
2. Sin I am failing at
3. Bad characteristics

You can use 1 or all 6 topics as an example to use and elaborate

Jesus said in Luke 13:3, "But unless you repent, you too will all perish."

A Person Can Achieve Complete Repentance In This Life

Every year we want to take time to prepare for the most important day in our life. [2 Corinthians 5:10](#) talks about it: The day we stand before Jesus – **Our Judgment day!** We should always be ready to give an account of where we are in our walk with God, we should be consciously aware of what we need to improve on, and we should be continually making adjustments preparing for the day we will give an account for our life.

[Leviticus 16:29-31](#) talks about a day called "The Day of Atonement" a.k.a. [Yom Kippur](#). It is a day of repentance, a day of fasting, it is an appointed day, and it is to be remembered forever. It is a rehearsal that happens once a year that prepares us for our judgment day when we stand in front of Jesus. Yom Kippur is not taught in most Churches, but if you would like to know more about the day here is a good resource on the subject [ffoz.org](#).

As we get closer to Jesus' return, the intensity of sin is going to continue to build. The world will become more evil, and it will become harder to serve God. During this time, we need to be considering how God is offering us the ability to repent. He is asking us to get to know Him better and offer ourselves as a slave to righteousness which will lead us to holiness. ([Romans 6:19](#)). We will know God better by living a righteous life, a life of repentance, a life that desires the things of God, and in the end – this will set us apart. ([Malachi 3:17-18](#)).

"There is hope while we are in this world.

You get the opportunity to overcome evil here,
whereas in the next world that hope is gone. "

Rabbi Steinsaltz, Pebbles of Wisdom

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Admit I Have Room for Growth

The first step in repentance is admitting that I need to work on myself, and to define what it is I need to change. Correction is possible when I understand the difference between good and evil, and when I am ready to decide to follow God wholeheartedly, He will show you that difference. Take time and think about things that you can work on, and then make a list of them, and keep them in a place that you can go back and review over the next 12 months.

If you need help, please [contact us](#), we are more than willing to personally help you through this.

Consider areas of improvement while listening to this Gospel Message.

[The True Gospel Message](#)

Day 3 – Create A List



Admit What Needs to Change
Real change starts when you differentiate between good and evil. Commit to find out the impact sin has in your life.

Choose your path: position yourself for judgement.

2 Corinthians 5:10 "For we must all appear before the judgement seat of Christ, so that each one may receive what is due for what he has done in the body, whether good or evil."

<p><u>Where am I at now</u> (Where am I being obedient):</p> <ol style="list-style-type: none">1. I Worked this year learning God's instructions2. I'm no longer arguing with authority3. I have stopped being jealous of other people4. My anger is under control5. I am working on repenting <p>These are some examples for you to create a manageable list for yourself.</p>	<p><u>Things I need to work on</u> (Where am I being disobedient, which of God's commandments do I need to work on):</p> <ol style="list-style-type: none">1. I will try to do better at remembering the Sabbath2. Try to increase my Prayer life3. I commit to being careful how I speak about others (Not being judgemental, not gossiping, not slandering, looking for good in others)4. I am intentionally going to try to not eat blood (Acts 15, Lev 17, Genesis 9)5. I am going to work this year to learn more about the Appointed Times (Festivals)
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You are the only one that can make repentance work!

Jesus Said to Repent for the Kingdom of Heaven is at Hand

True repentance will lead to you gaining more of a desire, and a better understanding of God and His Kingdom here on earth. Repentance starts by making a conscience decision to be obedient to God's instructions, and then as you grow in your understanding of God's instruction, you apply what it is you learn. Repentance is the most important challenge of our life, and we are required to master it. We have to take it slow and go at our own pace. It is something we should always be working on. If you are a Pastor, Rabbi, Bank Teller, Construction Worker, or Stay at Home Mom – we all need to continue to grow in our knowledge of God and learn to apply what we learn on a continual basis. It is a lifelong commitment.

A simple Hebrew definition of Teshuvah (repentance) means to regret some mess-up you made and resolve never to do it again. We make mistakes when we do not understand God's instructions, or we have a misunderstanding of them. Sometimes we grow up not learning God's truths. Sometimes we feel we already understand God and

have no need to learn anything new. The key to repentance is to admit that it is 'Ok' that I don't have it all figured out, and I still have room for improvements.

We are required to grow and should understand that God desires that we continue to seek him until the day we die. God cannot be fully understood in this world, and if we claim to have done so we are mistaken.

If you have spent any time searching the Word of God, then you should have some knowledge of what God's will is – **to keep His Commandments (Instructions)**. Jesus said, "if you love Him, you will keep His commandments". I John 2:3 says, "We know that we have come to know him if we keep his commands."

A Practical Way to Grow Closer to God and Get to Know Him

We are going to embark on a journey of "Detox and Rehabilitation" from the desires of our flesh. James 4:17 says, "So whoever knows the right thing to do and fails to do it, for him it is sin." Let us start by making a list of what it is that we know we need to work on. Start with a list (one thing or many – it's your list) and you know what it is that you need to work on; we provided some examples above.

Definition of What Repentance Looks Like

The repentance process starts with #1 confession of sin, #2 stopping the sin, #3 regretting the sin, and #4 making the wrongs right. ([Leviticus 26:40-45](#))

Where do I start:

1. Surrendering to God's ways and commit to learn God's Instructions.
2. Determining what is good and evil (this is a lifelong process of study). This could be 10 minutes a day, or 2 hours a day. It is your choice.
3. Establish limits for yourself. Example: how will you guard your eyes, ears, and thoughts.
4. Eventually the goal is to transform the sin in your life into good. Example: if you have overcome sin such as sexual immorality, gossiping, uncontrollable anger, you can use your experience to help others overcome them.

Repentance is applying God's commandments in your life in a practical way. ([Matthew 3:8-10](#) / [James 2:14-26](#)). A life of repentance is living what you believe by faith, and growing deeper in your desire for the things of God. It is something every person should be doing every year of their life. Jesus said in John 14:15, "If you love me, you will keep my commandments."

Has your child ever accomplished something very important? It brings great joy to both the parent and the child.

That is what it is like when someone seeks God with all their heart and finally starts to understand His instructions.

Luke 15:10 "... I tell you, there is joy before the angels of God over one sinner who repents."

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Ecclesiastes 12:13-14 "... Fear God and keep his commandments, for this is the whole duty of man. For God will bring every deed into judgment, with every secret thing, whether good or evil."

The book [Joy of the Whole Earth: Jerusalem and the Future of the World](#) by Lars Enarson, is a great resource that gives very good insight on the Kingdom of God. Here is a video by Lars about why every Christian needs to study the Torah.

[Watch this Video: Why Every Christian Needs to Study the Torah](#)

Day 4 – Why Should I Repent?

Be Honest with yourself. Recognize sin in your life.

Recognizing sin in your life is only done through repentance, it is a long journey, and it is impossible to do in one shot.

Why should I repent? Because repentance is all about the resurrection.

Paul says in Romans 8:11, "...the Spirit of him who raised Jesus from the dead is living in you ... will also give life to your mortal bodies..."

The "Spirit" in us is the seed. It's intended to produce the resurrection. The seed will only grow when we repent and die to ourselves. We should be able to see fruit of the "Spirit" in ourselves as we truly repent, and repentance will ultimately be completed through the resurrection in the kingdom of God (1 Corinthians 15). This is a collaborative process between God and us.

In Mark 4:20 Jesus said, "some of the seed sown will produce thirty, some 60, some 100 times what was sown." In order to get the most from repentance:

1. We need to be honest
2. Recognize the sin in our life
3. Have a plan to work on it

Turning to God's way, and making the wrongs right is a process.

There is no Miracle in all of Creation as Great as Returning to God Through Repentance

Once we have come to the revelation of Jesus and accept him as Lord, we are joining the army of God. [The battle is within us](#). It is a battle to fight sin in our life. The tool that God has given us to do that is repentance. Repentance is the process that draws us close to God, and to repent is the message that [John the Baptist and Jesus](#) both preached.

Hebrews 10:26-29 says, "If we deliberately keep on sinning after we have received the knowledge of the truth, no sacrifice for sins is left." [Numbers 15:22-31](#) explains that sacrifices were not an option for any sins that was intentional. Sacrifices under the Torah are for unintentional sins. The word Torah means instructions. If you do not know, the Torah is the first 5 books of the Bible, and it is a guide to how to live a life dedicated to God. The Torah instructs us on how we should repent. The book [Restoration](#) gives a great introduction for those who want to learn more about the Torah and why it is so

important to disciples of Jesus. If you want to know more about the Messiah and the purpose of the Levitical Sacrifices – [What About the Sacrifices](#) is also a great resource.

Ask yourself, over the past year, were there things in my life where I intentionally sinned, even though I knew God did not want me to do them? As an example, were there times that you were talking about someone you should not have been talking about? Jesus said in Matthew 12:36, “but I tell you that everyone will have to give account on the day of judgment for every empty word they have spoken.”

In [Leviticus 23:23-25](#) it speaks of a day called “[The Feast of Trumpets](#)” a.k.a. Rosh Hashanah. According to the Rabbis, it is a **memorial day proclaimed with blast of trumpets**, a holy convocation. The memorial proclaimed with the blast of trumpets is from [Exodus 19:16-20](#). It happens every year, and Rosh Hashanah is a time to reflect on where we stand with God. Thirty days prior to this day is the first day of Elul on the Jewish Calendar. According to the Rabbis, the month of Elul is a time each year when God is coming to us with “Terms for Peace”, and He gives extra grace to repent during this time. We can repent throughout the year, but during this time God gives us a special opportunity to reflect on our life, ask for forgiveness, and gives us additional strength to overcome sin.

If this seems a little strange, or may not make a lot of sense, that is ok. As you study the Torah and the Jewish holidays, you will learn God has laid out a path to come closer to him every year, and the Jewish holidays are all leading you through a process of repentance to know Him better. You can learn more about them [here](#).

In Isaiah 55:7 it says, “Let the wicked forsake their ways and the unrighteous their thoughts. Let them turn to the Lord, and he will have mercy on them, and to our God, for he will freely pardon.” [Romans 2:5-11](#) says if we do not forsake our old ways and wicked thoughts, we are only storing up for ourselves wrath. Galatians 6:7-8 “Do not be deceived: God cannot be mocked. A man reaps what he sows. Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life.”

Step #1 of Repentance is Confessing Sin

Ask yourself, in the last 11 months:

- Did I gossip, intentionally lie, devise wicked imaginations
- Was I arrogant and proud, not forgiving someone from my past, sow discord among my brothers or sisters
- Did I visit the sick, feed the hungry, go out of my way to help others
- Are there other things that God has been dealing with me on
- Are there things that God has been asking me to do, and I am ignoring them

If you are sinning in an area, then just make a decision to stop.

Our goal is to always aim to be closer to God.

If you put more thought and effort into your spiritual journey, you will gain more in heaven. We will be judged by what we overcome, and what we accomplish in life.

Matthew 6:19–20 "Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, but lay up for yourselves treasures in heaven ..."

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Step #2 is to Stop the Sin

If I am habitually sinning, I need to analyze why am I sinning, and work on coming up with a plan to stop sinning. If you have a lot of issues or sins, maybe just try to work on one sin this year. But work on them, and do not blow them off and not pay attention to them.

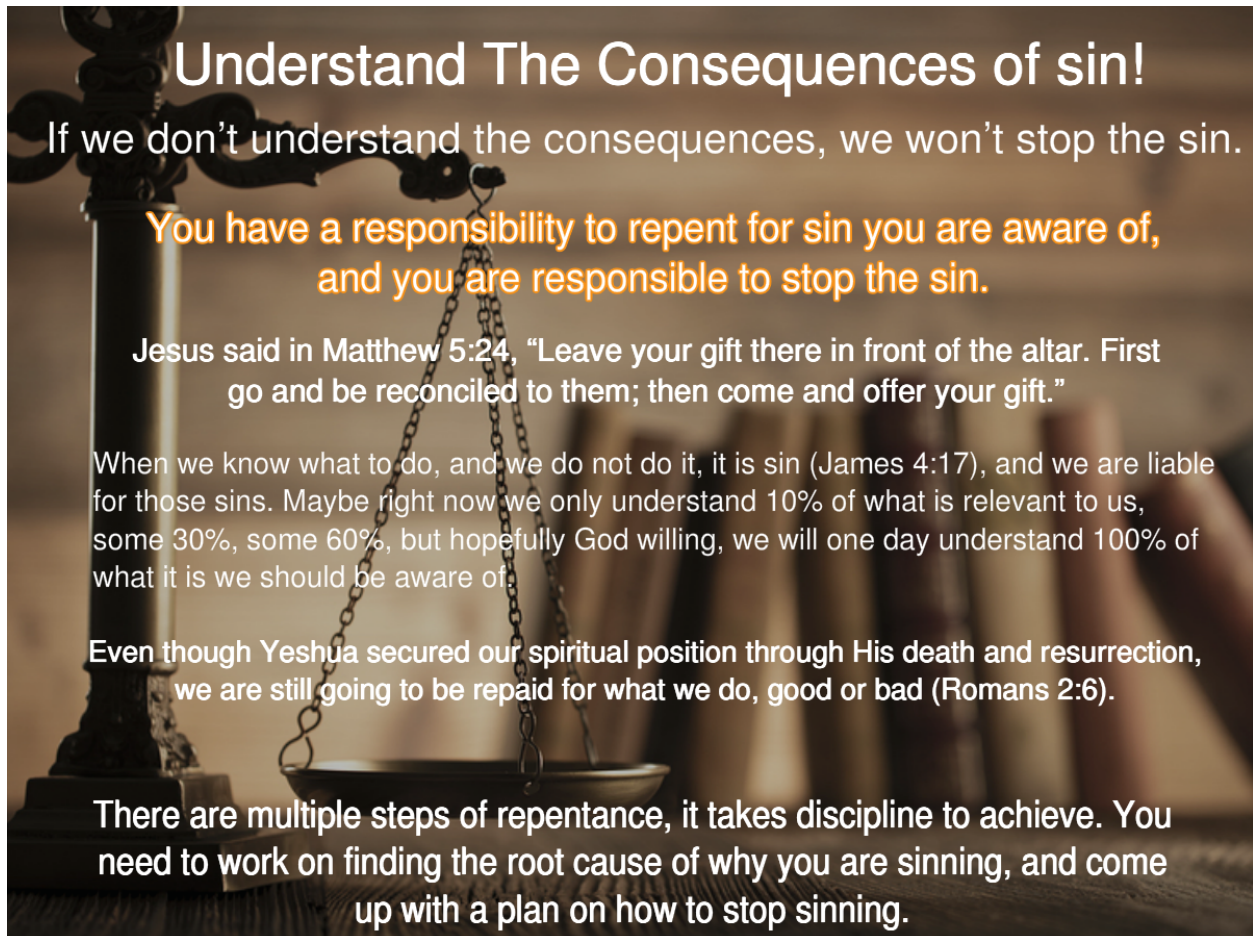
The reason we should repent is because in Genesis 4:7, God commanded man to rule over sin. We just need to make the decision to repent and join the army of God and be willing to fight the battle within us. Reflect on what it is that you want to overcome first, and then commit to working through the process of repentance.

Introduction to the Torah

[Watch this video: Parshat Bereishit: Is The Torah One Big Story?](#)

[Click here to view all the videos on the Parshat Experiment](#)

Day 5 – Stopping the Sin



Understand The Consequences of sin!

If we don't understand the consequences, we won't stop the sin.

You have a responsibility to repent for sin you are aware of, and you are responsible to stop the sin.

Jesus said in Matthew 5:24, "Leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift."

When we know what to do, and we do not do it, it is sin (James 4:17), and we are liable for those sins. Maybe right now we only understand 10% of what is relevant to us, some 30%, some 60%, but hopefully God willing, we will one day understand 100% of what it is we should be aware of.

Even though Yeshua secured our spiritual position through His death and resurrection, we are still going to be repaid for what we do, good or bad (Romans 2:6).

There are multiple steps of repentance, it takes discipline to achieve. You need to work on finding the root cause of why you are sinning, and come up with a plan on how to stop sinning.

Repentance is Only Withheld from a Person by His or Her Own Mind and Deceitful Heart

For the last few days we have been working on making a list. Our goal has been to see where we are at, try to understand what it is we need to work on, and why we need to confess and stop sin in our life. All this journey so far has been about step #1 ("confession of sin") in the process of repentance mentioned on Day 3. Everyone that repents and asks God for forgiveness of past action is awakened to God. Awareness requires inner growth and recognizing that nothing can occur without God – is a huge leap. The essence of faith starts with the decision to leave the ordinary routine of life, and to follow God. Confession of sin is the first step of correction towards God ([Leviticus 26:40-42](#)).

Step #2 Is Stopping the Sin

According to the Rabbis, sin we do here in this world impacts the spiritual world far more than we will ever know. That is not the focus of our conversation right now, but it is important to be aware there are consequences we will not see here in this world. Deuteronomy 6:18 says, “Do what is right and good in the Lord’s sight, so that it may go well with you and you may go in and take over the good land the Lord promised on oath to your ancestors”. The Assumption is that we can do what is right, in doing so God will bless us, and we can reach right and good. Recognizing that we have a personality defect that hinders us from being obedient to God does allow us to make a conscience decision to make correction, and when we do we have the opportunity to refine our character and do what is good. Jesus said in [Matthew 7:13-14](#), “Enter through the narrow gate. For wide is the gate and broad is the road that leads to destruction, and many enter through it. But small is the gate and narrow the road that leads to life, and only a few find it”.

The first step in the process is to choose to stop sinning.

How Sin Affects Us Here

Numbers 5:6-7 states, “Say to the Israelites: ‘Any man or woman who wrongs another in any way and so is unfaithful to the Lord is guilty and must confess the sin they have committed. They must make full restitution for the wrong they have done, add a fifth of the value to it and give it all to the person they have wronged.’”

Jesus paid for our sins, but we still need to understand we will be judged according to God’s instructions (laws). Even though we have Jesus as our atonement, it is important to understand in the days of the Temple, a person needed to confess their sin and make a decision to stop sinning before they made a sacrifice. In [Hebrews 10:26](#) it says, “If we deliberately keep on sinning after we have received the knowledge of the truth, no sacrifice for sins is left...”

The option we have here, is to repent, pray for mercy, and accept the atonement of Jesus. Paul says in Romans 2, “do you know now that God’s kindness is intended to lead you to repentance?” God is offering us terms of peace here. This is what Yom Kippur is all about – taking an account of our sins, confess them, stop them, and work on making the wrongs right, and praying for mercy. With those terms of peace, as Paul stated in Romans 6, we are accepting God’s terms to become slaves of righteousness.

You will not understand God's instructions if you have not gone through repentance.

You have to overcome sin in order to receive proper instruction.

2 Timothy 2:24-25 "... God may perhaps grant them repentance leading to a knowledge of the truth ..."

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Proverbs 28:13 says, "Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy."

Every Person Has a Responsibility to Take Action

Every person has a responsibility to take action and acknowledge what they did. Jesus said in Matthew 5:25, "Settle matters quickly with your adversary who is taking you to court. Do it while you are still together on the way, or your adversary may hand you over to the judge, and the judge may hand you over to the officer, and you may be thrown into prison."

The Energy That Cultivates the Seed In Us

According to the Rabbis there is an energy that is created when we repent. Repentance is what allows us to understand the difference between good and evil so that we can understand God's commandments and keep them. As an analogy to help understand this energy concept, think about seed germination process. When seeds are planted, they first grow roots. Once these roots take hold, a small plant will begin to emerge and eventually break through the soil. That seed ("Spirit") will only grow when we repent and die to ourselves. The process of repentance and the energy that is created, is what allows God to dwell in us. This is the goal as it says in [Leviticus 26:11-12](#), "I will put my dwelling place among you ... I will walk among you and be your God, and you will be my people."

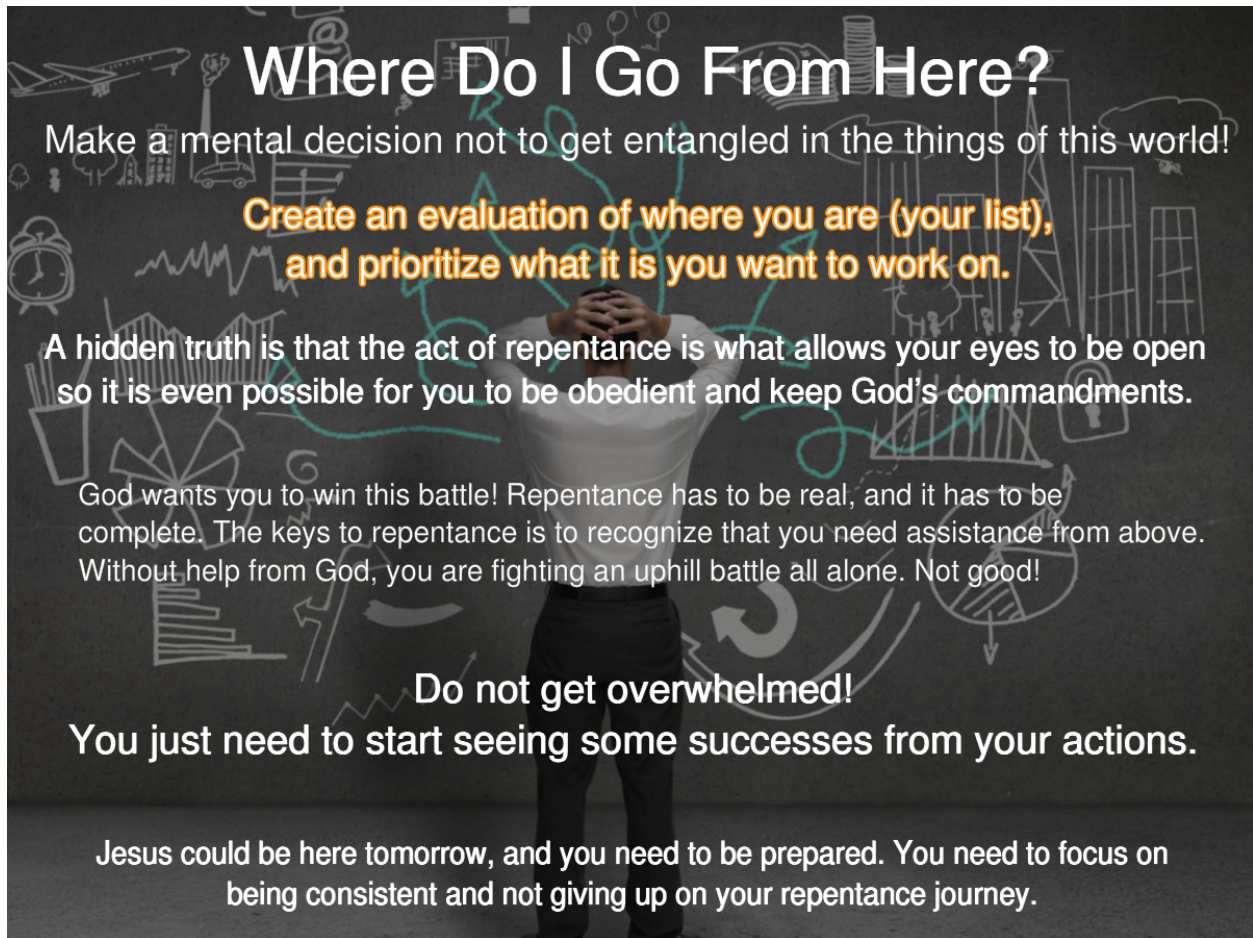
Working on the sin in our life is a daily job. 1 John 1:8-9 says, "If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." Recognize that

sin has consequences, and we need to deal with it in our lives. **Stopping the sin is a process. It starts with us acknowledging our sins and asking God to forgive us.**

Here is a teaching on taking action to stop sin from [Rabbi Eisner](#) at [Shalom Macon](#)

<https://youtu.be/0AIF9fmRonU>

Day 6 – Prioritize What it is You Want to Work On



Where Do I Go From Here?

Make a mental decision not to get entangled in the things of this world!

Create an evaluation of where you are (your list), and prioritize what it is you want to work on.

A hidden truth is that the act of repentance is what allows your eyes to be open so it is even possible for you to be obedient and keep God's commandments.

God wants you to win this battle! Repentance has to be real, and it has to be complete. The keys to repentance is to recognize that you need assistance from above. Without help from God, you are fighting an uphill battle all alone. Not good!

Do not get overwhelmed!

You just need to start seeing some successes from your actions.

Jesus could be here tomorrow, and you need to be prepared. You need to focus on being consistent and not giving up on your repentance journey.

In order to repent, you need be honest with yourself, be aware of what sin you have, and commit to what it is you want to work on. This requires you to prioritize what's important for you.

To stay committed, you should set a timeline of specifically what it is you want to overcome, and where you want to be in the next month, 3 months, 6 months, or even a year from now. As an example, you want to spend an hour every day praying and studying God's word in the next 3 months. In 6 months, you want to be doing communion and separating time on Friday night to remember the Sabbath (4th Commandment). By this time next year, you want to have overcome your anger issues. Once you define your priorities and timelines, then create a small task list (journal) of how to change your current lifestyle to do this.

Right Now it is About the Small Victories

Repentance should be seen as a journey to understand God's truth because you want to know the will of God. The way to achieve that is by setting a priority of where it is you want to be.

**It takes faith to start the repentance journey.
Faith is the key that ensures joy in life.**

Our relationship with God starts with a little faith,
and it only takes a small amount of faith to overcome all obstacles.

Habakkuk 2:4 "... the righteous shall live by his faith."

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2 Peter 2:20 says, "If they have escaped the corruption of the world by knowing our Lord and Savior Jesus Christ and are again entangled in it and are overcome, they are worse off at the end than they were at the beginning."

Something important to understand is that our character is a root cause for sin, but it is also a reason we are able to be obedient. We need to be aware of this while we work on repentance. Example, pride causes us to be haughty and inconsiderate, while humility will birth kindness towards others.

Example of Characteristics

That cause you to sin:

Pride
Anger
Revenge

That cause you to be obedient:

Patience
Kindness
Honesty

Paul says in Galatians 5:22-23, “But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.”

The fruit of the Spirit translates into our character traits. Our character traits help us measure where we are in the repentance process.

(A little piece of helpful advice when it comes to repentance). A Rabbi once said, “push away your sin”. To do this, you need to be aware of the sin, but don’t focus too much on it. Put all your effort into serving God and keeping His commandments. As you love God more, along with repentance, and applying God’s commandments in your life, the sin will fall away.

5 Verses to Help Cultivate the Seed of Repentance in You

- Be wholehearted with the Lord your God – [Deuteronomy 18:13](#)
- I have placed the Lord before me continuously – [Psalm 16:8](#)
- You shall love your neighbor as yourself – [Leviticus 19:18](#)
- Know him in all your ways – [Proverbs 3:6](#)
- Walk discreetly with your God – [Micah 6:8](#)

These scriptures will be discussed during this journey and used to apply God’s instructions in your life.

For today, make sure you have your list prioritized and know what you are working on based on what’s important to you.

Day 7 – Rosh Hashanah

Find the Truth!

We must first repent to know the truth and understand what God's will is.

In today's world, it can be hard to find the truth. In John 8:31-32 Jesus said, "If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free."

The amount of seed that produces fruit in our life, is our responsibility, and our achievement is up to us.

We will only know the amount of truth and the amount of God's will for our life based on the amount of repentance we achieve. In Mark 4:20 Yeshua said, "...like seed sown on good soil, hear the word, accept it, and produce a crop—some thirty, some sixty, some a hundred times what was sown."

In order for us to find truth, we must first recognize we need help, humble our heart, and ask for forgiveness.

Commit to finish what you started!

During the time of year when it is [Rosh Hashanah](#), we get additional help from God to overcome sins in our life because it is an appointed time God has set every year for us to cultivate the seed of repentance in us ([Leviticus 23:24-25](#)). Rosh Hashanah is a day to make a commitment for personal improvement. **This is why someone should prepare for 30 days prior to Rosh Hashanah, and have a list of personal improvements to work on for the upcoming year.** In Isaiah 55:6-7 it says, "Seek the Lord while he may be found; call on him while he is near. Let the wicked forsake their ways and the unrighteous their thoughts. Let them turn to the Lord, and he will have mercy on them, and to our God, for he will freely pardon."

Rosh HaShanah is the day we remember that Israel accepted God as King.

Exodus 19:8-20, "... All the people answered together and said, All that the Lord has spoken we will doOn the morning of the third day there were thunders and lightnings and a thick cloud on the mountain and a very loud trumpet blast."

Leviticus 23:24 "Speak to the people of Israel, saying, In the seventh month, on the first day of the month, you shall observe a day of solemn rest, a memorial proclaimed with blast of trumpets, a holy convocation."

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When we come to the Lord, we first need to humble ourselves before Him. Hosea 14:2 says, "Take words with you and return to the Lord. Say to him: Forgive all our sins and receive us graciously, that we may offer the fruit of our lips." Humbling our self is recognizing we continually need God's help.

The fruit of our lips is prayer. For us to even pray for repentance, we need to ask for forgiveness first. John 9:31 says, "God does not listen to sinners. He listens to the godly person who does his will."

The further along in your repentance journey you are, the more you will know God's will, the more righteous your life will become, the better understanding of truth you will have, and the more you will be able to follow God's commandments. Hosea 14:9 says, "Who is wise? Let them realize these things. Who is discerning? Let them understand. The ways of the Lord are right; the righteous walk in them, but the rebellious stumble in them."

A Big Step in Repentance is to Take Responsibility for Our Actions

We must recognize that sin causes damage in our lives, and we will have to give an account for our actions. Here are some ways you can take responsibility:

Make A Plan! Stay Focused! Be Determined!

#1 Start by making a list of things you want to change

- Here are some examples you can work on this year:
 - always be honest
 - show more mercy to others
 - be more forgiving to others

- work on anger issues

#2 Start slow and put the things you want to change in priority

- As an example, start a journal of when you are not being honest, and when you get angry
- Take the next 30-90 days to see how you do

#3 Define your destination

- You will determine what's working for you, and make changes if needed
- Refine your areas

You have to protect your eyes, ears, nose, and mouth

- Determine what is appropriate to watch on T.V. (eyes)
- Don't partake in listening to gossip (ears)
- Don't be attracted to another married person's perfume (nose)
- If you are angry, this is a good time to take a breath, and keep your mouth closed (mouth)

Isaiah 33:15 says, "Those who walk righteously and speak what is right, who reject gain from extortion and keep their hands from accepting bribes, who stop their ears against plots of murder and shut their eyes against contemplating evil. They are the ones who will dwell on the heights..."

There also needs to be something in place to minimize your temptations. As an example, maybe you need to not hang out with certain people, or make a decision not to watch certain types of T.V shows.

This is all up to you on how you identify your actions, and take responsibility. **It is your seed!**

Day 8 – How Much Effort Do You Need to Put into Repentance



You Have Been Redeemed to Serve the King.

You have been assigned a position in the Kingdom of God. You have a job to fulfill, but it is your decision if you end up where you are supposed to be.

Jesus said in Matthew 5:19, “Therefore anyone who sets aside one of the least of these commands and teaches others accordingly will be called least in the kingdom of heaven, but whoever practices and teaches these commands will be called great in the kingdom of heaven.”

The path of repentance is your job. How well you do in your job, is directly linked to how much repentance you accomplish.

The greatest blessing in this world is to know God, and it only comes through repentance.

As we walk through repentance – we are promoted from glory to glory, and from faith to faith! Jesus said in Luke 16:10, “Whoever can be trusted with very little can also be trusted with much, and whoever is dishonest with very little will also be dishonest with much.”

The work of repentance is loving God more than life itself, and it can take a lifetime to achieve.

It is important to know if you are repenting with the correct motives, and with a pure heart. **The amount of effort you should put into repentance is in proportion to the percentage of fruit you desire to produce.** A few questions you can ask yourself: are you repenting sincerely? How much fruit do you want to produce? Are you trying to negotiate with God?

More than anything you need to ask God to help you love Him for who He is, repent for the regret you have, for the damage caused in your own life, and the lives of those around you.

How to Know When You Have Overcome Sin

When the opportunity for a sin that you did in the past comes around again, and you do not repeat it, then most likely you repented and overcame it.

Although, that does not always mean you have completely repented. As an example, if you have personally stepped away from addiction, and years later went back to it, then you did not overcome it. As a good analogy, you can move files that are on your

computer and put them in the trash can, or you can go to the trash can and permanently delete them.

The reality is the opportunity for sin will continue to come up over and over again until you have fully repented of it. You will repeatedly be tested on your sincerity until you have repented 100%. We have the opportunity here in this world to continually work on our repentance until the day we die. We are not promised tomorrow, that is why we need to repent today.

God has an appointed position for you in the Kingdom, and He is preparing you for it. You need to continually cultivate the seed of repentance within you to obtain it.

It's very important to understand the concept of repenting in service of the King. When you make corrections in your life with this mindset, it is a much deeper repentance. That is what God is looking for. One day we will be living in the Kingdom with Jesus as King, and right now you need to see yourself living in that Kingdom.

The greater you are in the Kingdom of God, the less you desire the things of the world. The less you desire the world, the more you are able to live according to kingdom principles right now. We have the opportunity to make the wrongs right and affect the world around us. The revelation of you having a position in the Kingdom of God on this earth when Jesus is King, only comes through pure repentance. **God gives us the job, which is repentance, we determine how well we fulfill that job.** As we are fulfilling repentance in our life, we will by default impact those around us in a positive way.

Jesus gave us many examples of how we will be given a position in the Kingdom. One example is in the parable of the talents in [Matthew 25:14-30](#) where He said, "For to everyone who has, more will be given, and he will have abundance; but from him who does not have, even what he has will be taken away." Jesus also said in Matthew 5:19, "Therefore anyone who sets aside one of the least of these commands and teaches others accordingly will be called least in the kingdom of heaven, but whoever practices and teaches these commands will be called great in the kingdom of heaven."

You have the opportunity to learn God's instructions because Jesus earned the favor with God for us to repent and turn to Him. **The question is, are you truly investing in repentance?** This is an understanding that you cannot take lightly, and you need to make it a priority in your life.

If you don't know the difference between good and evil, you will not pay attention to God's commandments; you will be indifferent to them. You will not understand the success of life found in them.

Repentance makes us aware of sin and what God's definition of good and evil are. They are both explained in the Torah. Our job is to repent, learn God's instructions and apply them in our lives, serve God, and overcome sin.

Joshua 1:7-8 "Be strong and very courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go. Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful."

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Paul said in Romans 2:4-11, "Do you show contempt for the riches of his kindness, forbearance and patience, not realizing that God's kindness is intended to lead you to repentance? But because of your stubbornness and your unrepentant heart, you are storing up wrath against yourself for the day of God's wrath, when his righteous judgment will be revealed. **God will repay each person according to what they have done.** To those who by persistence in doing good seek glory, honor and immortality, he will give eternal life. But for those who are self-seeking and who reject the truth and follow evil, there will be wrath and anger. There will be trouble and distress for every human being who does evil: first for the Jew, then for the Gentile; but glory, honor and peace for everyone who does good: first for the Jew, then for the Gentile. For God does not show favoritism."

The Amount of Effort for Repentance Depends on How Much You Desire the Position God Has Appointed for You

For some people, they may find it is best to work on one thing at a time, others two, and for others maybe three or four. What really counts is you are cultivating the seed of repentance in your life to obtain a **better resurrection**, and fully achieve the position God has for you in His Kingdom ([Hebrews 11:35](#)).

When there is no more worldly desire, or no more temptation in you, then you will have overcome sin. The bible teaches us how we overcome the devil, in Revelation 12:11 it says, "and they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death."

Jesus fulfilled His position and granted you the opportunity to repent. You are responsible to fulfill your position, and the amount of effort to repent in your life needed is as much as it takes for you to produce fruit.

Day 9 – Writing Your Story in the Book of Life

Look At Everything From Above, Not From Below!

Be whole hearted with the Lord! This can be translated to mean we need to be simple, pure, innocent, and humble before the Lord. Rabbis have said, this is the highest level of service to God. Strive to be simple, pure, and humble.

We will be held accountable for how much we do or do not take advantage of the opportunity to repent.

Do not put the responsibility of repenting on someone else.

Preparing for the Kingdom is our responsibility, this is not another person's responsibility. We should feel blessed to know that God has given us a Righteous King, who has laid down His life, gone before us as an example, is worthy enough, and has gained merit for us to repent and ask God for a second chance.

In Hebrews 4:2 it says that the people of Moses' generation had the same gospel message preached to them as we do today. Jesus told us to repent and be prepared for the Kingdom, and to seek the Kingdom and God's righteousness first.

Repentance is the most important issue of our lifetime.

Jesus has fully taken care of our access to eternal life, but we still have some of our own messes we need to clean up before we get there. We must do our part to prepare ourselves; choose the correct path, continually make adjustments in our life, and pray and ask God how we can help fix the damage that we have done. God does ultimately fix the mess in the end, but He wants us to work with Him. Revelation 20:12 says, "And I saw the dead, great and small, standing before the throne, and books were opened. Another book was opened, which is the book of life. The dead were judged according to what they had done as recorded in the books." We are still held accountable, but God is a gracious and merciful Father, and even though it is impossible to fix everything, He is giving us a chance to make some of the wrongs right. We are writing our story in the book of life, and we can make edits on how it ends.

A way to achieve a higher level of repentance is that you need to be whole hearted. Humble yourself, accept the damage you did, work on self-improvements, and seek the Lord on how to make the wrongs right. As an example, if you stole money from someone in the past, then you should ask God to open a door to ask for forgiveness, and be willing to work something out to pay them back. Pray for God's mercy! **You can ask God to forgive you, but Jesus said to first make things right with your brother and then go to the alter (Matthew 5:24).** If you are having an issue with this, pray and ask God to help you on how to take care of your responsibilities.

We Still Have to Clean Up the Mess

If my daughter spilled a glass of milk on the floor and made a mess, I would just tell her to get the cleaning supplies and clean up the mess. God wants us to do the same thing, clean up our mess. Leviticus 26:40-says, “But if they will confess their sins and the sins of their ancestors—their unfaithfulness and their hostility toward me, which made me hostile toward them so that I sent them into the land of their enemies—then **when their uncircumcised hearts are humbled and they pay for their sin**, I will remember my covenant with Jacob and my covenant with Isaac and my covenant with Abraham, and I will remember the land.”

Jesus breaks it down very clearly for us by giving us a warning when he said in Matthew 5:25, “Come to terms quickly with your accuser while you are going with him to court, lest your accuser hand you over to the judge, and the judge to the guard, and you be put in prison.” This is speaking about a day of judgment when we will give an account. Jesus is explaining that we need to repent before that day and make things right.

Don't Condemn Yourself

Jesus gave us an awesome example that we can always keep in mind when He told the parable of the unforgiving debtor in [Matthew 18:21-35](#). We have the opportunity to show grace and mercy to others, be forgiving, loving, and compassionate to others so we can be shown the same from the King when we stand before Him. We should always judge favorably, so we will be judged favorably. Paul said in Romans 2, “you have no excuse, you who pass judgment on someone else, for at whatever point you judge another, you are condemning yourself, because you who pass judgment do the same things.”

For the next 30 days, work on not judging someone or a situation negatively. Pay attention to how judgmental you are. When you see someone doing something that you start to question, first think, “How would I respond in the same situation”? If what seems like a bad situation is happening in your life think, “I know God is doing something good for me right now. Father, please show me what it is”. Remember, if you are judging someone in a bad way, you are only judging yourself.

The amount of mercy we show others, will be shown to us.

Repentance has to be from the heart, and it has to be real. You can only repent in a state of joy and happiness. You cannot do it being depressed, angry, or bitter. Repentance brings hope! Repentance brings the blessings of the Lord, and it brings success in our lives. Titus 2:11 says, “For the grace of God has appeared that offers salvation to all people.”

God said choose life. By choosing life, we are writing our story in the book of life.

Day 10 – Love Demands Action

Love Takes Two, It Is Not a One Sided Venture.

When someone loves you, it is easier to love them back. If you know someone loves you and cares for you, that creates an energy causing you to react to them. It causes you to desire them even more.

During the month of Elul, it is a time we can prepare to meet God. We consider where we are in our relationship with Him, make some adjustments, and as the Rabbis say, “prepare to go out and meet the King in the field”.

God has given us this time every year to make corrections, adjust our attitude, and humble ourself to prepare to meet the King.

You can repent and seek God during the rest of the year, but this time every year is an eternal appointed time (Leviticus 16:29) that God has said we need to come and meet, and when we do, we need to be ready.

Rosh Hashanah starts immediately after the last day of Elul, which starts a 10 day period of time that marks the beginning of the most sacred annual period in Judaism — the 10 days between the holidays of Rosh Hashanah and Yom Kippur.

The 10 day period is where it is said the King is in the field.

Love has to be active, not passive, it demands action, and love has to be deliberate. You can improve and grow love, but you have to desire it, express yourself, and act on it. If you desire someone as much as they desire you, then the relationship works out great. If one of the people in the relationship is not desiring to be as involved, then it usually doesn't last. It is not one sided with God either! It cannot be. In fact, this world is trying to demand a false love from you that only conceals the real knowledge of God from you. In the end, the love of this world only blinds you from the truth so you cannot love God, and not knowing Him will make you become an enemy of God. The lack of knowledge is very subtle, but in the end that lack will destroy you ([Hosea 4:6](#)).

We Are to Rule Over Sin

In Genesis 4:7 God told Cain, “If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it.” The world was created to give us an opportunity to choose life or death, to choose to know God or not know Him, and to rule over sin. It is a choice we all

have to make, and determine in our hearts that we will overcome and rule over sin. Many of us by default chooses this world, God knew that ([1 John 3:20](#)), and our wrong choices do damage. That is why He gave us the tool of repentance – to make our wrong choices right and fix the damages.

In [Exodus 34:6-7](#) it says that God is compassionate and gracious, slow to anger and abundant in lovingkindness and truth, preserving lovingkindness for thousands, forgiving iniquity, rebellion and sin, and He pardons (these are the 13 attributes of God). In Isaiah 54:10 it says, "... my steadfast love shall not depart from you, and my covenant of peace shall not be removed, says the Lord, who has compassion on you." God is very clear that he will forgive us and show mercy. God even put such a righteous King in this world, that makes it even possible to repent. John 3:16 says, "For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life."

A Trustworthy Disciple of Jesus

To **"believe in him"** is to be trustworthy, it is to be active not passive, and it is to be deliberate and act on what we believe. There are many scriptures throughout the Bible that explain the overwhelming amount of love and mercy God has on us, how much we know that God desires us, but it also explains how we will be seen if we do not express our love in return. If love is not two-sided then the relationship will grow cold. It says in Matthew 7:23 that Jesus will tell many, "I never knew you; depart from me, you workers of lawlessness". This is almost like saying our relationship did not work out, you did not put enough into it, now leave.

If you desire Jesus as much as He desires you, then you will be a trustworthy disciple of Jesus.

Day 11 – Living a Righteous Life is About Refining Your Thoughts and Behavior

Refine Your Thoughts & Behavior to Live a Righteous Life.

“I have placed the Lord before me continuously.” Psalm 16:8

Righteousness is desiring the things of God more than life itself. It is desiring to attach yourself to the people of Israel, desiring to learn God’s Instructions (the Torah), desiring the Land of Israel, desiring the Kingdom of God, and ultimately desiring the World to Come.

If you do not wake up every day desiring God, then start today!

Living a righteous life starts by changing your critical thinking, your judgmental attitude, and remembering to be thankful in everything.

Living righteous is loving your neighbor, and most of all it is desiring to live in a resurrected state of being, serving with Jesus in the Messianic Era here on earth so we can work to prepare a place for God to dwell.

To desire God is to have God on your mind all of the time.

In a song that David sang in 2 Samuel 22:21 he says, “The Lord has dealt with me according to my righteousness; according to the cleanness of my hands he has rewarded me.” Then in verse 25 he said, “The Lord has rewarded me according to my righteousness, according to my cleanness in his sight.” God will deal with us based on how we are living a righteous life too. In Job 17:9 it says, “Nevertheless, the righteous will hold to their ways, and those with clean hands will grow stronger.”

Although by our righteousness itself, we are not worthy to stand in the presence of God, but we have been commanded to be righteous and holy before the Lord ([Hebrews 10:38](#) & [Hebrews 12:14](#)). Holiness means to be separated, and more specifically we are to separate ourselves from the things of this world. Another definition of holiness is transparency, which is allowing God to be transparent in your life. In 1 Peter 2:5 he said, that we should “be a holy priesthood, offering spiritual sacrifices acceptable to God through Jesus Christ”. To fully understand the level of holiness (separation) Peter was talking about is a much longer discussion, but as a child of God, He desires us to live

where He can show Himself through us. Through this process of living a righteous life, we gain the blessing of knowing Him more.

Believing and Desiring the Things of God

In Genesis 15:6 it says, “Abraham believed the Lord, and He credited it to him as righteousness.” This was before Abraham was a Jew, while he was a gentile. The Bible also says that Abraham was obedient to the Laws of God. In fact, **that is the entire reason God made a covenant with Abraham** as it is stated in Genesis 26:5, “because Abraham obeyed Me and did everything I required of him, keeping my commands, my decrees and my instructions.” Because Abraham desired the things of God, Abraham acted on his desires by faith and he was obedient. The Rabbis even say that Abraham knew all of the Laws of God because they were passed down from Adam through Noah and Shem. If you take the time to map out the genealogy you will see that Abraham lived for 50 years during the time of Noah and learned from him, and Noah’s oral teachings can be traced all the way back to Adam. It is understandable why Abraham was keeping the appointed times and all the Laws of God, because they were given to him orally through his family line.

When Adam and Eve ate from the Tree of Knowledge of Good and Evil, they elevated their personal desires.

After eating from the tree, their personal desires became a part of every decision they made. With strong desires to please themselves, they now had to deal with keeping them in check and balance, which is difficult to control.

If you direct your desires and do good, you will overcome sin. If you do not, sin will overcome you! Genesis 4:7 says, "... if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it."

The goal is for you to rule over your desires.

Rabbi David Fohrman - Good & Evil In The Garden Of Eden, alephbeta.org

 HowDolRepent.org

Blessing God’s Name

In order to desire God more, you need to have God on your mind all of the time. David said in Psalm 16:8 “I have placed the Lord before me continuously”. One way to do that

is to bless the name of the Lord all the time. Most Jews say a blessing the moment they wake up, when they drink a new cup of water or coffee, eat something, when they go to the bathroom, and when they go to bed. These are just a few examples. Paul said we should give thanks in everything. Paul was a Jew so when he ate bread he would have said, "Blessed are though O'Lord our God, King of the Universe who brings forth the bread of the earth". When Paul drank wine, he would have said "Blessed are though O'Lord our God, King of the Universe who creates the fruit of the vine". When he would have had any other drink or food he would have said, "Blessed are though O'Lord our God, King of the Universe who creates all things according to His word". The Rabbis teach that a person should bless the name of God 100 times a day. That is one way to keep the Lord before you continuously.

If you put your mind to it, it is not hard to say a blessing before you get a cup of coffee or tea, or before you eat something. Many people may have grown up blessing their food before they ate, but one can easily switch to blessing God's name "instead of the food" before you eat or drink. That is the beginning of the the prayer that Jesus told us to pray when he said pray that God's name be sanctified in the beginning of the Lord's prayer ([Matthew 6:9-15](#)). We are sanctifying God's name when we keep His commandments. In Deuteronomy 8:10-11 it says, "**When you have eaten and are satisfied**, praise the Lord your God for the good land he has given you. Be careful that you do not forget the Lord your God, failing to observe his commands, his laws and his decrees that I am giving you this day." It says give thanks to God after we have eaten. Assuming you eat three times a day, you can choose to sanctify God's name by keeping this command of giving thanks after you eat.

Obedience must be by faith and in love, and it has to be with a sincere desire to understand the ways of God more. Not only because you want to know God more, but because you want to obey God as in service to the King. To love the King with all your heart and understand that you are preparing the way for him to return, is what the Gospel message is all about! Obedience is something you do when no one is looking. If you place the Lord before you, and in all things giving thanks, you will naturally serve the King at such a higher level, and you will be fulfilling the laws of the Torah just as our Messiah did before us.

In everything give thanks, for this is the will of God ([1 Thessalonians 5:18](#)). Giving thanks will help you with living a righteous life, and it will refine your thoughts and behavior. Living a righteous life is about setting your mind on God and applying His word in your life.

If you want to know more about **Grace after Meals** here is one that we found on [Chabad.org](#)



BLESSING AFTER CERTAIN FOODS

The following blessing is said after eating cooked or baked foods prepared from the five species of grain (wheat, barley, rye, oats or spelt); after drinking wine; or after eating grapes, figs, pomegranates, olives, or dates. If one partook of any combination of the above, their blessings should be combined, by adding the words in parentheses.

ברוך Blessed are You, Lord our God, King of the universe, for

After food prepared from the five grains: the sustenance and for the nourishment,	After wine or grape juice: (and for) the vine and for the fruit of the vine,	After grapes, figs, pome- granates, olives or dates: (and for) the tree and the fruit of the tree,
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for the produce of the field, and for the precious, good, and spacious land which You have graciously given as a heritage to our ancestors, to eat of its fruit and to be satiated with its goodness. Have mercy, Lord our God, on Israel Your people, on Jerusalem Your city, on Zion the abode of Your glory, on Your altar, and on Your Temple. Rebuild Jerusalem, the holy city, speedily in our days, and bring us up to it and make us rejoice in it, and we will bless You in holiness and purity.

On Shabbat: May it please You to strengthen us on this Shabbat day.
 On Rosh Chodesh: Remember us for good on this day of Rosh Chodesh.
 On Pesach: Remember us for good on this day of the festival of Matzot.
 On Shavuot: Remember us for good on the this day of festival of Shavuot.
 On Sukkot: Remember us for good on the this day of festival of Sukkot.
 On Shemini Atzeret: Remember us for good on this day of Shemini Atzeret the festival.
 On Rosh Hashanah: Remember us for good on this day of Remembrance.

For You, Lord, are good and do good to all, and we offer thanks to You for the land and for

After food prepared from the five grains: the sustenance.	After wine or grape juice: (and for) the fruit of the vine.	After grapes, figs, pome- granates, olives or dates: (and for) the fruits.
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Blessed are You, Lord, for the land and for

After food prepared from the five grains: the sustenance.	After wine or grape juice: (and for) the fruit of the vine.	After grapes, figs, pome- granates, olives or dates: (and) the fruits.
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Day 12 – Sin Is Crouching at Your Door

Sin Is Crouching At Your Door

As you come closer to God you recognize sin. Once you recognize what sin is, then your job is to first resolve you no longer want to sin. This is a continuous process every year as you grow closer to God.

Sometimes God gives you a miracle in the process of humbling your heart, and the sin falls off. However, other times He gives you time to figure out how you are going to stop the sin. He wants to see if you will be intentional to remove the sin.

The process of repentance starts when you abandon sin, banish it from your thought, and resolve in your heart never to commit the act again.

The fact is, no matter where you are in your walk with God, and the closer you come to him, sin is always present to work on. This is a natural process that God has given us to grow with.

In Leviticus 26:41 God says, "...if then their uncircumcised heart is humbled and they make amends for their iniquity..." To make amends is to correct the mistake that one has made, or fix a bad situation one has caused.

Much of seeking God is applying His commandments in our life in a practical way.

James 4:17 says, "So whoever knows the right thing to do and fails to do it, for him it is sin".

I came to the truth every one of us has an evil inclination inside of us that is always crouching at your door. Pulling us away from God. An example is, if you work out with no resistance, are you really doing anything? No, not at all. That is the same principle with your walk with God; there has to be resistance to grow in order for the "seed" that is in you to produce more fruit. In [Romans 7:15-20](#) Paul explains that our sinful inclination (sinful nature) becomes the motivation for us to sin. From the beginning in Genesis 4:7 God commanded us to overcome it. He said "sin is crouching at your door; it desires to have you, but you must rule over it". God wants you to put effort into removing all your wrongdoings. What would it feel like if you signed up for an Ironman competition, and never put effort into preparing or actually running the course, and then received an award for it? Would it mean anything? Further, Jesus taught in [Matthew 25:14-30](#) the wise steward would receive a reward based on the steward's efforts and punishment for the lack of effort.

Our Responsibility

Our job is to be on guard against the evil inclination. If you are not, you will most likely fail. For some people the evil inclination is desiring pornography, others anger, but whatever the sin is, God said we must rule over it. Paul said, “God will render to each one according to his works”. Jesus will be looking for people who know the truth, worked on their relationship by obeying God’s commandments ([Matthew 7:23](#)), and those who lived what they believed.

If you desire to know God more, you will by default keep His commandments because you are applying them in your life. As you grow closer to God, you will also see more sin, and be wiser in the way you deal with it. Much of our repentance starts with us being honest with ourselves, really honest, and trusting God to show us how to practically apply His Instructions in our life. That is what humbling oneself is – submitting to God’s ways in all things.

In reference to [Leviticus 26:41](#), and as stated above, to make amends is to correct the mistake one has made, or fix a bad situation one has caused. What is a practical way to overcome and make amends for our sin? We are to abandon it, banish it from our thought, and resolve in our heart never to commit it again.

What if you have 5 or 6 sins you are dealing with? That could be a big job. First don’t beat yourself up! Be thankful God is allowing you to repent. As an example let’s say, you have a lot of hatred towards someone, bad habits, stretch the truth all the time (lie), always looking at the opposite sex or same sex with thoughts that are sometimes uncontrollable, or you make your job an idol above everything else in your life. If that is you, then first understand that stopping sin is a process. If God has not delivered you from it, He is most likely going to use it to bring you closer to Him through it.

First, it is important to distinguish between the types of sin. Especially to understand what you are dealing with when working on a plan to overcome them. As you grow closer to God and learn His way, you find you need to be extra careful not to rebel against God because now you know what His will is. David said in Psalm 51:3 “For I know my transgressions, and my sin is ever before me.” This is why we need to work on our repentance at least once a year.

Types of sins

1. Transgression (which is rebelling against God)
2. Iniquity (a breach of a minor command)

3. Sin (shortcoming, misstep, or infraction against God's commandments)

Second, make a choice to stop sinning. Once you resolve to stop the sin, create a plan that allows you to be successful, one where you cannot fail. Start with small steps, something simple to work on which will eventually lead you to completely overcoming it. Maybe only work on one or two sins this year, and come back to the others when you overcome what you prioritized first.

Third, analyze what triggers you to sin, and then make arrangements that will help you not to do it. You can also create a system that will allow you to overcome it. As an example, if you are working on honoring your parents, then put specific things on the calendar that you can do to make sure you are honoring them such as having them over for dinner or calling them and checking in. Another example is if you are working on taking care of the poor, then sign up once a month at the food bank. There are many ways to be creative, you just have to really want to improve yourself.

Be Realistic

Lastly, understand that sin is always crouching at your door. Do not set unrealistic expectations on yourself that will cause you to fail, and if you have sin that God is requiring you to overcome, start with small steps that will lead to success.

Day 13 – Connecting to God Through A Mitzvah (Commandment)

Connecting to God through A Mitzvah

Mitzvah is the Hebrew word for “commandment”. The plural word is called mitzvot, and is defined by any commandment, ordinance, law, or statute contained in the Torah, which is the first five books of the Bible.

The Rabbis teach that a mitzvah is defined as a connection to God. When you are obedient and keep a commandment in the bible, you are connecting to God.

God’s will is for all of humanity to connect to Him through His instructions, which is the Torah.

As an example when you study the Bible, you learn about God, therefore, you are attaching yourself to God. Being a disciple of Jesus and believing in Him as the Messiah is attaching yourself to the Jewish people and to God. When you pray, or when you give charity and show acts of kindness, and when you love your neighbor as yourself you are connecting to God.

The mitzvot (or commandments) are tools used to know God more.

There are 613 laws written in the Torah that in one way or another are all connecting to God. By connecting to God, the Rabbis say, the part of your body you are connecting with God actually becomes holy. The mitzvot (or commandments) are tools that are all used to get to know God better.

We will be known in the Kingdom of God based on how we obeyed the commandments that we were responsible for.

God’s will for all of humanity is to connect to Him through His instructions (Torah), learn about which of the jurisdictions a mitzvah should be used in, and how someone should

apply them in their life. The Jewish people study specific portions of the Torah every week throughout a year (called a Parshah), they spend a lifetime determining who should apply which mitzvah, and how they should apply it. Paul said in 1 Timothy 4:13, “Until I come, devote yourself to the public reading of Scripture, to preaching and to teaching.” This would have been what Jesus was doing at the age of 12 in [Luke 2:41-52](#). This study takes a lifetime and is one of the best ways to understand God and who He is.

As an example of jurisdiction, the laws in Texas may be different from the laws in Florida. In the same way, there are mitzvot that are applied in Israel, some are only applied when there is a Temple in Jerusalem, some for the King, some for women, and some for men. The Jewish people are under one jurisdiction, while non-Jews are under another jurisdiction. Some laws are specific to one group while others are universal. Jesus said in Matthew 5:19, “Therefore anyone who sets aside one of the least of these commands and teaches others accordingly will be called least in the kingdom of heaven, but whoever practices and teaches these commands will be called great in the kingdom of heaven.”

To Repent Is A Mitzvah For Everyone

Repentance is a universal mitzvah, and it is the connecting tool God gave all humanity instructions on how we should serve Him. Jeremiah 15:19 states, “Therefore this is what the Lord says: “If you repent, I will restore you that you may serve me”. God created people with different jobs and roles to serve Him, and each job has a different duty and responsibility, which is why there are different jurisdictions. The King will serve God differently than a carpenter, but both are required to repent, and everyone is required to repent every year on the Day of Atonement. Repentance should be viewed as a positive commandment and needs to be understood it is the tool to do self-improvement so you can do your part to serve God.

[Leviticus 23:27-31](#) specifically says that during the month of Tishrei, on the 10th day (a person who considers themselves a child of God) should fast (from sundown to sundown) and use this day to ask for forgiveness. This day is known as the Day of Atonement (a.k.a. Yom Kippur) and is an appointed time that God says He will meet us. It also says it is a mitzvah that shall last forever. In Matthew 5:18 Jesus said, “not an iota, not a dot, will pass from the Law until everything is finished”. Paul says in 1 Corinthians 15:24, “Then comes the end, when he (Jesus) delivers the kingdom to God the Father after destroying every rule and every authority and power.” Therefore, every disciple of Jesus should repent every year. This is why we are working through this journey right now, in order to be prepared for Yom Kippur. We are desiring to connect to God on that day, humble ourself, and draw near to Him. If you would like to know more about Yom Kippur, here is a good resource on the subject ffoz.org.

Although there are many mitzvot, and some of them are difficult, it is important to have faith and proper intent to honor God in your obedience of keeping them. Desiring to

know God more through them is what obedience is all about. James 1:22 says, “**Do not merely listen to the word, and so deceive yourselves. Do what it says.**” While learning about connecting to God through a mitzvah, it is important to understand why Jesus said all of the commandments in the Torah are central to Leviticus 19:18 which is, “...you shall love your neighbor as yourself: I am the Lord.” Every instruction in the Torah can be tied to loving God or loving your neighbor. For example, Exodus 20:13 says, “Thou shalt not kill”, but if your intent is to embarrass someone openly in front of others, according to the Rabbis, it is as if you are committing murder. Words are like arrows; they can pierce someone. Jesus said in Matthew 12:36, “But I say unto you, that every idle word that men shall speak, they shall give account thereof in the day of judgment.”

Measure for Measure


In the Bible, there is a term called “Measure for Measure”, and it is considered to be the ideal method of divine punishment and reward. Jesus said in Matthew 7:2, “For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you.” Paul explains this in Galatians 6:7, “Do not be deceived: God cannot be mocked. A man reaps what he sows”.

It is logical the entire Torah is based on these two principals of loving God and your neighbor. God created this world for us to do acts of kindness. Loving God and loving others is the way we are successful in this life because how we apply these laws will determine how they will be applied to us. Understanding this helps us understand that God is love, and His true desire is for all mankind to get along. **God leaves it up to us how we will obtain His love and to what measure.** We need to get over our differences, determine how to apply His laws, and work things out in love.

A good way to apply loving God, and your neighbor, is to find someone not like you, who is not easy to love. Take that someone who you would not normally love, and commit to finding the hidden treasures in them. There are always treasures in someone. Sometimes you have to dig deep to find them. This will take work, and it will most likely not be easy, but if you commit to this with the intent to help make this world a better place by helping one person, then you will be fulfilling both of these commandments at the same time. Think about a 5000-piece puzzle; if there are pieces missing, you might as well throw the entire puzzle away. Think about your act of kindness as you are helping find the missing puzzle pieces in the plan of redemption. Be intentional in helping others, and always know if you look for good in someone – you will find it.

God wants to be a partner where there are two people who love each other, and that is what brings God into the mix. This is how you can be intentional in connecting to God through a Mitzvah.

Day 14 – Measure for Measure



Measure for Measure

God is compassionate and gracious, slow to anger and abundant in lovingkindness and truth, preserving lovingkindness for thousands, forgiving iniquity, rebellion and sin, and He pardons sin .

Your character can be tied to each of these attributes of God. Every characteristic can have both a positive and a negative attribute. For example, you can love or hate, have pride or be humble, happy or mad, nice or hateful, or you can be forgiving or unforgiving.

You should want to be forgiving, compassionate, merciful, gracious, slow to anger, kind, and live an honest life. The same measurement of character that you show to others will be shown to you.

If you are forgiving, then you will be forgiven. Jesus said in Matthew 6:15, “But if you do not forgive others their sins, your Father will not forgive your sins.”

If you are compassionate and merciful, then you can expect compassion and mercy.

[Proverbs 3:6](#) says we are to know God in everything we do. We are to know Him so we can understand the seed that is in us, so we understand what our fruit should look like in our life.

We can know God through His commandments, through seeking Him, and studying His Word. We have to be patient and humble through our journey of repentance; humility and patience are characteristics we have to work on. As we go further in our repentance journey, humility enables us to know our place in the scheme of things, and how much we need to be involved in any given situation. Patience can be understood as the ability to bear a burden until the appropriate time for setting it aside. Patience can also mean letting go of the need for immediate gratification and being willing to wait for life to happen on its terms, not ours. Many times, as life moves forward, things do not always work out the way we plan. We just have to let things work themselves out.

13 Attributes of God

An important event happened when the children of Israel left Egypt, and Moses went back up on Mount Sinai to get the 10 Commandments for the second time. The Lord passed before him and stated something very revealing about Himself that is very key to understanding God, and how He will deal with us. What God revealed to Moses is referred to as the thirteen attributes of mercy. It says in Exodus 34:6-7, "And he passed in front of Moses, proclaiming, The Lord, the Lord, the compassionate and gracious God, slow to anger, abounding in love and faithfulness, maintaining love to thousands, and forgiving wickedness, rebellion and sin. Yet he does not leave the guilty unpunished; he punishes the children and their children for the sin of the parents to the third and fourth generation."

According to the Rabbis the following are the 13 attributes that were revealed from [Exodus 34](#):

God is:

- compassionate before a person sins
- compassionate after a person has sinned
- mighty in compassion, to give all creatures according to their need
- merciful, that humankind may not be distressed
- gracious if humankind is already in distress
- slow to anger
- plenteous in kindness
- truth
- keeping kindness unto thousands
- forgiving iniquity
 - and transgression
 - and sin
 - and pardoning

Proverbs 3:6 says, "in all your ways submit to him, and he will make your paths straight." Therefore, in knowing God, we should live as He does, show His attributes, and in doing so, our path will be straight. **The same measurement of character that we show to others will be shown to us.** When we leave this earth, and stand before the judgment seat of Jesus ([2 Corinthians 5:10](#)), we can know what our outcome will be based on how we treated others, and how we followed God's commandments.

Our character shows us what is inside of us, and if we pay attention, we can understand exactly where we stand if we were to face judgment today.

In the Hebrew language, the English word “characteristic” also means measurement. We can use the measurement of our character to know what we need to work on. God will give us the same measure we gave others. If you let go of grudges easy, God will not hold grudges against you. If you will be merciful to others, there will be mercy for you. This is the law of sowing and reaping Paul referred to in [Galatians 6:7-8](#).

If you have been lacking in any of these attributes, then confess your sins and ask for forgiveness and start today. Do your best to have humility, keep a pure heart before God, and live a lifestyle that is forgiving and full of mercy. Paul said in Philippians 2:3, “Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves.”

If you have improvement needed with any of these attributes of God, start today. Choose to live a forgiving and merciful life. Pray and ask God to show you how to improve in these areas. Be willing to show mercy and kindness, and be slow to anger. **Most of all understand that power is granted to every human being, this is the will to go whichever direction you want to. If you want to go after evil you can go there. If you want to go after good you can go there. If you choose to want to apply God’s attributes in your life, you can go there. It is up to you!**

Repentance is the seed, and our character shows the fruit of repentance that is in us.

Galatians 5:22-23 says, “but the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.”

Our goal in repentance, and refining our character is to know God in all we do.

Day 15 – Are You Preparing (repenting) for the Kingdom of God



In Leviticus 26:11-13 God told the Children of Israel, “**I will put my dwelling place among you**, and I will not abhor you. I will walk among you and be your God, and you will be my people. I am the Lord your God, who brought you out of Egypt so that you would no longer be slaves to the Egyptians; I broke the bars of your yoke and enabled you to walk with heads held high.” **God’s plans are actually pretty clear, He wants to dwell here with his people Israel!** Before God gets here, the earth has to be worked like a garden, and preparation has to be done for His Kingdom. Humanity has a job to do to prepare (which is to repent), and then Jesus still has some work to do also. **Jesus gave us a way to repent, but we have to cultivate the seed of repentance in our own life to prepare for the Kingdom.**

The Gospel Before Jesus

The message of repentance was the same gospel message that was taught from long before Jesus died on the cross. As the writer of Hebrews says in chapter 4, “For we also have had the good news proclaimed to us, just as they did; but the message they heard was of no value to them, because they did not share the faith of those who obeyed.” This was the message of repentance Noah preached before the flood: choose the life long journey of cultivating the seed of repentance that God has placed in each one of us.

Paul clears up the end goal of the gospel message in 1 Corinthians 15:23-28. He says, “But each in turn: Christ, the first fruits; then, when he comes, those who belong to him. Then the end will come, when he hands over the kingdom to God the Father after he has destroyed all dominion, authority and power. For he must reign until he has put all his enemies under his feet. The last enemy to be destroyed is death. For he has put everything under his feet. Now when it says that everything has been put under him, it is clear that this does not include God himself, who put everything under Christ. **When he has done this, then the Son himself will be made subject to him who put everything under him, so that God may be all in all.**”

The work of overcoming death has already happened, at least from the point of Jesus being resurrected, but there is still more work to do. Paul is explaining above that Jesus is the first fruit of the **first resurrection [this is the beginning of the Messianic Era], and that when he gets done with His work He will hand this world back to God.** That has not happened yet. In 1 Corinthians 15 Paul is referring to the time of the second resurrection that is also spoken of in Revelation 20, where it says everyone else will be resurrected after the 1000-year reign of Jesus and then be judged [*at the end of the 1000-year Messianic Era*]. Paul says, when the last enemy is to be destroyed, then Jesus will hand this world back to God, and Jesus will be subject to God. Paul also said in Romans 8:19 that, “all of creation waits in eager expectation for the children of God to be revealed.” These children of God will be the remaining people after all of the enemies are gone.

It is worth mentioning Jesus' Aramaic name is Yeshua, and His Hebrew name is Yehoshua. The name Yeshua is a shortened version of the name Yehoshua (or Joshua) and is the literal Hebrew word for Salvation.

The Kingdom of God

In Jeremiah 31:31-35 it says, “at that time God will make a [new covenant](#) with the people of Israel and with the people of Judah. He will put His Torah in their minds and write it on their hearts.” It is noteworthy to recognize here that God is making the covenant with Israel, not the other nations. We first must attach ourselves to Israel to be a part of this covenant. **People have been attaching themselves to Israel ever since the exodus from Egypt.** Those people were called sojourners/God-Fearers, and many

Gentiles followed the children of Israel through the Red Sea. God even told the Gentiles to keep the Sabbath along with Israel in Exodus 16 prior to giving the 10 Commandments. The [Sabbath](#) has actually been kept since creation, but that is a much longer discussion for another time.

In Isaiah 2:3-4 it says, "...the law (Torah) will go out from Zion, the word of the Lord from Jerusalem. He will judge between the nations and will settle disputes for many peoples." [Jerusalem will be the joy of the whole earth!](#) It appears that it will take 1000 years to finish the final touches in order for God to actually come here and dwell.

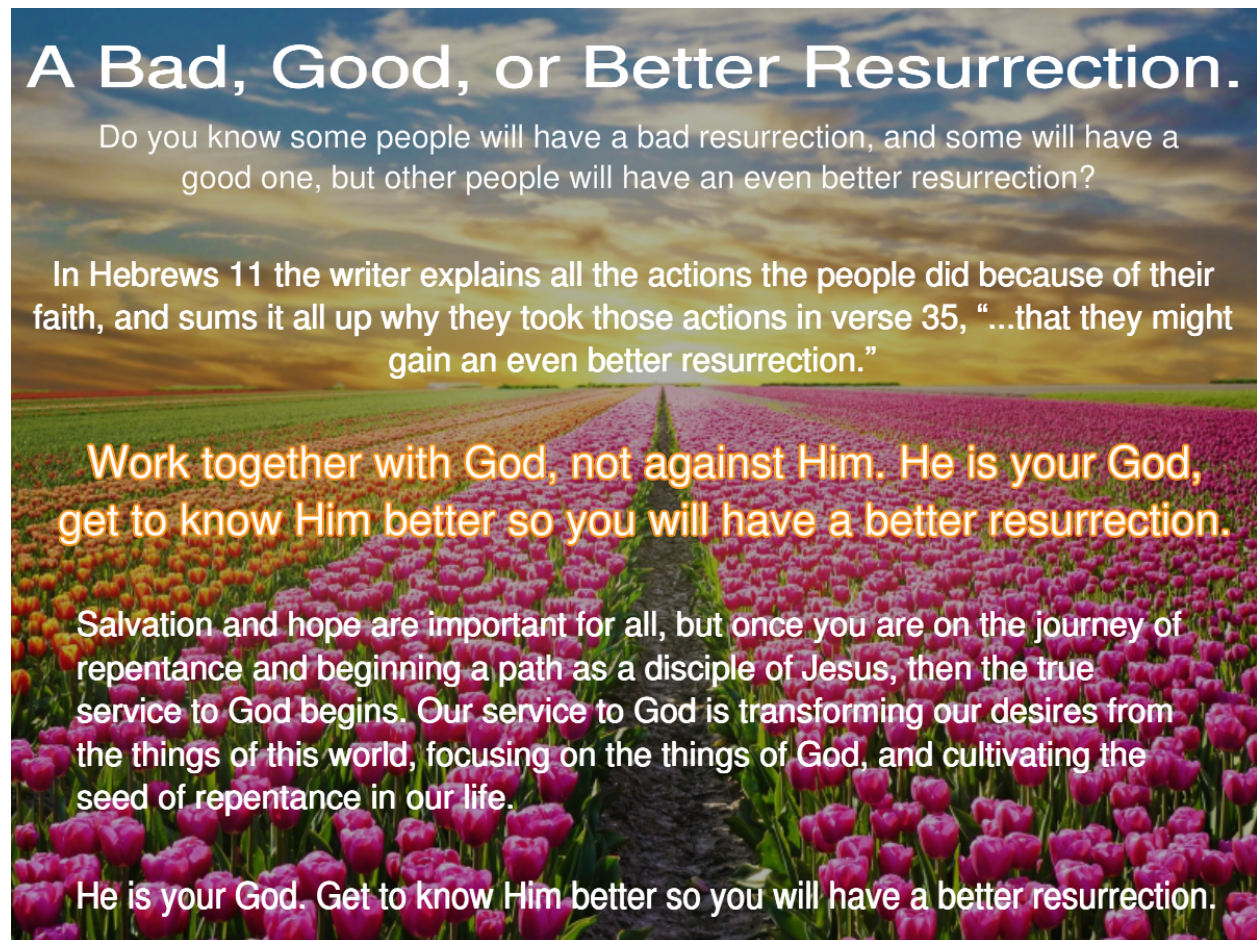
A Dwelling Place for the Lord

Before the Messianic Era comes to pass, and the New Jerusalem comes down, and we go to the World to Come, your body is to be a dwelling place for God. In Exodus 25:8 Moses was told to make God a sanctuary as it says, "Then have them make a sanctuary for me, and I will dwell among them." The Rabbis say this is a commandment for everyone. Paul verifies this in 1 Corinthians 6:19, "Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own."

Have you thought about what it means for God to dwell with us here on this earth? Or what it means when Yeshua comes back and reigns as King? Have you considered Yeshua will reign using the Torah as the law of the land? As you go through the process of cultivating the seed of repentance within you, hopefully you come to recognize what that looks like. Some will realize 30% of what that looks like, while others may recognize 60%, and others will master repentances and completely understand what it will look like (Matthew 13:8).

The amount of seed that produces fruit in your life is your responsibility, and your achievement is up to you.

Day 16 – A bad, good, or better resurrection – the choice is up to you.



A Bad, Good, or Better Resurrection.

Do you know some people will have a bad resurrection, and some will have a good one, but other people will have an even better resurrection?

In Hebrews 11 the writer explains all the actions the people did because of their faith, and sums it all up why they took those actions in verse 35, "...that they might gain an even better resurrection."

Work together with God, not against Him. He is your God, get to know Him better so you will have a better resurrection.

Salvation and hope are important for all, but once you are on the journey of repentance and beginning a path as a disciple of Jesus, then the true service to God begins. Our service to God is transforming our desires from the things of this world, focusing on the things of God, and cultivating the seed of repentance in our life.

He is your God. Get to know Him better so you will have a better resurrection.

Did you know you can actually have a better resurrection? Many of us in our journey of faith have primarily been focused on only going to heaven. That may be why some initially accepted Jesus in their heart – to make sure they are saved, while others are looking for hope. There is a lot more to salvation than just 'going to Heaven'.

To get started on your repentance journey, learn what you need to do in order to grow in your relationship with God, take an assessment of your life, recognize the changes that God is wanting from you, and put effort into making corrections. This is a long process and takes time. A great way to do this is to join a good [discipleship](#) program such as [Jesus My Rabbi](#).

Desire is Your Responsibility

Paul says in Galatians 5:16, "... walk by the Spirit, and you will not gratify the desires of the flesh." Sometimes that is easier said than done. The Spirit of God empowers us, and is working in us, but the first effort **you have to do is desire the things of God** so you can come to the understanding of what it is to walk by His Spirit. As stated above, it is a long process. Starting out, it can be difficult to recognize the desires of our flesh are evil, but it's important to know **we will still be accountable for our actions**. God created a tool we can use to make the wrongs right – it is called repentance, and it is not a one-time decision. It is a journey of growth. Paul says in Romans 2:5-11, "But because of your stubbornness and your unrepentant heart, you are storing up wrath against yourself for the day of God's wrath, when his righteous judgment will be revealed. God **will repay each person according to what they have done**. To those who by persistence in doing good seek glory, honor and immortality, he will give eternal life. But for those who are self-seeking and who reject the truth and follow evil, there will be wrath and anger. There will be trouble and distress for every human being who does evil: first for the Jew, then for the Gentile; but glory, honor and peace for everyone who does good: first for the Jew, then for the Gentile. For God does not show favoritism."

Paul is saying in order to gain eternal life, we need to **seek** glory, honor, and immortality. We seek because we desire God. That is the process of cultivating the seed of repentance in your life. God will not show any favoritism. Self-seekers who desire this flesh, who never repent, gain wrath and anger.

Belief Produces Actions

Paul did not say we will be judged by what we believe, he said we are going to be accountable and judged for what we do, and that means there are consequences for our actions. Our actions do reflect what we believe. The question is how do we love the desires of God more than the desires of this flesh? Paul also says in Romans 7:15-20, "... I do the things I don't want to do ...", but he also says in verse 25, "So then, I myself in my mind am a slave to God's law [*Torah*], but in my sinful nature a slave to the law of sin." The law of sin is the law of death, not the law of the Torah. Each of us are set free from death because Jesus gave us the possibility of repentance.

Are People Cursed Because They Keep God's Commandments?

It is worth mentioning something very important here. Many people believe the law of the Torah brings a curse by trying to keep the laws, but the very core of what the curse is – is the ability to **not** know God. One may ask the question – why would God curse us for trying to keep His commandments? Does that even make sense? **The curse is not having the ability to repent**. At the other spectrum, **the blessing is to fully know**

God. So, doesn't it make sense that you will know God when you keep His commandments, and not know God when you do not? Jesus said if you love Him you will keep them (John 14:15).

Blessing of the Torah

Obedience in love & service to the King

(note: good or bad can come from the same instructions, based on how you choose)

- Life / Ability to Love God (Deut 30:15-20)
- Knowing God (John 17:3)
- Understanding and revelation of God
- Grace to keep God's instructions (Ex 33:13)
- Produce fruit of righteousness (Ps 106:3)
- Produce good Godly character
- Know how to worship God correctly
- Have the true knowledge of God (Prov 9:10)
- Loving and forgiving
- Serve God with joy and gladness
- God sends you aid to know Him better, and grow (John 14:26)
- Your life is holy and set apart
- Bear fruit of the Spirit (Galatians 5:22-23)
- Humble and selfless
- Rich in spirit & faith / Peace (James 2:5)
- Your Reward is eternal life (Romans 2:7)

Curse of the Torah

Disobedience & rejecting or unwilling to listen

- Death / Separated from God
- Not having the ability to know God (Isaiah 57:17)
- God is hidden and you become deceived (Deut 32:20)
- Not able to understand God's way (Hebrews 3:10)
- Produce fruit of the flesh (Galatians 5:19-26)
- Submit to your evil inclination (Deut 28:47-48)
- Not understanding how to worship God, and idolatry is the result (Exodus 32)
- Hate and unforgiveness
- Serve the flesh, and desire the things of this world
- God gives you impediments that prevent aid to understand Him (Isaiah 6:9-10)
- You are wicked
- Have desires of the flesh (Galatians 5:17)
- Arrogant and prideful
- Lacking faith and impoverished / Distracted
- Your punishment is eternal death (Romans 2:5-6)

Matthew 6:33 "But seek first his kingdom and his righteousness, and all these things will be given to you as well."

Deuteronomy 15:4-5 "However, there need be no poor people among you, for in the land the Lord your God is giving you to possess as your inheritance, he will richly bless you, if only you fully obey the Lord your God and are careful to follow all these commands I am giving you today." (the blessings of the Law)

Psalm 25:4-5 "Show me your ways, Lord, teach me your paths. Guide me in your truth and teach me."

To understand this principle further, in Deuteronomy 28:45-47 it says, "All these curses will come on you. They will pursue you and overtake you until you are destroyed, because you did not obey the Lord your God and observe the commands and decrees he gave you ... **because you did not serve the Lord your God joyfully and gladly** in the time of prosperity."

A Rabbi once said, nowhere in the Torah does it say you have to be perfect. It says if you obey God and follow His instructions you will know Him. He also pointed out that Deuteronomy 28 does not say because they only disobeyed God's instructions a curse came, but it was **because they were not thankful and grateful** when God had given them prosperity. They did not serve God with a joyful and glad heart for all the good He did. They became arrogant and conceited, unthankful, and self-seekers. Chapters 26 and 27 of Deuteronomy explains that when the children of Israel were in the land, they were to bring their first fruits and make a declaration about how good God was to them and their ancestors. They were to remember where their blessings had come from. To be thankful – was that too much to ask for?

An Ungrateful Child

If you gave your child a gift, and they refused to acknowledge you, how would you feel? God has been trying to explain from the very beginning of Genesis, that if you are not content and thankful for what you have, you will always desire to have more, and you will desire the things of this world that you should not have. You will desire them so much they will ultimately destroy you. That is the result of the curse, and it does not come because you sinned a little bit, or missed a few commandments. It comes because the desires of this world will only lead to what you cannot have, and the insanity of always wanting more will lead to your destruction. **From the beginning God said what was good and evil, but every single one of us try to decide that for ourselves.** Eating from the Tree of Knowledge of Good and Evil was how Adam and Eve were trying to decipher that very question; what is good and evil? **Each one of us chooses if we will accept God's interpretation – or our interpretation.**

**God decided what is good and evil,
our job is to accept His definition.**

God explains to us what is good and evil in His Instructions (the Torah).
God's Kingdom is where we live out these principles.
Romans 3:20 "... through the law comes knowledge of sin."

God sent His son to bring the Kingdom. If we reject His authority of what He defined as good and evil, it is impossible to accept His son who He sends us.

1 Thessalonians 4:8 "For God has not called us for impurity, but in holiness. Therefore whoever disregards this, disregards not man but God, who gives his Holy Spirit to you."

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God has given you an opportunity to have a better resurrection. It is by you cultivating the seed of repentance in your own life, accepting that God decides what good and evil are, being thankful and grateful for everything God has given you, and listen to the word of the prophet in Micah 6:8 where he says, "He has shown you, O mortal, **what is good**. What does the Lord require of you? To act justly, and to love mercy, and to walk humbly with your God." God wants you to learn **His instructions (Torah) of what good and evil are** so you can make correct decisions, show mercy and love to your fellow man, and not to be arrogant or conceited in the knowledge you have before God. When accepting Jesus in your heart, you must accept God's Torah, or the relationship will not work. Jesus is the Torah in the flesh ([John 1:1-18](#)).

Are You Arrogant to God

When you get aggravated at a situation, and question God on what He is doing, it is important to understand you are being arrogant to Him. You are doubting if He even knows what He is doing. You are even going as far as challenging Him and His plans for your life. In order to live out a life of repentance, you have to humble yourself before God. When you are not sure why something is happening the way it should, you have the opportunity to seek God and ask Him to show you the good in the situation. Ask Him how He wants you to respond.

Jesus said in Matthew 5:19, “Therefore **anyone who sets aside** one of the least of these commands and teaches others accordingly will be called least in the kingdom of heaven, but whoever **practices and teaches** these commands will be called great in the kingdom of heaven.” You should always be serving God, not working against Him. The difference between a bad and a good resurrection is whether you are connected to God or not. He is your God, get to know Him so you will have **a better resurrection**.

Day 17 – Understanding How Evil Can Be Good

Understanding How Evil Can Be Good

People believe evil is there to make you fail, but it is actually there to help make you a better person.

God created the world with a plan of redemption. He also created the world so both good and evil have a part to play to complete that plan.

Repentance is the tool God gave us to produce balance in our life between the good and evil.

In the end, this world will produce the fruit that will be in the World to Come. In 1 Corinthians 15:42 Paul says, "So will it be with the resurrection of the dead. The body that is sown is perishable, it is raised imperishable."

God wants you to overcome sin, and has given you everything you need to do it.

Many people ask the question, why did God create evil? God says in Isaiah 45:7, "I form the light, and create darkness: I make peace, and create evil: I the Lord do all these things." This is difficult for some people to understand. People believe evil is there to make you fail, but it is actually there to make you a better person.

In video 4 of Rabbi David Fohrman's series on [Grappling with Loss](#), he gives one of the best commentaries on this subject. He uses a good analogy of how a chocolate chip cookie recipe has many ingredients that taste terrible by themselves, such as flour or baking soda, but the recipe needs those bad tasting ingredients to produce the perfect cookie. Sometimes you need to have good and bad to be whole.

In order to have a better understanding of God, you need to know that God has created life with ingredients of good and evil in it. This concept can help you understand how your own characteristics can have both good and evil traits. Example you can love and you can hate, you can be arrogant and humble, kind or mean, or you can lie or be honest. Somewhere in the middle is where most of us are, but it is also very easy for

anyone of us to go to the evil side rapidly. In the process of life, all of us initially fail and sin at some time or another.

God gave you will-power and the ability to turn the sin into godliness. God makes it possible for you to understand and acknowledge the wrong, express regret, and ultimately change your conduct. You must regret your actions in order to want to confront the reality of what you have done, then you need to apologize (to God or whomever you wronged), and put in effort to make the wrongs right. Leviticus 26:40-41 says, “But if they will confess their sins and the sins of their ancestors—their unfaithfulness and their hostility toward me, which made me hostile toward them so that I sent them into the land of their enemies—then when their uncircumcised hearts are humbled and they pay for their sin...”

What Does it Mean to Regret Sin?

Many times, the effect of sin has guilt or regret. No matter how far away you are with God, or close in your walk with God, regret can motivate you. It gets you motivated to want to understand the sin, and then helps you be in a position to overcome it. You first need to desire not to sin in order to stop the sin. If you desire to do good, God gives you strength, along with your will-power, to overcome your challenges. God does not want you to fail, His intention is for you to succeed.

An article from chabbad.org stated, “Regret implies that one now knows something that one did not know before; that one’s earlier decision or deed was flawed or ill-informed; that one has now matured to the point that he can look back and reject a deficient past.” In order to regret sin, you must recognize the sin. It is God that even gives you the opportunity to recognize it. Deuteronomy 29:4 says, “But to this day the Lord has not given you a mind that understands or eyes that see or ears that hear.” Hosea 4:6 says, “My people are destroyed from lack of knowledge. Because you have rejected knowledge, I also reject you as my priests; because you have ignored the law [Torah] of your God, I also will ignore your children.” In order to come to truth, God has to grant it to you. Psalm 37:4 says, that if you “delight yourself in the Lord, and he will give you the desires of your heart.”

God’s Intention is to Use Sin to Beautify Your Behavior

If you read Psalms 60:6 in the [Hebrew language](#) you will find it says, “You have given those who fear You trials with which to be tested, in order to beautify [your behavior] forever.” God’s intention is always for something bad in your life to be turned into something good. Most people will fail because they believe that evil is there to make them fail, but in reality, it is used to strengthen them in their faith. Truth is a light, and the light is what we need to move forward in the right direction in order to overcome sin.

The Rabbis say the main objective God has for you in this world is for you to transform your evil inclination (flesh) into godliness.

Regret makes you want to change the sin, and make the wrongs right. Much of the challenge to overcoming sin is you; it is all in your mind. Evil should always remind you of the good that God has placed in you. The Rabbis call this, “the advantage of life that comes out of the darkness.” The evil is there to cause you to work harder to overcome it.

Repentance starts when there is a desire for the things of God, and you start the process of abandoning sin, commit to banish it from your thought, and resolve in your heart never to commit the act again. If you regret your sin, many times that regret by itself does not change anything; it takes a lot of will-power and help from God. Complete repentance is when you have the ability to sin, but you make a decision not to do it any longer. You will be tested to improve your behavior. This improved behavior comes from really regretting the sin you are doing.

Understand Your Challenges

Everyone fails, that is just the way it is. Your primary enemy is yourself. The evil inclination is in you working to make you fail, and it is just doing the job it was created to do. Paul says in Galatians 5:17, “For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want.” If you did not have evil in you, then what would you have to overcome? A Rabbi once said the evil inclination is our personal trainer to get the most and best out of us. It gives us a challenge to overcome, and we grow from it.

When you completely repent, you will overcome the challenge. It is important to understand each challenge is preparing you for your appointed position in the Kingdom. To start today to turn the evil things in your life into good, make a list. Determine what are the essential things you need to work on. What are some of bad habits in your life? Habits are not your nature, you have learned them, and you have to break the bad ones. Fight them from being a part of you by creating new habits that are good. A habit is something you are diligent at. Work on acquiring godly habits. Make sure that you are seeking God on a daily basis, and repentance becomes a habit you acquire by default.

Rectification (making wrong right) takes effort. Real repentance is to go from one extreme to another. An example is when a person who was a complete liar repents and becomes the most honest person alive, or a thief becomes a Pastor.

Progress comes from awareness of yourself.

Your growth is when today's understanding surpasses yesterday's understanding.

Colossians 1:10 "...so as to walk in a manner worthy of the Lord, fully pleasing to him: bearing fruit in every good work and increasing in the knowledge of God"

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Here are some helpful ways the Rabbis explain how you can achieve repentance:

- Cry out to God
- Give charity
- Avoid temptation
- Put yourself on a correct path
- Exile to a different place
- Associate only with honest people

Whatever you are failing at the most in your life, is where you have the most potential for growth. Everyone has good and bad qualities. If you are failing in a sin, ask God to help you turn it into good.

God wants you to overcome sin and has given you everything you need to understand how sin (evil) is good.

Day 18 – Barriers That Prevent Repentance

Barriers that prevent Repentance

The fear of God is being afraid of being disconnected from God.

Being closed minded to the ways of God is a major impediment to repentance, and is something that causes God to not allow our eyes to see or our ears to hear.

Jesus said in Matthew 11:15, “He who has ears to hear, let him hear.”

We can prevent ourselves from repenting.

Proverbs 28:9 says, “If one turns away his ear from hearing the law [Torah], even his prayer is an abomination.” The first step in repentance is setting your mind to stop sinning and a commitment to obey God’s laws.

Do not get in the way of your own repentance journey.

Repentance is not an option, it is a command. It is a seed God places in you, and you are responsible to manage and grow it. It is a way of living, but your mind can become a barrier to cultivating the seed which can prevent repentance.

Repentance is the foundation of our faith. The seed of repentance has to be cultivated correctly, and learning and applying God’s instructions is vital to the fruit it produces. A disciple of Jesus has to have a strong foundation of repentance, and every disciple must learn to master it. Jesus gave an example of what happens if you do not have a strong foundation in [Matthew 7:24-27](#); winds and storms will come and try to destroy your seed many times throughout your life. You have to be aware it is not an easy path, and you must be intelligent with the seed that is growing in your life. If the Kingdom of God is not your primary focus in life, then you need to redirect your focus. Jesus said to seek the [Kingdom and His righteousness](#) first. That is the job of a disciple of Jesus.

The Battle For Your Position In the Kingdom of God

Jesus and other Rabbis said repentance should be compared to going to war; a war is intelligently planned at many levels. In [Luke 14:25-34](#) Jesus said, “to make sure to count the cost.” He also said, “What king would ever dream of going to war without first sitting down with his counselors and discussing whether his army of 10,000 is strong enough to defeat the 20,000 men who are marching against him?” You are partaking in a battle for your position in the Kingdom of God; you are going to war with your flesh. Battle plans of repentance should have knowledge of what it means to love God, understanding of what it means to serve the King out of love, and questions must be answered about what jurisdiction of keeping God’s commandments ([mitzvoth](#)) you fall into. It is not a one-time decision – it is a life changing decision. You can start with a little investment, but you need to at least make an investment. Your reward (fruit) is in proportion to your investment. Be open to investing time into studying, praying, and a solid decision to turn from sin with an action plan. Desire to know God more, and that this journey of repentance is intended to help you love and desire the things of God. Most of all, you need to be open-minded to making corrections in your life, for the rest of your life.

Repentance should be seen as a diamond – it has multiple angles, and each angle gives you a little different perspective. As you cultivate the seed of repentance in your life, sometimes you need to be willing to look at things from a different perspective.

Here are some different perspective examples to think about:

- What would have happened if the children of Israel would have repented from the message of Isaiah or Jeremiah? Would the First Temple have been destroyed?
- What if Israel would have repented when Jesus came? Would Jesus have been crowned King and the 1000-year reign started? What would it look like now? Would we already be in eternity?
- Why is it that Jesus has to reign for 1000-years? Why not go straight to the ‘World to Come’ (the [Redemption](#))?
- Why did the Apostles continue to live their life around the Temple, and keep doing sacrifices even after Jesus died?
- If we are the Temple of the Holy Spirit, why is the teaching on the Temple of God not a foundational teaching in Christianity? Would we want to know how we should live our life in comparison to the Temple of God?
- Why do we not read the bible from a Jewish perspective if Jesus, the disciples, the Apostles, all of the authors in the Bible were Jews, and the original [church was a sect of Judaism](#)?
- If Jesus, Paul, and the Apostles kept [Sabbath](#), why is the Church not keeping the 4th Commandment as originally instructed “to rest on the 7th day vs. resting on the 1st?”

- If Jesus kept all the commandments, why is the [Torah](#), or even learning what it means to 'keep God's commandments' not a foundational teaching in the Church?

When you start making corrections in your life, it motivates you to ask questions, and sometimes it takes time to get the answers. We are not going to offer answers to the questions above, but we will offer resources on this website for you to search these answers out. You have to be [prayerful](#) in asking God to reveal His hidden secrets to you so you can continue to cultivate the seed of repentance in your life. You are responsible for the fruit from the seed of repentance ([John 15:1-6](#)).

God Withholds Repentance from Some

The Rabbis say there are situations where repentance is not an option, such as a person who confesses sin, but has not resolved in their heart to abandon the sin, that confession is meaningless. Proverbs 28:9 says, "If one turns away his ear from hearing the law [Torah], even his prayer is an abomination." The first step in repentance is setting your mind to stop sinning and a commitment to obey God's laws.

Repentance is a commandment that each one of us must obey in order to even understand who God is, but God must first allow us the ability to approach Him. Isaiah 44:18 says, "They know not, nor do they discern, **for He has shut their eyes**, so that they cannot see, **and their hearts**, so that they cannot understand." It also says in Isaiah 6:9-10, "...Go, and say to this people: Keep on hearing, but do not understand; keep on seeing, but do not perceive. Make the heart of this people dull, and their ears heavy, and blind their eyes; lest they see with their eyes, and hear with their ears, and understand with their hearts, and turn and be healed."

[Proverbs 9:10](#) says the beginning of even being able to know God has to start with the fear of God. The fear of God is being afraid of being disconnected from the Creator of the Universe. God has created this world to be a corridor to the World to Come; we are preparing right now to serve Him for eternity. We should perceive this life as the tool we have in order to work on our 'After Retirement' plan while we live here. Jesus also said in [Matthew 6:19-21](#) we should prepare by storing up treasures for life after here. Treasures come by us keeping His commandments. This is why the battle plan must have an understanding of which jurisdiction we are in, and which commandments we need to follow. Keeping a commandment is giving God an eternal gift, and one day you will be [reading a book](#), where you can see each gift that you gave Him.

Being closed minded to the ways of God is a major impediment to repentance, and is something that causes God to not allow our eyes to see or our ears to hear. We are only allowed to repent because God opens our eyes and allows us to. He conceals truth to those who reject him. In Deuteronomy 29:4 it says, "But to this day the Lord has not given you a heart to understand or eyes to see or ears to hear." Repentance is a seed, it is not a one-time decision, it takes continual effort from us, and we need to keep

ourselves in a place where we see and hear. Jesus said in Matthew 11:15, "He who has ears to hear, let him hear."

According to Jewish sources, other things that impede repentance, and not being able to make rectification are:

- One who causes many to sin/prevents others from obedience
- One who instigates and puts someone on a wrong path
- One who sends a child in a wrong direction, and does not rebuke them (one that is under your authority)
- Someone who says I will sin and repent later
- One who separates from the community of believers
- One who quarrels with the wise
- One who ridicules the commandments of God
- One who hates rebuke

If you have stopped cultivating the seed of repentance in your life, humble yourself, ask for forgiveness, and make corrections today. Ask yourself, are there barriers in your repentance journey?

Day 19 – An Annual Review of Your Repentance Driven Life (Day of Atonement)



A Repentance Driven Life

A repentance driven life consists of knowing who you are in Messiah, and continually putting effort into your walk with God.

The Day of Atonement has been set apart to help us find our place in the Kingdom of God; to remind us that we should be living a repentance driven life. That day is where we get directions for the path that God has ordered our footsteps to follow.

A life of repentance is not about your eternal salvation, it is about where your life is at right now.

In the end, you will not be judged in comparison to Abraham, Moses, or anyone else, you will be judged in accordance to who you were created to be.

Be thankful that God has given us Jesus to rely on His merit to repent.

Each year God gives us an opportunity to partake in His appointed day on the biblical calendar. As disciples of Jesus, we can be in the same rhythm of the holidays that Jesus followed, and partake in the Day of Atonement. Every year we get an opportunity to review our lives and come closer to God. 1 John 1:9 says, “If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.” The Day of Atonement was appointed to do that and is always on the tenth day of the seventh month (Tishri) called Tishri 10 on the Jewish Calendar. It is the ‘Day of Atonement’, also known as Yom Kippur. This day has been set apart to help us live a repentance driven life while we are alive. [Leviticus 23:26-31](#) calls it a holy convocation, a celebration, or a dress rehearsal.

Atonement comes for those who repent, but it does not come for those who do not repent.

Atonement at the root meaning is understood to be a covering, but it has also been used and understood as being purified, cleaned up, and put on the correct course. The Day of Atonement is really about living here in this life, in this world, right now. When you are living a repentant life, you are covered, and you are on the right path. The day is also supposed to be a reminder to us that there is a day when we will stand before the judgement seat of Messiah and give an account of how we did with our lives. We will all see who we were supposed to be at that time, but we will also see the reality of who we are right now. Jesus gives many parables to help us understand what it will be like, such as the [Parable of the Talents](#). This is the day we will know if we made it to 30%, 60%, or even 100% of what God intended for our life. God set the 10th day of Tishri as the day we are to be reminded of this, and He also said, “... [it is a statute forever throughout your generations in all your dwelling places.](#)”

The Day of Attornment has been set apart to help us find our place in the Kingdom of God; to remind us that we should be living a repentance driven life. This is the day we get directions for the path that God has ordered our footsteps to follow. The Rabbis say this day is where everything in our life is decided for the coming year. As examples, our job for the year is determined, how much money we are going to make, who will die, or even who will be able to come up a new level spiritually. Yom Kippur is the day we get to do a job review of our lives. This is why it is so important to prepare and take 30 days prior to Rosh Hashanah and create a list of what you need to work on. This review will happen whether we are ready or not. It has been appointed by God, and our job is to be prepared for the review. How we prepare for this review will determine what our instructions are for the coming year.

Know Who You are in Messiah

If you want to know who you are in Messiah, then you have to prepare yourself to meet His expectations. This appointed time helps you recognize your strengths, and who God has created you to be. God’s intention for this day is to move you in a positive direction every year, and He has appointed it specifically for you to come closer to Him.

You will not be judged in comparison to Abraham, Moses, or anyone else, you will be judged in accordance to who you were created to be. The only way you will achieve the understanding of who you are supposed to be, is by growing and taking an annual account of where you are, making correction, and continue to put forth effort and move forward with the plan God has given you.

Every year on Tishri 1, which is Rosh Hashanah, this day begins a 10-day timeframe that is to be used as self-reflection of where you are. These 10 days lead up to the Day of Atonement (Yom Kippur) to consider where you stand. After you have prepared over the 30 days of Elul, you should look in the mirror and ask yourself, “Is this who I am supposed to be?” God wants you to see the gap between who you are right now verses who you should be in comparison to His Torah. This is what James was referring to in James 1:22-25 where he said, “But be doers of the word, and not hearers only, deceiving yourselves. For if anyone is a hearer of the word and not a doer, he is like a

man who looks intently at his natural face in a mirror. For he looks at himself and goes away and at once forgets what he was like. But the one who looks into the perfect law [Torah], the law of liberty, and perseveres, being no hearer who forgets but a doer who acts, he will be blessed in his doing.”



Yom Kippur is the day you are called to fast, pray, get serious with God, humbly seek His face, ask for strength to overcome sins, and ask God to reveal His instructions to you for your life. By the time Yom Kippur is completed, you should be aware of where your efforts need to be directed for growth. Because it is an appointed time, God will give you extra strength to overcome sin.

Living a Repentance Driven Life

A repentance driven life consists of knowing who you are in Messiah, continually working on yourself, and trying to attain who you should be. Having a list, such as the one you have been creating over this [30-day journey](#), is there for your review to remind you who God has made you to be. Honesty to yourself is key to success. To understand that God has called you to greatness in this life should be humbling.

There is no more time to ignore your sin, and no more time to play games as a disciple of Yeshua our Messiah. It is time to come higher in your spiritual walk. Be your best possible self. Find your place in the Kingdom of God and run after that position with all your heart, soul, and mind. **Start living a repentance driven life today.** The Messiah is almost here!

Jesus said in Matthew 24:45-51, “Who then is the faithful and wise servant, whom his master has set over his household, to give them their food at the proper time? Blessed is that servant whom his master will find so doing when he comes. Truly, I say to you, he will set him over all his possessions. But if that wicked servant says to himself, ‘My master is delayed,’ and begins to beat his fellow servants and eats and drinks with

drunkards, the master of that servant will come on a day when he does not expect him and at an hour he does not know and will cut him in pieces and put him with the hypocrites. In that place there will be weeping and gnashing of teeth.”

Ask yourself, “Am I really Ok?” Are you where you know God wants you to be? Are you telling yourself you are living in victory while you are watching porn, gossiping every day, stirring up discord among others, making your job an idol, rejecting God’s instructions, not even trying to learn your position in the Kingdom of God, or not being grateful to the King of the Universe for what He has given you? This time of repentance is not just about your eternal salvation, it is about where your life is at right now. If you are failing at these examples of sin or anything else, don’t get discouraged! Be thankful that God gave us Jesus to rely on His merit to repent. God has set time apart every year for us to take an account, make a list, [create an action plan](#), and to put effort into cleaning up our mess.

Soon it will be your turn to take the review with God – are you prepared?

Day 20 – How to Choose Life over Death

You get to choose life or death.

Every one of us has a free choice in life as to which path we choose; our biggest obstacle is ourselves.

Repentance is not only dealing with our past sins, it also deals with our present situation, and where we will end up in the future based on our decision today.

We should ask ourself what does the Word of God say, and how do we apply it in our life.

Hebrews 4:12 says, “the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.”

You have challenges in front of you all the time, and you have a choice to choose life or death.

When Jesus spoke, He was not open about telling people He was the Messiah, but rather He was about helping individuals think about repentance and how it was going to impact their life. His gospel message was to **repent for the Kingdom of God is at hand**. He did not come preaching to believe He died on the cross for our sins, and if you believe in Him you will be saved. In fact, when Peter recognized Jesus as the Messiah, Jesus said not to tell anyone ([Mark 8:29-30](#)). Jesus taught parables that made you think and was very concealed about telling others who He was. His motivation was to help people to think for themselves giving them the ability to choose life over death.

You Will Make Good Decisions When You Repent

Moses said in Deuteronomy 30:11-14, “For this commandment that I command you today is not too hard for you, neither is it far off. It is not in heaven, that you should say, ‘Who will ascend to heaven for us and bring it to us, that we may hear it and do it?’ Neither is it beyond the sea, that you should say, ‘Who will go over the sea for us and bring it to us, that we may hear it and do it?’ But the word is very near you. It is in your

mouth and in your heart, so that you can do it.” A few verses before this in [Deuteronomy 30:6](#), God said he will circumcise our hearts so that we will love him. The Rabbis explain it as, **when you repent**, God will ‘circumcise your heart’ in order to overcome the hurdles of sin; **He will remove the spiritual impediment that prevents you from repentance**. In other words, God will open your eyes to see, and your ears to hear ([Proverbs 20:12](#)) so that you can now make good decisions and choose life and live it more abundantly. Jesus said in John 10:10, “The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly.”

Some people may have a conflict with choosing good over evil, but in the end, God will reward those who do good and punish those who do evil ([Romans 2:6-16](#)). Our job is to repent, and then God will circumcise our heart (remove the scales that are over our eyes) that is preventing us from being able to clearly see to make good decisions. The ability to fulfill the commandments of God may seem unreachable, but that is only because of the barriers our mind puts in front of us. While living a life focused on the things of this world, it is difficult to choose life. In [Romans 10:5-10](#) Paul even uses this same argument that Moses used in Deuteronomy. Paul says if you repent and confess your sins you will be saved and be able to follow God’s commands. Paul also says a person who lives by faith says, “The word is near you, in your mouth and in your heart.” This is what God is saying in Deuteronomy 30:6 when He says, “He will circumcise our hearts so that we will love him.” Jesus also said, “If we love Him, we will keep His commandments.” If we choose to be a disciple and follow Jesus’ commands, we will have the eyes to see and ears to hear so we can choose life over death.

To choose life is to choose to love God. A person needs to study the instructions (Torah) of God without any other motive except to love God; without any selfish concerns. It is said that one who studies the Torah must study it for the sake of knowing and loving God. To do something simply because you accept it as the will of God. Matthew 11:28-30 says, “Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

Here are eight examples of areas you have the ability to choose life or death on a daily basis:

1. Be intentional about always moving forward in your relationship with God. We are commanded to grow and come closer to God ([2 Peter 3:18](#)).
2. Serve God with joy and happiness. This is the primary reason that curses come as stated in [Deuteronomy 28:45-47](#), “... Because you did not serve the Lord your God with joyfulness and gladness of heart...”
3. Examine your thought, speech, and actions daily and pay attention to what is coming out of you. Be purposeful in monitoring you. Paul says in 1 Corinthians 11:31, “But if we judged ourselves truly, we would not be judged.”
4. Control your speech. Do not slander or gossip or say words that destroy others ([Matthew 12:36](#)).

5. Not to be quick to anger ([James 1:19-20](#)). You cannot undo what you do in anger.
6. To not be lazy ([1 Timothy 5:8](#)), for work or when it comes to study and learning the things of God.
7. Do what you can to protect what your eyes see ([Proverbs 4:25](#)).
8. Do what you can to protect what your ears hear ([Isaiah 33:15](#))

You have challenges in front of you all the time, and you have a choice to choose life or death. That is the free will everyone has. The choice should be to choose what God wants. His will is that you choose what His instructions say to do. The best choice is to repent, learn God's instructions, pray, strengthen your faith, and believe by choosing life (God's ways).

Adam & Eve had the opportunity to eat from the Tree of Life and gain eternal life.

Instead they chose to eat from the Tree of Knowledge of Good and Evil because they could not control their personal desires.

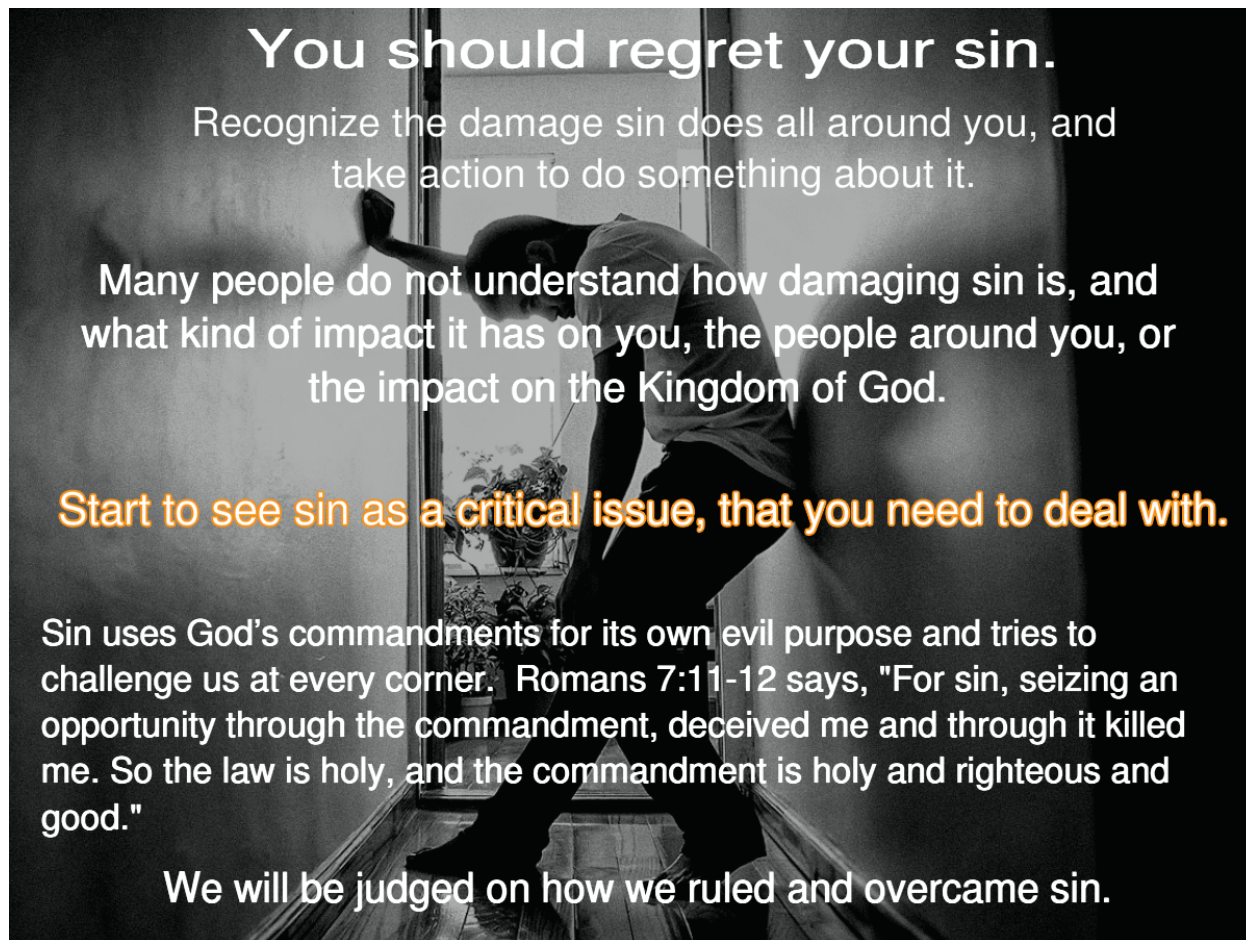
Genesis 2:9 - 3:6 "... The tree of life was in the midst of the garden... And the Lord God commanded the man, saying, "You may surely eat of every tree of the garden, but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die... when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate."

 HowDoIRepent.org

You Get to Choose Life or Death

Your repentance journey is up to you, it will be more successful, and go to a higher level when you choose to ask, "What is it that God wants me to do in this situation, and what does He expect from me?" This takes humility, and this is choosing the path of life.

Day 21 – What Is True Regret For Sin?



You should regret your sin.

Recognize the damage sin does all around you, and take action to do something about it.

Many people do not understand how damaging sin is, and what kind of impact it has on you, the people around you, or the impact on the Kingdom of God.

Start to see sin as a critical issue, that you need to deal with.

Sin uses God's commandments for its own evil purpose and tries to challenge us at every corner. Romans 7:11-12 says, "For sin, seizing an opportunity through the commandment, deceived me and through it killed me. So the law is holy, and the commandment is holy and righteous and good."

We will be judged on how we ruled and overcame sin.

What does it really mean to regret your sin? A Rabbi once explained it best like this – How would you feel if you bought a lottery ticket and a friend walks up to you and offers you \$1000 for it and you take it, and then later that week you are watching the news and you hear your friend just won the Mega Jackpot with it? You would be banging your head saying – O' what did I just do? Hearing that news would be a sinking feeling in your gut. That feeling should be the equivalent amount of regret you feel from the sin you committed in your life.

True Regret For Sin Comes When You Recognize the Damage it Causes

Many people do not understand how damaging sin is, and what kind of impact it has on you, the people around you, or the impact on the Kingdom of God. Sin is seen as just a normal part of life, as if it is something I can go on doing every day, like it is no big deal. Paul says in Romans 14:10, "... we will all stand before the judgment seat of God." This

means you will be going to court for your sins, your good deeds, and every idle word you spoke ([Matthew 12:36](#)). Every time you sin you need to see it as a warrant that has been put out for your arrest. That warrant will always be there until you go before the judge and deal with it. No matter how many years you do nothing about the warrant, one day you will be driving along and get pulled over by a police officer, and you will have to take care of it. Just like you would have to deal with a warrant for your arrest, God wants you to deal with your sin now before you get to the judgment Paul referred to. Also Jesus said, "...come to terms quickly with your accuser..." ([Matthew 5:24-26](#)). This is done through repentance.

One reason why people may keep on sinning is because they do not see sin as such a critical issue. Many of us tend to use the excuse we only need to rely on Jesus, and He will deal with our sinful desires for us, and that the Holy Spirit will change us. How we honestly choose to deal with our sins here in this lifetime will be made known on the day Paul spoke of in 2 Corinthians 5:10, "For we must all appear before the judgment seat of Christ, so that each one may receive what is due for what he has done in the body, whether good or evil." Jesus also said in Matthew 7:21-23, "Not everyone who says to me, Lord, Lord, will enter the kingdom of heaven, but the one who does the will of my Father who is in heaven. On that day many will say to me, Lord, Lord, did we not prophesy in your name, and cast out demons in your name, and do many mighty works in your name? And then will I declare to them, 'I never knew you; depart from me, you workers of lawlessness.'" Jesus makes it clear we are to deal with lawlessness, as God also said in [Genesis 4:7](#) "you must rule over sin."

If sin is so bad and by default it is our nature to sin, and God created us to be citizens of this world, then why will God judge us for our sins? So that we can understand the effects of sin ([Romans 7:7-25](#)). Sin uses God's commandments for its own evil purpose and tries to challenge us at every corner ([Romans 7:11](#)). We are going to be judged on how we ruled and overcame sin. We are to take this evil inclination that is in us (our flesh) which is unholy and makes it holy and restores it to holiness. That is a process, and through that process we come to love God more than this world itself. Our reward is a resurrected position in the Kingdom of God where we live on this earth as a resurrected being. Jesus gave us an example of what that will look like in [Luke 24:36-42](#).

Your job is to first recognize the sin, second regret the sin, and third accept on yourself that you will no longer do it and overcome it. **Even though it is easier said than done, you are to come to the point that you understand the damage you did, recognize there is a judgment for your sin, and start the process of restoring your life through repentance.** Simply put – clean up your mess!

During this 30-day journey you are to:

- Have a change of heart (switch your thinking)
- Think about what you have done
- Make a list of things you need to work on

- Bring all the junk in your life to the surface
- Come to the realization of what damage you have caused
- Have regret for sin
- Resolve not to sin any longer
- Work on cleaning up your mess (i.e. If you stole – pay it back, if you cannot, then donate time or money to charity. Pray and ask God’s forgiveness and seek His face on this.)

Paul says to stop sinning in [Romans 6:12-14](#), but many people have used this scripture to explain that you are completely under grace and you do not need to worry about your sins any longer. Does it even make sense to say that because you are under grace you do not need to worry about sin? Peter said people were perverting what Paul taught way back then too. In 2 Peter 3:16 he says, “... as he does in all his letters when he speaks in them of these matters. There are some things in them that are hard to understand, **which the ignorant and unstable twist to their own destruction**, as they do the other Scripture.” People are twisting Paul’s scriptures today as they were 2000 years ago by saying we do not need to worry about our sin. We do not get out of the judgment day and we will have to give an account of our life ([Romans 2:5-8](#)). We are to humble our hearts, submit to God, and work on our mess. A good analogy is, if you spill a cup of milk, it only makes sense to clean it up. Would you just leave it there and let someone else clean up the mess? That is what many people do with their sins, but the person they ask to clean it up is Jesus or the Holy Spirit. David said in Psalm 51:3, “For I know my transgressions, and my sin is ever before me.” This is why we continually need to repent and deal with them.

A Parable of a King, Honey, and True Repentance

There was a King who had barrels of honey. This was the best honey in the whole wide world! This King was so proud of this honey that he protected it every way possible. He had to go on a long journey for three months, and while he was gone, he hired three servants that he knew were capable of protecting it. He told them that he would reward them greatly for their service. After his journey, he called the three servants to bring him his honey. And upon inspection he saw that the first servant had not even opened his barrel and the all the honey was still there. He thanked the servant and paid him \$1000. The next servant stepped forward with his barrel, and the King saw that the container was empty. He immediately called the executioner in and chopped that servant’s head off. The third servant stepped forward, and the King noticed that the lid’s seal had been broken. After inspecting the barrel, the King saw there was only a few servings gone. The King said well done and paid the servant \$100,000. This outraged the first servant and he said, “how is it that I only received \$1000 and did not touch your honey, but yet this other servant has eaten some of your honey and you paid him \$100,000?” The King answered, this servant tasted how good the honey was, and chose not to eat it because he was doing a service to the King. That to me is far more valuable, especially after he tasted how good the honey was. This parable represents what true repentance is all about. After tasting sin, you choose not to pursue it any longer because you love God

more than the desires of sin. You choose to overcome it – that is what the King wants from you.

Where Do You Go From Here

You should review your list that you have been working on in this journey and add anything you forgot to it, ask God to reveal the damage you did to him, yourself, and to others around you. Ask for God's help, and commit to yourself that you can do this, you can make rectification. This is a process, and it can take a year or longer, but commit to it – it will change your life. You are a vessel that has been broken by sin. God is in the business of fixing us, but He wants to work with us on this journey. God wants to fill your vessel with blessings, but there has to be a vessel that does not have cracks in it and can hold the blessings. You have to do your part to put the pieces back together too, and then God can finish it up and bring you to a complete restoration.

Think about the words of Paul in Romans 8:1-2 when he says, "There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death." Pick yourself up and wipe off the dust, take sin seriously and know it has consequences. Choose to live a life of repentance, study God's Instructions (His Torah) and apply them in your life as He reveals how to, and God's spirit will lead you and set you free. He will point you in the right direction in life. He will open your eyes. You will be able to choose life, and you will no longer be under the law that sends you to a death where you are disconnected from God for eternity.

True regret for sin is where you recognize the damage it is doing all around you, and you take action to do something about it and overcome it.

Day 22 – How does confession of sin heal your soul

Confession of sin will heal your soul

Knowledge of the soul will also help you have a much better understanding of the repentance process described throughout the Bible.

Many people do not understand how damaging sin is, and what kind of impact it has on your soul.

We disconnect from God when we live a sinful life, and we re-connect to God through our obedient actions done in faith.

When we ask for His help, through the merit of Jesus and through our obedience to confess that we are not obeying God, He allows us to start the process of reconnecting to Him through repentance.

When you truly live repentance out, your confession will heal your soul.

In Luke [16:19-31](#) Jesus tells a parable about the Rich Man and Lazarus. Jesus explains that the rich man was in Hades where he was in torment, and Lazarus was at the side of Abraham. This parable is a very good example **we have a soul**, and it does need to be made clean in order to end up in the correct place where it was intended to be. How we live here, determines our spiritual destiny.

In an audio teaching series Pastor Daniel Lancaster recorded called, "[What About Heaven and Hell](#)", he brought out a few extraordinary thoughts that are worth mentioning here. First, this parable shows when we die and go into the World of Truth, just as the Rich Man knew Lazarus, we will know and recognize people that were in our life. As the Rich Man was asking Abraham to send Lazarus back to reveal the truth to his family members, this reveals that those who are in Hades are praying for their relatives. Something else Pastor Lancaster mentioned about the parable was that Jesus was answering the question, "Does someone who is crippled automatically go to Heaven?" and apparently the answer was yes because Jesus said, "... while Lazarus received bad things, but now he is comforted here..." ([Luke 16:25](#)). The last thing that was very important about this parable is when Jesus said, "... If they do not listen to

Moses and the Prophets, they will not be convinced even if someone rises from the dead.” ([Luke 16:31](#)). The Bible gives few clues about our soul, but there are two main points about this parable Jesus is explaining in reference to our soul. First, we do have a soul and we are going to be rewarded and punished based on our life experiences here. Second, if we do not listen to Moses and the Prophets, most likely we are not going to believe someone was even raised from the dead.

Your Nefesh Is Your Identity

Today there are many people resuscitated from CPR or from other medical procedures, and many people have come back to tell their experience. It happens so much today that many people roll their eyes when they hear about another person sharing their near-death experience. There are a few common experiences over the years that seem to be similar, and that is when you die, you can see yourself from outside of your body. The Rabbis refer to this (“you are seeing yourself”) as your Nefesh, and this is who you are when you leave here. Pastor Lancaster explained this best in his series on [The World of Souls](#) when he said, “imagine you have silly puddy and you put it on a newspaper image. When you lift it up you will see the image on the silly puddy. That is what your Nefesh will do – it takes an imprint of your life and sears it to your Nefesh and that becomes a part of your eternal identity.”

If you have a hard time believing anything about the subject of the soul and the identity that is within it, please try to at least understand the concept. Since you are reading this it is most likely you do believe in the resurrection, therefore, talking about the soul should not be much different. Knowledge of the soul will also help you have a much better understanding of the repentance process described throughout the Bible. There are many sources online, and Pastor Lancaster’s teachings are by far the best from a Christian perspective.

Three Strands are not Quickly Broken

The Rabbis speak of five layers of your soul, but there are only three layers that need to be discussed here to understand how confession has a part of cleansing the soul, they are called the Nefesh, Ruach, and Neshamah. According to many [Jewish sources](#), the Nefesh is the soul as the engine of physical life. The Ruach is the emotional self and “personality.” The Neshamah is the intellectual self. Another way some Rabbis explain this is that the Nefesh represents your actions, the Ruach represents your speech, and the Neshamah represents your thoughts. All three of these work together to stay connected to God in order for us to be led by the Spirit of God. As Paul says in Romans 8:14, “For all who are led by the Spirit of God are sons of God.”



We disconnect from God when we live a sinful life, and we re-connect to God through repentance and our obedient actions done in faith. James says in James 2:24, “You see that a person is justified by works and not by faith alone.” According to the Rabbis each level of your soul can be disconnected from the level that is above it. For example, when you do a sin that is related to actions, the Nefesh (action) starts to disconnect from the level of Ruach (speech). In the same way each level can be reconnected through repentance. The Ruach (speech) is the middle level between Nefesh (action) and Neshamah (thoughts). As your soul becomes disconnected it is said you experience depression, aggravation, and confusion. This helps understand why someone living in sin cannot comprehend the things of God or why someone would not know how to choose life over death. God leaves us a single thread that allows us to recognize we need help. When we ask for His help, through the merit of Jesus and through our obedience to confess that we are not obeying God, He allows us to start the process of reconnecting to Him through repentance.

Each part of the soul is a separate piece connecting to each other. As stated in Ecclesiastes 4:12, “**Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.**”

- When we confess our sin (**Speech**) our Ruach connects back to the Nefesh and Neshamah.
- When we stop the sin (**Actions**), our Nefesh heals.
- When we start to understand and feel regret (**Thoughts**) our Neshamah starts to heal.

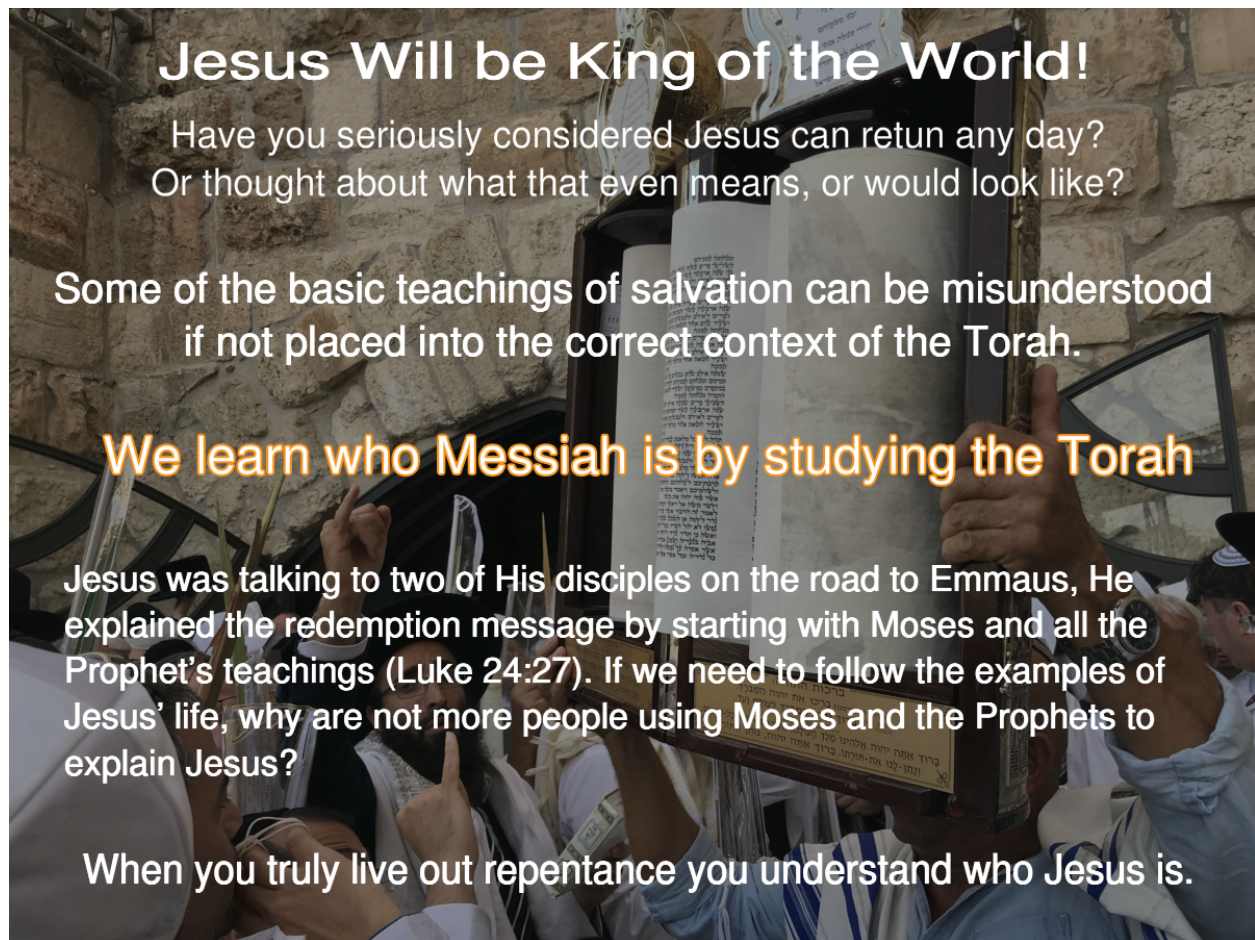
Healing of Your Soul Allows You to be Fully Connected to God

All three of these need to be healed and restored to be fully connected to God in order to be led by the Spirit of God. The stronger our Nefesh is, the easier it is to live for God and keep His commandments. The stronger our Ruach is the less we have evil speech. The stronger our Neshamah is the more pure our thoughts are. This is why a life of repentance is so vital to always stay connected with God. Having a disconnected soul is like having static on your radio. A radio frequency has to be clear in order to have good reception to hear what is being broadcast. In the same way, sin causes interference with our soul in relationship to God.

In the parable of the Rich Man and Lazarus, Jesus explains we have to listen to Moses and the Prophets to be in a place to understand what repentance is ([Luke 16:29-31](#)). When we understand God's instructions (Torah), we can believe and apply the correct actions with our faith, and take complete advantage in the knowledge of the resurrection of Jesus and rely on His merit in order to live a life of repentance.

As you go through this 30-day journey and work through the repentance process, know that there is a healing of your soul taking place deep inside of you that is far greater than you can comprehend. When you truly live repentance out, your confession will heal your soul.

Day 23 – Jesus Will be King of the World!



Have you seriously considered that Jesus can come back any day or thought about what that even means, or would look like? Although this is not always the case, many preachers do not teach from the Old Testament, and the Torah and Prophets (Old Testament) are the foundation and explains Jesus' return. Some of the basic teachings of salvation can be misunderstood if not placed into the correct context. For example, while Jesus was talking to two of His disciples on the road to Emmaus, He explained the redemption message by starting with Moses and all the Prophet's teachings ([Luke 24:27](#)). If we need to follow the examples of Jesus' life, why are not more people using Moses and the Prophets to explain Jesus? Everything in the Bible has to have a direct reference to the Torah and the Prophets (called the Tanakh), if not, the teaching can be possibly a false teaching. If you believe the New Testament is saying something in contradiction to the Torah, then you need to keep searching the matter out. The New Testament cannot be in conflict with the Torah and Prophets. Jesus cannot be disconnected from the Torah, and everything about what a Messiah is **has to be verified** in the Torah and the Prophets. If you cannot verify a belief from within the Torah or Prophets, then that belief can easily disqualify Jesus from being a Messiah.

The following statements can be dangerous and misleading if they are not taught with foundational truths from the Torah:

- Jesus is a Jew who died for our sins, and He was rejected by His own people ([Luke 4:14-30](#)), and He was killed for our sins ([Isaiah 53:5](#)). The Jews are blinded until the time of the fulfillment of the Gentiles ([Romans 11:25](#)).
- Jesus was our sacrifice who atoned for our sin because we could not even try to be good enough to please God. ([1 John 2:2](#), [Romans 3:10](#))
- Jesus came to take away the sins of the world, and according to [John 3:16](#), He came so that the whole world can be saved.
- We are saved by faith and grace alone. ([Ephesians 2:8](#))
- We need to confess with our mouth to receive Jesus as our Savior. ([Romans 10:9](#))

Although the statements above are truths, without a good Torah foundation they can lead a person in the wrong direction in life and miss the entire goal of redemption. The following are helpful topics to build a solid foundation on.

- Torah
- Repentance
- Teaching of the Merit of the Righteous
- Measure for Measure
- Yom Kippur
- Grace of Moses
- In depth study on God's Instructions (the Torah)

The Torah says in [Leviticus 26:9-12](#) the goal is for God to confirm His covenant with Israel, and live here on this earth with them. Then God says that when they repent for all their sins, He will remember His Covenant with Jacob, Isaac, and Abraham ([Leviticus 26:40-42](#)). As an example of not having a solid Torah foundation about the Covenant that God made with Israel, many believe the following statement to be true with no scripture in the Old Testament to back it up:

- The Old Testament and New Testament are two different covenants, and we are under the New Covenant. The Old Covenant no longer is valid.

Does the New Covenant really replace the Old Covenant? Did you know the New Covenant is in the Old Testament ([Jeremiah 31:31-37](#), [Ezekiel 36:24-30](#))? It says the New Covenant is where we are going to follow the Torah and the whole world will know God. Is the world really there today? Does everyone follow the Torah and know God? To answer these questions here is a great resource to learn more on this subject. [What About The New Covenant](#)

When people do not have a solid Torah and Prophets foundation they **do not**:

- Worry about their sins

- Pay attention to nor try to follow God’s commandments
- Understand the importance of a Messiah
- Fully understand what the [responsibilities of a disciple](#) are

Many are fully convinced all they have to do is believe in Jesus and they will be under grace and are “Ok.” However, even Paul says in [Romans 2](#) we will be judged for our works. The very foundation of what Jesus taught was to repent ([Matthew 4:17](#)). It is also sometimes taught we do not need to worry about our deeds, but Jesus was asked what must a person do to inherit eternal life and He answered by saying keep the commandments ([Matthew 19:16-22](#) / [Mark 10:17-22](#).) The very death of Jesus dying on the cross was a deed. How is it that our Messiah had to keep the commandments, and we are told not to worry about any of them? If all there was to do is believe in our mind that Jesus is Lord, and then stand in line and receive a reward for not participating in anything, we would find it in scriptures. It scripturally is not accurate. The process of repentance includes learning and applying God’s commandments.

You **are not** saved by your deeds, nor do they lead you to salvation, but they are fruits of repentance and reveal you are a child of God. The judgment Paul referred to in [Romans 2](#) should be viewed as a good thing. The judgment will validate who you are in Messiah. How will that be done? By your deeds.

The Bible explains what God required of man in Micah 6:8. It says, “He has told you, O man, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?” We learn what it means to do justice, to love kindness, and to walk humbly through a life long journey of repentance.

What can we expect when Jesus is the king of the world?

People often say they cannot wait for Jesus to come back, but the problem with this statement is many people have never heard what the Torah or the Prophets say will happen when the Messiah comes. The best commentary on this subject is from the [Torah Club ‘Shadows of the Messiah’, by FFOZ](#). This post is in no way a complete commentary on the subject of Jesus’ return, but for the purpose of this 30-day journey we are going to list six major points about His return that is suggested for you to search out. We are only putting a few scriptures listed below, but the Torah and Prophets have a plethora of information on this topic:

- The Messiah will be like Moses and He will teach and live according to the Torah ([Deuteronomy 18:15](#), [Acts 3:21-23](#))
- The Messiah will bring the children of Israel out of Exile and return them to the land of Israel ([Deuteronomy 30:1-10](#), [Isaiah 11:12](#))
- The Messiah will fight a huge battle in [Egypt](#) and Jerusalem ([Isaiah 19](#), [Zechariah 14](#))

- The Messiah will bring the resurrection of the dead. What will it be like when there are resurrected and non-resurrected people living in the same city ([1 Corinthians 15:50-53](#), [Ezekiel 44](#))
- The Messiah will rule from Jerusalem and enforce the Torah ([Micah 4:1-4](#), [Isaiah 2:1-4](#))
- What can those who do not repent expect ([Luke 17:34-37](#))

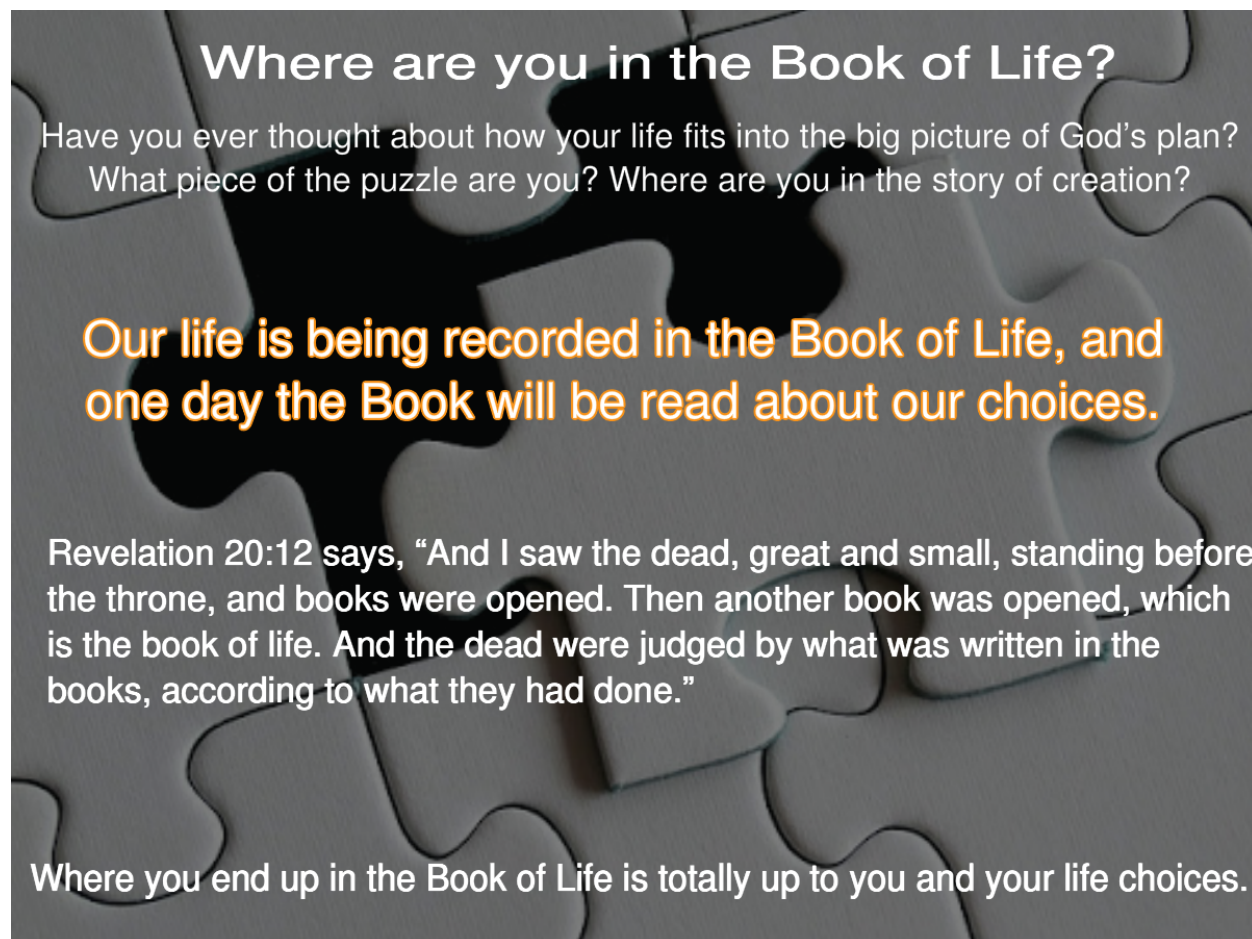
Here are some other resources about what it will look like when our Messiah comes back, and we are in the [Messianic Age](#).

Jesus did not say He came so that you **do not** need to go through the repentance process. In fact, Jesus said just the opposite, “Repent for the Kingdom of God is at hand.” This 30-day journey was created to help you do just that, to repent and understand it is a life long journey. We should at the very minimum go through an inventory of where we are at once a year, and then do something to improve ourselves.

A good resource to know Jesus at a much deeper level from the teachings of the Torah and Prophets is [JesusMyRabbi.org](#). Also, take some time to learn about the [7 Noahide Laws](#), and listen to Daniel Lancaster’s teaching about them below.



Day 24 – Where Are You in the Book of Life?



Have you ever thought about how your life fits into the big picture of God's plan? What piece of the puzzle are you? Where are you in the story of creation? In the Book of Life? Every Tishri 1 (on the Jewish Calendar) is an appointed time called Rosh Hashanah. Rabbis say this day was the 1st day of Creation; it is the world's birthday. It is also called a day of judgment. The word judgment can mean "to come to a **sensible conclusion.**" Rosh Hashanah is also decision day when Heaven decides what is going to happen to you for the upcoming year. According to Rabbi David Fohrman, [Rosh Hashanah](#) is not only a day of judgment, but also about three other topics that are in the Jewish prayers for that day: kingship, memory, and blowing the shofar. Rosh Hashanah is a day to celebrate the King, to know God has good memories of us in His story of creation, and for Israel to remember the voice of God at Mount Sinai when God gave the Torah. The blowing of the shofar is referenced in [Exodus 19:16](#).

If you are living a life of repentance, then judgment day should not have a bad outcome at all. It is the day a verdict will be made by God on your life, and that verdict is based on a sensible conclusion of how you repented in this life. You can either take responsibility for your actions and make corrections, or you can blame others for your

results. Many people say the original sin was eating of the tree of knowledge of good and evil, but what about the sin of being ungrateful for having everything else and still wanting more? Adam and Eve had everything except one thing, fruit from the tree, and they still wanted that one thing they could not have. When Adam sinned in the Garden of Eden he was not even grateful for Eve, and he tried to blame God for creating her ([Genesis 3:12](#)). Rabbi Fohrman explains how after that sin they could not even look at themselves because of the evil they then knew about themselves, and they recognized they were naked and had to cover up. That day was 'Judgment Day' for them – a sensible conclusion had been made, and they now had to live in sin for their deeds. What happened to Adam and Eve is ironic because in [Deuteronomy 28:45-47](#) it says that the curses come "because you did not serve the Lord your God with joyfulness and gladness of heart." Curses come because we want more and are ungrateful for what we have. [Aleph Beta](#) had a great explanation of the curses. The results of our life will either be – we will reign with Messiah on this earth for 1000 years (the [Messianic Kingdom](#)), or we will be judged at the end of the 1000 years ([Revelation 20](#)). Revelation 20:12 says, "And I saw the dead, great and small, standing before the throne, and books were opened. Then another book was opened, which is the book of life. And the dead were judged by what was written in the books, according to what they had done." Where you end up in the Book of Life is totally up to you and your life choices.

What is the Book of Life?

Rabbis say the Book of Life is the Torah, which is called Torat Chaim (a living Torah). The word Torah means 'instruction' or 'guidance', for the Torah is our guide in life. According to [Chabad.org](#) the Torah makes us constantly aware of our duties in life; it gives us a true definition of our purpose, and it shows us the ways and means of attaining this goal. The Jewish people all over the world read the same portion of Torah every week throughout the year. It is called the weekly portion. If you follow along with the portions, you will see God speaks directly to you in your life in whatever situation you are in, and the Torah becomes alive. [The Daily Bread](#) is a very good resource if you wish to follow along with the Torah Portion readings every year. Here are 46 easy to follow short videos for each week's Torah portion from [Aleph Beta](#). It is really amazing when you get in the rhythm of following the Torah how the Bible becomes alive. Paul makes mention of the weekly portion in [1 Timothy 4:13](#) where he says, "... devote yourself to the public reading of Scripture ..." The weekly portion is read in every Jewish Synagogue every week and has been since the time of Ezra.

One of the best analogies of the Book of Life was given by Pastor Daniel Lancaster. To paraphrase what he said:

Before this world was ever created God wanted to be a King, and He wrote a book about it. In the book he wrote out what His thoughts were about each and every person in the Kingdom. He made the book so that if a person made a decision, that plan would change, and it would impact every single person in their genealogy. It was more of a 'choose your own adventure' type book.



In [Leviticus 26:40](#) it says we are to confess our iniquity and the iniquity of our fathers. In [Malachi 3:16](#) it talks about how the Lord paid attention and heard them, and a book of remembrance was written. Jesus said in [Revelation 3:5](#) for the one who conquers, “I will never blot his name out of the book of life.” In [Revelation 20:12](#) it says the dead were judged by what was written in the books. The analogy Pastor Lancaster gave was very good, because it gives the perspective every person is truly choosing their own path, and every one of us is preparing ourselves for the day we get our verdict. With this perspective in mind one can imagine how God thought through the

entire process from start to finish, and the billions of people that were involved. Everything about what God intended was written in the book a long time ago. Think about your parents, the pets you have had, the living conditions you were born into, the location you grew up in – what a web of lives, and how incredible our God is. The Rabbis say repentance was one of the first things God made before the foundation of the world, and it was put in place to make correction and get back on the best possible path. It makes sense that we need to ask God for forgiveness of our fathers, they are a part of our journey in this book. Our life is being recorded and one day the book will be read about our choices. Our verdict will be a sensible conclusion of our repentance or lack thereof. It will be a ‘moment of truth’ – there will be nothing to hide.

A Parable About a King Who Gave His Friend a \$1,000,000 Loan

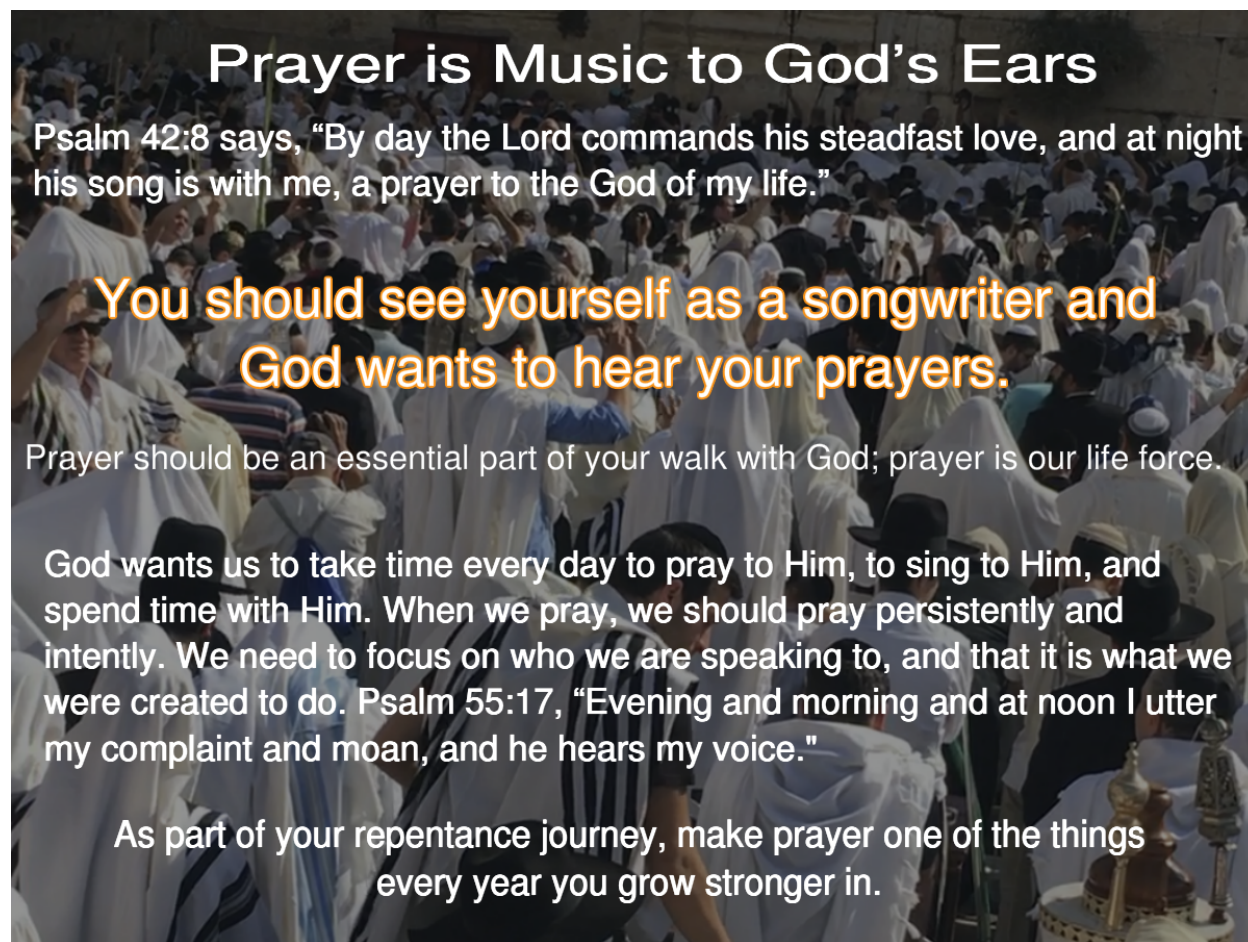
There was a king who once had a friend who was an entrepreneur. The friend needed to borrow a million dollars for a new business venture, and he decided to ask the King for an interest free loan. So, the King decided to assist him and said yes, but the King wanted to have balance in his kingdom and searched and found another citizen who needed a loan for the same amount and gave that citizen a loan for the same amount. He told both of them there was one condition. They had to pay back the loan exactly 20 years from that day. Later on, the King sent one of his servants to tell his friend that he required a payment for \$50,000 every year. The friend complained to the King’s servant, but he said the King said, “No questions asked. This was a demand from the King, not an option.” The King’s friend agreed. About six years later the King’s friend saw the other servant the King gave a loan to, and he asked him how he was adjusting to paying the \$50,000 back every year. When the other servant told the King’s friend, “I don’t know what you’re talking about. I was not asked to pay a payment every year.” the King’s friend went and complained to the King, but the King refused to talk about it, and sent him off on his way. On the day the final payment was due, the King’s friend came to the King and paid him the last \$50,000. At that time the other servant came walking in

and said, 'King, I only need a little bit longer...' A few seconds later, the executioner came from behind and chopped the head off of that servant. The King looked at his friend and said, "I knew you would have had the same issue, and I did not want to risk your life, so I made you make a payment every year."

This is an analogy to what Rosh Hashanah is about every year. It is an annual payment on our life, which is a time to repent and for us to make corrections. Rosh Hashanah is a time when we remember the King, think about the memory God has of us in His book, and a time to remember God spoke to Israel and blasted a shofar where God gave Israel instructions (Torah) on how they are to live life.

If we live a [repentance driven life](#), we will be prepared at the end of life for a **sensible conclusion**, and we will know exactly where we are in the story of creation and the Book of Life.

Day 25 – Prayer Is Music To God’s Ears



Have you ever wondered why music is such a powerful thing, and can impact a person in a positive way? The Rabbis say that prayer is us singing to God, and we were created to pray. In [1 Thessalonians 5:16-18](#) it says that it is God’s will for us to “pray without ceasing.” Prayer should be an essential part of our walk with God; prayer is our life force. In Psalm 42:8 it says, “By day the Lord commands his steadfast love, and at night his song is with me, a prayer to the God of my life.” You should see yourself as a songwriter and God wants to hear your prayers. Your prayers are music to God’s ears.

If you stand outside downtown Jerusalem on the Sabbath, it is very likely you will hear singing from the families in the neighborhoods because singing is big part of the day. Many of the songs sung are rooted in the scriptures. If you visit a Jewish Synagogue on any given day you will hear them singing the Psalms and other scriptures. Hearing the prayers of the Jewish people singing to the Lord is something every Christian in the world should experience. It will change your entire perspective on prayer, and It will help make more sense of [Psalm 42:8](#) mentioned above.

Our Prayers Are a Melody to God

Our prayers are songs to God, and He loves to hear them from our mouths. We were created to praise Him, to sing to Him, to serve Him. As Rabbi Anava says we are a music station that God listens to. Even the Torah Portions are sung every Sabbath in the Jewish Synagogues. The Torah has what are called [cantillation marks](#) in the Hebrew language and are used as notes to sing the scripture. [Here](#) is an example of someone singing the portion in Hebrew very slowly in order to teach others how to pronounce the words. God created us to sing to Him, and when you sing the scriptures in the Hebrew language, the scriptures sound beautiful. They are music to God.

Although a small part of prayer is for our benefit, the prayers are mainly for God's benefit. This physical world is a shadow of the spiritual world. Just as music is such an enormous part of our life in the physical world, it is a huge part of the spiritual world. If you read [Revelation 4-5](#), you will see that liturgical prayers are a big a part of what John saw in Heaven. Understanding that prayers are singing puts a clearer perspective of what he saw.

There are many types of prayers:

- Repentance
- Request for needs
- Praise to the Master of the Universe
- Of thanks
- Begging and asking
- Dedication
- Grace after meals
- Sabbath, and other appointed times
- Healing
- Travel
- Many others....

Devout Jews pray at a minimum three times a day, and many of them are sung. The Bible says in Psalm 55:17, "Evening and morning and at noon I utter my complaint and moan, and he hears my voice." Many other God-Fearing people pray three times a day as well. As an example in Acts 10:1-3, "There was a certain man in Caesarea called Cornelius, a centurion of what was called the Italian Regiment, a devout man and one who feared God with all his household, who gave alms generously to the people, and prayed to God always. About the ninth hour of the day he saw clearly in a vision an angel of God coming in and saying to him, Cornelius." The ninth hour is referring to the time of Jewish prayer, and Cornelius was a Gentile praying. Aaron Eby wrote a couple of books on prayer that are excellent resources called [Rabbi Teach Us To Pray](#), and [First Steps in Messianic Jewish Prayer](#). Both of these are very good if you want to learn how to pray. Aaron speaks of the rhythm of how prayers are being

offered. This is like a continual soundwave emanating from the earth 24 hours a day through the different time zones every day, all year, around the world.

God wants us to take time every day to pray to Him, to sing to Him, and spend time with Him. When we pray, we should pray persistently and with intent. We need to focus on who we are speaking to, and know that it is what we were created to do. There is a book called the Didache: The Teaching of the Twelve Apostles. The Didache, is a brief anonymous set of instructions, and they have been dated by most modern scholars to the first century. It provides a window into the faith and practice of the earliest Gentile disciples and the instructions they received from the Jewish Apostles. Toby Janicki wrote an excellent commentary on it in a book called "[Didache: A New Translation and Messianic Jewish Commentary](#)". The Apostles told the Gentiles to pray the Lord's Prayer at least three times a day. There is also an excellent Gentile prayer for [grace after meals](#) in the Didache. Here is a six-minute video explaining [grace after meals](#).

The Lord's Prayer

Luke 11:1 says, "Jesus was praying in a certain place, and when he finished, one of his disciples said to him, "Lord, teach us to pray, as John taught his disciples."

Understanding the Lord's Prayer from a Jewish perspective can be very eye opening. It is common for Rabbis to teach their followers how to pray, and Jesus said in Matthew 6:9-13 this is how we should pray, "In this manner, therefore, pray: Our Father in heaven, Hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen."

Jesus said we should be praying about these six topics when praying as He taught:

- We ask God to let His name be sanctified in our life – "Hallowed (Sanctified) be Your name"
- Let Jesus come back to reign as King – "Your kingdom come"
- Let God's commandments be done on this earth – "Your will be done on earth as it is in heaven"
- Give us our portion of God's Instructions for each day – "Give us this day our daily bread"
- Forgive us and help us to walk out repentance – "forgive us our debts, as we forgive our debtors"
- Deliver us from our evil inclination that is in us, and to help us overcome the challenges in order to grow in our faith – "deliver us from the evil one"

In addition to praying the Lord's prayer, here is an excellent prayer for the [Restoration of Israel](#), along with some other great resources from [FFOZ](#) for prayer.

Below is a wonderful teaching from a Pastor in Jerusalem, Lars Enarson from the [Watchman International](#), on the Lord's Prayer. May it bless you.



Here is [Troy Mitchell](#) singing the last half of Psalm 116 in Hebrew in honor of Rosh Chodesh Sivan.



As part of your repentance journey, make prayer one of the things every year you grow stronger in. Become a songwriter, make your prayers music to God's ears!

Day 26 – How Do You Build Your Temple and Hasten the Day of the Lord?

Build Your Temple and Hasten The Day of the Lord

Paul says in 1 Corinthians 6:19, “Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own.”

Start today by creating a list of what it is you need to improve and/or refine, and commit to working through it.

The Rabbis say when we stand in judgment, we will be asked three questions:

- Did you conduct business in an honest manner?
- Did you set time apart to study God’s instructions?
- Have you anxiously awaited the redemption, and what did you do to prepare?

2 Peter 3:11-12 "... what kind of people ought you to be? You ought to live holy and godly lives as you look forward to the day of God and speed its coming...."

If Jesus visits your house today, are you prepared to accept a Jewish King?
Do you understand the Temple, and what His customs and lifestyles are?

In Exodus 25:8 Moses was told by God to make Him a sanctuary as it says, “Then have them make a sanctuary for me, and I will dwell among them.” The Rabbis say this is a commandment for everyone. In Ezekiel 37:26-28 it says, “I will make a covenant of peace with them, and it shall be an everlasting covenant with them; I will establish them and multiply them, and I will set My sanctuary in their midst forevermore. My tabernacle also shall be with them; indeed, I will be their God, and they shall be My people. The nations also will know that I, the Lord, sanctify Israel, when My sanctuary is in their midst forevermore.” When Rabbi Jesus was here, the Temple was the core topic of His discussion, and when He comes back, God will set His Temple back in place here. While we wait for that day of Jesus’ return, we need to be working on our own sanctuary to hasten that day. Paul says in 1 Corinthians 6:19, “Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own.” The Rabbis comment on Exodus 25:8 and say we are to make a sanctuary for God, and unless the sanctuary is dedicated to God’s service (which is living out God’s commandments), it is meaningless. The sanctuary is a place for God to

dwell among us. A place for our prayers and sacrifices to be accepted. A place that has been set apart for God and made holy.

After Jesus ascended to Heaven, the Apostles remained close to the Temple, and they continued to participate and worship in the Temple. Paul even continued to do sacrifices along with everyone else. For example, in Acts 21, there were people doing exactly what is happening today and saying that Paul told the Jews to no longer keep the Laws of Moses. In [Acts 21:19-26](#) Paul was explaining that because of the knowledge of Jesus, the Jews were more zealous to keep the Torah. Paul even proved he was still keeping the Torah by purchasing the animals used for sacrifices for the other individuals with him that was needed to sanctify themselves after doing a [Nazarite vow](#). Without a proper understanding of what the sacrifices were, Paul's actions will not make sense.

The Sacrifices and the Temple

During the time of the Temples, there were five types of sacrifices (called korbanot) that were brought to the Temple. The word korban means to draw near. If you want to learn more about the sacrifices please read Daniel Lancaster's book called [What About the Sacrifices](#). It is a good resource that gives detailed information about each sacrifice and what they represent. He further explains how they will be used again when Jesus comes back. To help explain sacrifices in order that you understand them now, you should think about them as a way to eat dinner with God; you and your family are having a BBQ at the Temple. Although there are some sacrifices you do not eat, for a general understanding here, when you do get to eat them, God gets His portion of the animal, the Priest gets their portion, and you and your family get your portion. It is just like a very important date night with God. This illuminates why it was so important for everyone to be in a [state of purity](#) before going to the Temple for a sacrifice; they wanted to be prepared to meet with God.

Here are the five types of sacrifices:

- Burnt Offerings ([Leviticus 1](#))
- Grain Offerings ([Leviticus 2](#))
- Offerings of Well-Being ([Leviticus 3](#)) This is a Peace offering, and Paul used this offering to explain how we should view Jesus as a way to bring peace between God and man in [Ephesians 2:14-19](#).
- Sin Offerings ([Leviticus 4](#)) This is for unintentional sin and saying, "Oops, I did not mean to do that, and I messed up." It is for purification, and to put you back in a proper condition spiritually to continue to worship God in the Temple.
- Guilt Offerings ([Leviticus 5:14-19](#)) This was an offering for restitution.

The sacrifices are instituted when there is a Temple, therefore, since there is no Temple, no one gets to draw close to God through the sacrifice process at the Temple. In [Isaiah 56:6-7](#) it says that non-Jews (Gentiles) who keep Sabbath will have a place there, and "Their burnt offerings and their sacrifices will be accepted on my altar." There

is a lot more to this subject, but what you should understand for now is that when there is no Temple, and no sacrifices, our [prayers are the replacement](#). You can read more about prayers in [Day 25](#).

Something important to mention is how long sacrifices have been taking place. Sacrifices were well established before the 10 commandments were given to Moses. As stated on [Chabad.org](#), “The Bible records that Cain and Abel, sons of Adam and Eve, brought sacrifices to God: Cain from the fruits of the ground, and Abel from the choicest of his sheep. Noah sacrificed animals and birds to God upon leaving the Ark after the Great Flood. At the Binding of Isaac, Abraham brought a ram as a burnt offering in place of his son.” Why did God choose sacrifices as a method to draw close? It is one of those things we can ask Jesus about when He comes back. For now, studying the Torah helps bring light to this subject.

Understanding Holiness

It is hard for us to understand holiness because we are not living in the days of the Temple, but since Paul tells us we are the Temple for the Holy Spirit in [1 Corinthians 6:19](#), then we need to learn what that means. For the best teachings about the Temple you can visit Joe Good’s site called [Jerusalem Temple Study](#). He and his team developed a [Second Temple App](#) that gives a virtual tour of the Temple, created based on their biblical research and understanding. The Rabbis in Jerusalem at [The Temple Institute](#) use their research.

To know if we are building our temple correctly, we should consider the meaning behind the temple use. Here are a couple important things to consider about the Temple:

- It was a place to celebrate the appointed times (festivals) listed in [Leviticus 23](#).
 - Prayers every day
 - Sabbath
 - Spring Festivals that were about Jesus coming the first time:
 - Pesach (Passover & Feast of Unleavened Bread)
 - Pentecost (Feast of Weeks)
 - Fall Festivals that are pointing to Jesus’ second coming:
 - Rosh Hashanah (Feast of Trumpets)
 - Yom Kippur (Day of Atonement)
 - Sukkot (Feast of Tabernacles, a.k.a. Feast of Booths)
- It was a place of worship.

In [Ezekiel 37:12-14](#) it says, “I will open your graves and raise you from your graves.” Do you realize how powerful this statement is? The same [Spirit in Jesus](#) is going to raise you from the dead. When you say you have Jesus in your heart, you are saying you have a Torah Observant Jew living in you, and you are in a purified state for Him to dwell in. If you really think about how amazing that statement is, it should put an urgency for you to do your part to make sure your dwelling place is ready. Have you ever thought what it would be like for Jesus to visit your house? What if He was hungry

– would you understand that Jesus is Jewish and can only eat [Kosher food](#)? What if Jesus came to your house on [Sabbath](#) or one of the other festivals, would you understand what that means? These questions are not to be condemning, this is to motivate you to learn about these topics.

The Rabbis say when we stand in judgment, we will be asked three questions:

- Did you conduct business in an honest manner?
- Did you set time apart to study God's instructions?
- Have you anxiously awaited the redemption, and what did you do to prepare for it?

Hasten the Day of the Lord

[Peter](#) said we are to speed up (hasten) the day of the coming of the Lord. Exactly how can we speed it up?

- Live a repentance driven life
- Spend your life studying the Torah and Scriptures (Prophets and New Testament)
- Learn what jurisdiction you live in
- Apply what you learn every year

When you live a repentant life, you will impact every single person in your life; your family, your friends, and your co-workers. God will use your life as an example, and you will be fulfilling the commandments as Jesus did. If you fulfil your job, it does not mean you are done working, it means you have done your job. To live a holy life means to live a separated life. If you apply what you learn every year, you will live out holiness. James 1:22 says, "But be doers of the word, and not hearers only, deceiving yourselves." Jesus said we are to count the [cost](#), and it is a lifetime commitment to study and live out the word of God. The most important steps in doing this, are desiring to know the things of God, to know what God's desires are, and to live them out. When studying the Bible, you get to know what God's thoughts are and how He thinks.

If Jesus our Jewish King comes today, would you want to know and understand what His customs and lifestyle are? Would you want to know how and what festivals he celebrated? Do you desire to understand what's it like for King Jesus to keep the Sabbath, or how He prays? You can find the answers to all of these questions by studying the Bible from a Jewish perspective. To do this, you can check out some of the resources available in the [resource](#) section of this website.

The most important thing we need to do is prepare ourselves by refining our thoughts, speech, actions, and create a clean sanctuary within us where God can dwell. This is a

lifetime process. The Rabbis say the main objective God has for humanity is to make our physical body become holy. If you have not started your [30-day journey](#) yet, put your faith into action and start today. If you desire to live a [holy life](#), you can start by creating a list of what it is you need to improve and/or refine, write out an action plan, and then work on it.

The repentance process will build your Temple and hasten the day of the Lord; commit to working through it.

Day 27 – Living in Rhythm with Jesus (Celebrating the Appointed Feasts)

Living in Rhythm with Jesus

As disciples of Jesus, we can choose to be in the same rhythm of the holidays that Jesus followed, and partake in the Feasts of the Bible. Keeping the appointed feasts is not a salvation issue, they are an opportunity to know God more.

The Sabbath is a day created for blessings, and you have the opportunity to partake in it every Friday night.

There are keys to unlocking truths to understand God better, and His calendar (Feasts) is one way to do that. Habakkuk says “revelation awaits an appointed time.”

Isaiah 55:6-7 says, “Seek ye the Lord while he may be found, call ye upon him while he is near.” Every single one of these days are appointed times God is telling us He is near.

If you would like to be in rhythm with God’s calendar, you can partake at some level in each one of these appointed times.

As disciples of Jesus, we can choose to be in the same rhythm of the holidays (Feasts) that Jesus followed, and partake in the Feasts of the Bible. Keeping the appointed feasts is not a salvation issue, and please DO NOT feel condemned if you have never recognized the Sabbath or the appointed feasts before. You should, however, be aware there are keys to unlocking truths that we need for understanding God better. Partaking in His Feasts is one way to know Him better. [Habakkuk](#) says, “Revelation awaits an appointed time.” Every year we have the opportunity to partake in God’s appointed feasts and gain a deeper revelation of God. Each celebrated chance draws us closer to God. In [Genesis 2:1-3](#) it says “...God blessed the seventh day and made it holy, because on it God rested from all his work that he had done in creation.”

The Sabbath is a day created for blessings. If you believe in keeping the 10 commandments, the Sabbath is commandment number four. Every Friday night is an opportunity to partake and receive a [double portion](#). In Exodus 16:23 God commanded the people, “Tomorrow is a day of solemn rest, a holy Sabbath to the Lord.” This command was given to the children of Israel and the Gentiles that came out of Egypt

with them. The Sabbath was recognized well before God gave Moses the 10 Commandments. Needless to say, Exodus 20:8 says, “Remember the Sabbath day, to keep it holy.” Many people start honoring the Sabbath day when the sun goes down on Friday night by lighting a candle and taking communion. We understand there may be questions about when the Sabbath day begins; besides the biblical references we have, and the Jewish traditions for the day, many countries call the [actual day of Saturday](#) the “Sabbath”. Starting in [Genesis 1:5](#) it tells us God’s beginning of the day starts when the sun goes down as it says, “There was evening and there was morning.” Evening came first. Just as God has always used the Jewish people to give the world the Bible, they also have the understanding of how to keep the appointed feasts and when to celebrate them. If you would like more information on this subject here is a video from [Rabbi Richman](#) or a book [From Sabbath to Sabbath](#) by Daniel Lancaster.

Information About the Appointed Feasts

For the purpose of this 30-day journey we want to give you some information to help you start a journey, and provide a few resources for you to dig deeper to find out more information about the appointed feasts. This is intended to be a high-level overview of the appointed feasts that are listed in [Leviticus 23](#). In verse 1 it says, “These are the appointed feasts of the Lord that you shall proclaim as holy convocations; they are my appointed feasts.” It is much easier to learn about the feasts by partaking in them.

This is a list of God’s appointed feasts (do not let this information overwhelm you; please use it as a reference guide):

- **Sabbath** – is a time every week you have the opportunity to participate, and this day is also considered to be a rehearsal for the [Messianic Kingdom](#). In [Revelation 10:6](#) it says that time will be no more. In this life you have the opportunity to sanctify and set apart (make holy) time every Friday night through Saturday night as a blessed day just as God did. You will not always have this opportunity. This is a way to seek first the Kingdom of God and His righteousness and receive a double portion from Him.
- **Passover** (Pesach) – is a time once a year to remember God’s deliverance of Israel from Egypt. There is a [Passover Seder](#) meal that helps you experience the exodus of Egypt.
- **Feast of Unleavened Bread** – (Hag HaMatzot) is a time to remember the 40-years that Israel journeyed in the wilderness.
- **First Fruits** (Reishit) – is a time of celebration and is an agriculture event. For Christians this is to remember the resurrection of Jesus. Today it is celebrated as Easter.
- **Pentecost** (Shavuot) – is the 50th day after Passover. It was the day God gave the Torah to Israel in [Exodus 19](#), and it is also the day the Holy Spirit was poured out in [Acts 2](#). Both events had fire, smoke, loud sounds, and are milestones of our faith.

- **Trumpets** (Rosh HaShanah) – is a time when it is said that the King is in the Field. [Here](#) is an excellent teaching on this. The Rabbis say that on Rosh HaShanah the fate of every person is set for the coming year; i.e. who will die, how much money someone will make, the challenges we will have for the coming year, etc. 30 days prior to Rosh HaShanah is the month of Elul, and it is a time of repentance, and a reflection of what it is you need to work on for the coming year to draw closer to God. Leviticus 23:24 says, “Speak to the people of Israel, saying, In the seventh month, on the first day of the month, you shall observe a day of solemn rest, a **memorial proclaimed with blast of trumpets**, a holy convocation.” The memorial proclaimed with the blast of trumpets is from [Exodus 19:16-20](#), “On the morning of the third day there were thunders and lightnings and a thick cloud on the mountain and a **very loud trumpet blast**.” This was the day that God gave Israel the Torah, and Israel accepted it. On that day all Israel recognized God was the law giver, God defined what was good and evil, and they all said, “All that the Lord has spoken we will do” ([Exodus 19:8](#)). This event was Israel accepting God as King and coronating Him. According to Rabbi David Fohrman, “Rosh Hashanah is the day we are to remember that Israel had a core encounter with God.” This is also a time when God reviews our past year and considers how we lived. You can think of this like when a parent looks at pictures of their kids and exclaims over what they did (God’s memory of us is in His Book of Life). **Our life story is actually a memory written as a part of God’s big story.** The Rabbis say we also need to consider that God is ultimately King. Paul writes about this in [1 Corinthians 15:20-28](#). Alephbeta.org has an excellent guide for [Rosh Hashanah](#).
- **Day of Atonement** (Yom Kippur) – is a day when your story is sealed and locked up in the Book of Life. The final decision of what is going to happen in your life for the coming year is made, and whatever the verdict is, it is sealed. The 10 days between Rosh Hashanah and Yom Kippur are called the **Days of Awe**. It is a period of time when someone needs to pray for grace, mercy, compassion, and ask God to let them have the best year possible. You should prepare by taking an account of your life for the 30 days prior to these 10 days. The Rabbis describe this period as a time when the gates of heaven are open, and it is an **appointed time** where God will listen to your prayers of repentance. In Leviticus 16:30 it says, “For on this day shall atonement be made for you to cleanse you. You shall be clean before the Lord from all your sins.” Partaking in this day helps you live out a repentance driven life. [Yom Kippur](#) is a day of prayer and fasting, and it has been appointed by God to ask Him to forgive you of your sins.
- **Tabernacles** (Sukkot/Booths) – is a period of 8 days to celebrate God coming to dwell with us. The first 7 days are the celebration for the feast, and the 8th day is a special day to celebrate the Torah. [Leviticus 23:34-36](#)

[Isaiah 55:6-7](#) says, “Seek ye the Lord while he may be found, call ye upon him while he is near.” **Every single one of these days** are appointed times when God is telling us He is near. If you would like to be in rhythm with God’s calendar, you can partake at

some level in each one of these appointed times. For example, here are some practical ways to participate in them (all dates below are references for the United States.):

Start small you do not have to do all of this at once. This is for reference purposes only, today and tomorrow.



- On the **Sabbath**, on Friday night when the sun goes down, you can celebrate Sabbath by having communion, a special family dinner, and study the Torah. As you meet others who choose to experience Sabbath, you will grow in commitment to the day. Every family and community have their own traditions, but to help explain how you can share in the appointed time, here is a [simplified approach](#). Here are also [10 free audios](#) on Sabbath from Beth Immanuel Messianic Synagogue. In the back of Aaron Eby's book, [First Steps in Messianic Jewish Prayer](#) there are some helpful prayers. FFOZ also created a book specifically for Sabbath called [The Sabbath Table Prayer Book](#). It is full of helpful hints to lead you through many of the feasts.
- For **Passover** (March 28th, 2021) FFOZ has an excellent book for Christians to follow on Passover called the [Cup of Redemption: A Messianic Haggadah for Passover](#). The dinner will begin after sundown on the 27th, and it usually last until after midnight. Participating in a [seder](#) can be very eye opening to the death of Jesus.
- On the **Feast of Unleavened Bread** (March 29th, 2021), you can participate in this by joining in the counting of the Omer that is explained in [Leviticus 23:15-16](#). Check back around March and we will provide a document for you to follow for each of the days.
- **Shavuot** (May 17th, 2021) – Here is an audio on Shavuot from Beth Immanuel Messianic Synagogue.



- **Rosh HaShanah** will begin on the evening of Monday, September 6th and ends in the evening of Wednesday, September 8th, 2021. It is a [Yom Tov](#) (a good day). It is a two-day event. You should have a meal that is full of sweet foods and nothing sour or bitter. Start the meal by saying a prayer where you are joining yourself to the God of Israel, [the God of Abraham, Isaac, and Jacob](#), asking for forgiveness, and giving Him [authority as King](#). There is a [seder](#) before the meal, but if this is the first time you celebrate this day, you can at least eat sweet foods and you will be partaking in it. There's a dinner meal Monday and Tuesday night. Lunch meals Tuesday and Wednesday. Prayers are said on both days. If you are interested in learning more about how the Jews pray during this

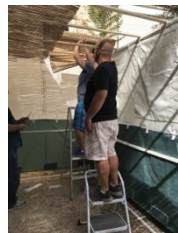
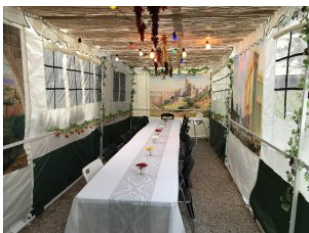
time Chabad.org has resources you can check out. Here is another good resource from FZOZ to help you understand the prayers.



- **Yom Kippur** is September 15th, 2021, and it starts at sundown on the 16th. There is a special dinner a couple hours before the sun goes down. Once the sun goes down (*make sure to check with your physician before partaking*) this starts a 24-hour period of time where you do not eat or drink (not even to brush your teeth). This is a fast day to the Lord. If fasting is too much for you, then at least do not self-indulge on that day. If necessary, Rabbis say it is permissible to eat an olive if needed to eat something. The point is, this is a fast day you are committing to God, confessing your sins, and [praying for forgiveness](#). You can stand in the gap for your friends and family and ask God to forgive them and have mercy. This is also a day many people give charity in memory of their parents to honor them.



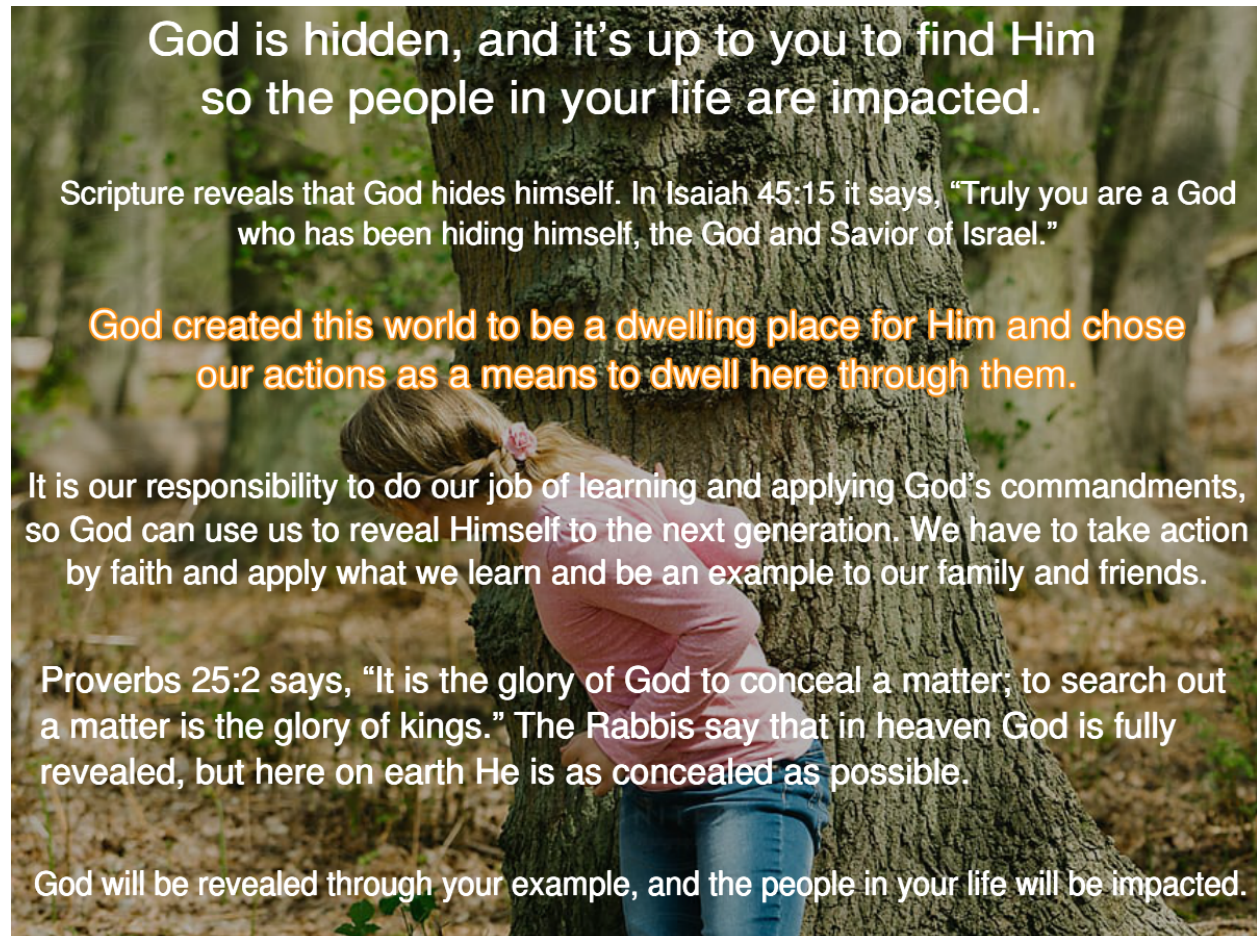
- **Sukkot** is October 3rd, 2020, and it starts at sundown on the 2nd. Here is a [Sukkot Field Guide](#). There is a special dinner a couple hours before the sun goes down, and this is a time where the Jewish people will eat at least once a day in a tabernacle, and sleep in it. It is kind of like an outdoor camp site structure (Sukkah.) It is also a time where everyone is commanded to be happy.



As you spend time with the Jewish people you will gain your own experiences and fall in love with the holidays. Please do not ever feel condemned or obligated to keep the appointed times exactly as the Jewish people do. If you are not Jewish and you want to partake and draw closer to God,

then do what you can- your best. The reason we have Jesus as our Messiah is to be able to connect to the Jewish people through Him and live in rhythm with Jesus. If you would like to be in rhythm with God's calendar, celebrating His appointed feasts is the best way.

Day 28 – God Hides Himself, and It’s Up to You to Find Him So the People in Your Life Are Impacted. (Part 1 of 2)



Scripture reveals that God hides himself. In Isaiah 45:15 it says, "Truly you are a God who has been hiding himself, the God and Savior of Israel." Proverbs 25:2 says, "It is the glory of God to conceal a matter; to search out a matter is the glory of kings." The Rabbis say that in heaven God is fully revealed, but here on earth He is as concealed as possible. In fact, God is so concealed here, unless you seek him out and are taught His ways, He is completely unknown to you. We are even capable of denying the existence of a creator; it may not make sense to us in our way of thinking but it is God's way of doing things.

Good and Evil Inclination

God created this world to be a dwelling place for Him and chose our actions as a means to dwell here through them. We can read the Bible, listen to preachers, and see "Jesus

Saves” on billboards and it is still possible not to understand that God wants to reveal himself to the world through us following His instructions. For example, if you have never read the scriptures from the original Hebrew text, it can sometimes be difficult to get a clear understanding of what was written in them. Jews wrote these scriptures, and if you are not reading the translation from a Jewish perspective, it can be even more difficult to have a true understanding of what God revealed through them. Example, Deuteronomy 6:5 says, “You shall love the Lord your God with all your heart and with all your soul and with all your might.” When you read this same passage in the Hebrew language you will see that it says you are to serve God with your good and bad heart (good and evil inclination). Here is an explanation with a Jewish perspective:

with all your heart: Hebrew it says: בְּכָל-לִבְבְּךָ [The double “veth” in לִבְבְּךָ, instead of the usual form לִבְךָ, suggests:] Love Him with your two inclinations [the good and the evil]. (Sifrei; Ber. 54a)

With the understanding you have a good and bad heart inside of you, learn to love God with both of them. This foundational understanding to know God has put both good and evil within you allows you the choice to **rule over** the evil with the good. Paul uses the following terms often, “flesh” (evil) and “spirit” (good), as an example in [Galatians 5:16-17](#). Bottom line is, God has done a very good job hiding Himself, and He wants to make sure we are seeking Him with all of our heart to find him.

Water Within Water

In [Genesis Chapter 1](#) it says when the “earth was formless and empty ... the Spirit of God was hovering over the waters.” Then it says, “...Let there be a vault between the waters to separate water from water... so God made the vault and separated the water under the vault from the water above it. And it was so. God called the vault sky.” What is important to note in these verses is that if you read this from a perspective of trying to figure out how the world was created, you may come up with one explanation, but if you read this from a perspective of this is explaining where God is dwelling, you see an entirely different perspective. The waters above reveal a spiritual world where God is fully revealed because God’s spirit is hovering above the waters, and the waters below where God’s spirit is not hovering, can indicate God is concealed. From this perspective the earth is kind of like a world within a world (water within water). According to Rabbi Shneur Zalman of Liadi God wanted to dwell in this world, and He chose to do this through our actions. From the beginning God chose to give us the Torah as a guide on how to live this life with God, and He initially gave it through Adam, and in turn each person helped teach their family and friends to know how God wanted everyone to live.

According to Jewish tradition the Instructions (Torah) passed from Adam to Abraham and took 20 generations before Abraham gave them to Isaac, who in turn gave them to Jacob. Noah’s grandfather lived during the time of Adam, and Noah also lived during the time of Abraham. There were sufficient instructions given to Abraham, and it is very clear why God made a covenant with Abraham when he said in Genesis 26, “...because

Abraham obeyed me and did everything, I required of him, keeping my commands, my decrees and my instructions.” Abraham got the [Oral Torah](#) from Noah and Shem, and Abraham followed the Instructions.

God Uses Us to Reveal Himself

It is our responsibility to do our job of learning and applying God’s commandments, so God can use us to reveal Himself to the next generation. We then have to take action by faith and apply what we learn and teach our family and friends. As an example, Noah learned enough from his family to prepare an ark, Jacob learned enough from Abraham and Isaac for him to understand his place in the Kingdom, Moses was able to do his part because of what Joseph did, and Jesus was able to do His part because Moses and all the Prophets had done their part. Every generation gets more revelation of God than the previous one, and when they do, they are responsible to act on what they understand.

In the generation when Jesus our Messiah returns, the book of [Revelation](#) says it will not be good for that generation because they did not repent. We have a clear [order to preach the Gospel](#), and the [good news](#) is the Kingdom of God is coming and we need to repent and go through the process to be ready. With the knowledge of God this generation has today, it is important NOT TO allow distractions to interfere with your repentance journey. God wants to reveal Himself to your friends and family through you. Repentance will lead you to keep God’s commandments. Jesus said you will know you love Him by keeping His commandments. His commandments are in the Torah, and you learn them through a lifetime of study and applying them in your life and making corrections as you grow.

Applying the Instructions in Your Jurisdiction

When you start learning the Torah it can seem overwhelming at first, but as you continue to study it, God reveals himself more and more through it. As an example, when you start learning about the Sabbath in the Bible, you see the Sabbath everywhere. As you start keeping Sabbath at any level, it starts to make more sense. In the same way it is difficult to understand the Torah without applying what you learn at some level. For many it takes studying the Torah for a year or two before they even think about applying what they learn. It is very important to understand applying God’s commandments in your life is not a salvation issue. It is a way to measure where you are in your revelation of God. You cannot understand God the way He wants you to without keeping the commandments. God adds another layer of revelation of Himself through different jurisdictions. Many of us are still debating these jurisdiction laws and trying to figure them out just as they were during the time of the [Apostles](#). For example, Jews are required to live under specific instructions that Gentiles are not obligated to live under. Different jurisdictions exist even amongst the Jews. There are specific instructions for men and women, different instructions for a king and a priest, different instructions specifically for living in Israel, and different laws for living outside of Israel.

Another caveat is that if you choose to reject God's instructions [God will not hear your prayers](#). You will live in sin and you will not understand the basic moral laws of God such as do not steal, lie, or hurt your neighbor. Isaiah 59:2 says, "But your iniquities have separated you from your God; your sins have hidden his face from you, so that he will not hear."

Shortly after Jesus' ascension, many thought you had to be a Jew if you were going to believe in Jesus. Paul said in [1 Corinthians 7:17-20](#) that if you are a Jew stay a Jew, and if you are Gentile stay a Gentile, and the Apostles still explained in [Acts 15:22-29](#) that followers of Jesus are still under some of the requirements and the jurisdictions explained in the Torah. This is where it is very important to understand the [7 Noahide Laws](#). Jesus said you have to [listen to His teachings and do](#) them to have a solid foundation or your house will fall. It is difficult to listen and do what Jesus teaches without a Jewish understanding. Jesus even said in [John 4](#) that "Salvation comes through the Jews."

From this perspective, perhaps the master plan is for God to hide Himself and us to seek Him, and then figure it out together as a community. Which means, it has to be done with the Jews. It takes unity and people working together. It takes a lifetime of commitment, and multiple generations to achieve greater understanding. It takes Jews and Gentiles to work together and work through the repentant process. That is why Jesus has to come back and reign as king for 1000 years, to enforce the Torah and then implement His final plan of redemption in order for [God to come and live amongst us](#) here.

Why does God Hide Himself so Much from Humanity

It comes down to this – He wants to be sure you really love Him and desire Him. He gives you time to work through life, and gives you a [mustard seed](#) of faith to cultivate, and it has the potential to be so big that others can grow from it. The bible says Abraham's faith was counted as [righteousness](#) because he believed. Abraham believed so much that he obeyed God's commandments. Abraham was not even looking to events in his lifetime, [but was looking forward to the Kingdom](#) that would come through his seed.

God wants us to work through the process of repentance, and as we grow in our love for God and He reveals Himself more, we will figure it out. As we figure it out, we will love Him the way He intended, by us keeping His Commandments. Then God will be revealed through your life's example, and the **people** in your life will be impacted.

This discussion will continue in part 2.

Day 29 – God Hides Himself, and It’s Up to You to Find Him So the People in Your Life Are Impacted. (Part 2 of 2)

God Decides What is Good and Evil

The Rabbis say the first 5 books of the Bible, the Torah, have one big story with multiple smaller stories within them, and they all have the same plot. The Torah has a single theme, full of topics, that God specifically chose to place in there to explain to all past and future generations how to deal with life.

God is the authority and law giver. We are to humble ourself, admit our faults, become aware of His instructions, and accept God’s authority of good and evil.

God originally created an environment for us to dwell together, but we have to let Him choose what is good or evil for us. As long as we recognize that, God makes Himself known to us and we have a relationship with Him.

Jesus said in John 14:21, “Whoever has my commandments and keeps them, he it is who loves me. And he who loves me will be loved by my Father, and I will love him and manifest myself to him.”

You have purpose and people in your life are impacted by you repenting, and they will have the opportunity to know God through you.

The Rabbis say the first 5 books of the Bible, the Torah, are said to have one big story with multiple smaller stories within them, and they all have the same plot. The Torah has a single theme, full of topics, that God specifically chose to place in there to explain to all past and future generations how to deal with life. The Torah explains how to be successful and know God.

In the first story, in the beginning, God was not hidden from humanity; He wanted us to recognize He created the world for us to enjoy. He knew we would make decisions incorrectly, and He wanted us to rely on Him to tell us what was good and evil. Our default decision making process is based on desire, not on facts. What we like always seems good, and what we don’t like seems evil (this is not always truth). From the beginning God said not to eat of the Tree of Good and Evil, but Adam and Eve ate of it anyway because they thought it seemed good. Because they rejected the instructions of

not eating from the Tree and rejected God's authority of what was good and evil, they hid themselves from God. God originally did not want to be hidden, but Adam and Eve chose to hide themselves from Him. In Genesis 3:9 it says, "...God called to the man and said to him, where are you?"

In the next story in the Bible, God lovingly approaches Cain and asks him in Genesis 4:6-7, "Why are you angry, and why has your face fallen? If you do well, will you not be accepted? And if you do not do well, sin is crouching at the door. Its desire is contrary to you, but you must rule over it." Then a couple verse later God asks, "Where is Abel your brother? He said, I do not know; am I my brother's keeper?" At that point the relationship with God and Cain changed. Cain no longer took the responsibility of loving his neighbor, and now he even chose to not recognize his sin. His punishment was worse than that of his parents. For Adam and Eve, the land was cursed, but for Cain the land was not only cursed, but his land would never produce anything again ([Genesis 4:11-15](#)). He was now a fugitive and a wanderer on the earth. Everything that was a blessing to him was now a curse.

God Wants to be Revealed

Let us address the question from [Part 1](#) again, "Why does God Hide Himself so much from humanity?" First, God does not want to hide Himself from humanity, but just like Adam and Eve did, we hide ourselves from Him because of our actions of disobedience. God wants to be revealed, but He wants people to accept His authority first before He reveals Himself to them. He will only reveal Himself as we prove we accept His authority as Jesus says in John 14:21, "Whoever has my commandments and keeps them, he it is who loves me. And he who loves me will be loved by my Father, and I will love him and manifest myself to him." You have to prove you accept God's authority in order to gain revelation of God. It also says in Proverbs 28:9, "If one turns away his ear from hearing the law, even his prayer is an abomination."

God originally created an environment for us to dwell together in where He chooses what is good or evil for us. As long as we recognize His authority, God makes Himself known to us and we can have a relationship with Him. This world is Gods and we are His guest in it. We should be grateful to God for creating this world for us, and not act as if we are entitled to it. Accepting what God defines as good and evil is key to remaining in relationship with Him. The moment we decide we can define what is good and evil, we commit the same sin as Adam and Eve, and God remains hidden from us. An example, today some say what is written in the Torah, Moses, and the Prophets is not relevant. **This is us making** the decision and choosing what is good and evil. Even though something may not seem relevant in the Bible to you today, it is. Every word in the Bible still applies. Jesus said in Matthew 5:18, "For truly, I say to you, until heaven and earth pass away, not an iota, not a dot, will pass from the Law until all is accomplished."

When we forget we are a guest in this world, and are ungrateful for everything God has given us, then we fail to recognize that everything is from God. In turn, God says in Deuteronomy 28:45-47, “All these curses shall come upon you and pursue you and overtake you till you are destroyed, because you did not obey the voice of the Lord your God, to keep his commandments and his statutes that he commanded you. They shall be a sign and a wonder against you and your offspring forever. **Because you did not serve the Lord your God with joyfulness and gladness of heart**, because of the abundance of all things...”

God's Authority

God is the authority and law giver. We are to humble ourselves, admit our faults, become aware of His instructions, and accept God's authority of good and evil. As we do, He begins to reveal more of Himself through His instructions. He put a seed in us, and there is a process of growing it. That process is called [seed, time, and harvest](#). When we want to come close to God, we have to climb a mountain to get there, the mountain of the Lord. We need His help to fix our past issues, and we need Him to guide us to understand how to come closer to Him. This happens through the process of choosing good and evil as God defines it in His Torah. Not us choosing what is good and evil. We have to rely on God's instructions to lead us. We need to accept God's mercy and grace on our life and choose to accept His authority of what good and evil are.

As an example of us **not accepting God's authority** defined in His Torah, we can look at two scriptures where some are deciding what good and evil are for themselves. In [Numbers 5:6-7](#) it says, “... When a man or woman commits any of the sins that people commit by breaking faith with the Lord, and that person realizes his guilt, he shall confess his sin that he has committed. And he shall make full restitution for his wrong, adding a fifth to it and giving it to him to whom he did the wrong.” Someone who mainly reads the New Testament may say – we are no longer under that law, and Jesus is the one who made restitution for me at the cross. [Galatians 3:13-15](#) is interpreted that Jesus paid all of my debts, and therefore I am free and clear, and I have no consequences for my sin. That statement is a contradiction between Torah and the New Testament.

It is important to understand, if a scripture in the New Testament seems as if it is contradicting the Torah, then you need to keep searching. It is impossible for one scripture to cancel another scripture. Galatians 3:13-15 does not cancel Numbers 5:6-7. Sin is something physical and it has consequences in this world that God wants us to fix. Sin also impacts our soul. The blemish of the soul from sin is a spiritual issue, this is not a physical condition. For both to be fixed, **you first have to accept God's authority and understand that He chose what is right and wrong**. Once you accept God's authority and adjust your decision-making process to align with His, then you can ask for forgiveness based solely on the merit and favor of Jesus whom God has given as our atonement that can place us back in relationship with Him. At this point it is up to us learn God's instructions and apply them in our life.

God Will Put His Spirit In You and Move You

Paul explains in [Ephesians 3:11-20](#) because of Jesus and the “eternal purpose that he accomplished ... through faith in him we may approach God with freedom and confidence” and we can repent and “Christ may dwell in your hearts through faith.” In Ezekiel 36:27 it says, **“I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws.”** God uses the Holy Spirit to empower you to obey Him as you desire Him. In 1 Timothy 1:12 Paul says, “I thank him who has given me strength, Christ Jesus our Lord, because he judged me faithful, appointing me to his service.” Paul was appointed because he repented, and he choose to accept God’s instructions.

When you humble yourself and repent, God puts a seed in you and it needs to be cultivated. If you continue to grow your seed, it will produce fruit of repentance which is you living according to God’s instructions. Our job is to live a life of repentance and continue to grow. You should take time every day to ask yourself, how much are you aware of God in your life? How revealed is He to you? Are you living as if you are aware God is dwelling with you at all times?

Outsmart Sin By Choosing God’s Authority

God cannot dwell in a place full of sin. If you are gossiping every day, if you want to look at inappropriate things all the time, if you are desiring the things of this world more than the things of God, then you should repent and ask God to forgive you. Accept God’s authority and know what He says is good and evil is fact. Learn and apply God’s instructions in the Torah, and if you do, you will naturally make calculated decisions about your behavior. That does not mean sin is not always present, it just means you are more intelligent than sin and have learned to overcome it. [Proverbs 28:7](#) says “the one who keeps the law is a son with understanding.” God reveals himself to this world through a process where we repent, and learn to apply His commandments based on the jurisdiction he wants us to live in. A part of repentance is applying God’s commandments and living them out in your life. Then others in your life are made aware of God, and by you living them out, others will learn to know God through your example. We are to take the godly revelation and help reveal God to this world, and God will reveal Himself through your actions ([John 14:21](#)).

The repentance process starts with (Leviticus 26:40-45):

- #1 confession of sin
- #2 stopping the sin
- #3 regretting the sin
- #4 making the wrongs right

Repentance is learning what good and evil are through studying God's Torah, and then applying God's commandments in your life in a practical way ([Matthew 3:8-10](#) / [James 2:14-26](#)). This is why Jesus said if you love Him, you will keep His commandments.

You have a purpose and people in your life are impacted by you repenting, and they will have the opportunity to know God through you.

Day 30 – The True Definition of What Repentance Is and Where We Go from Here

STOP
*If you have not gone through the 30-day journey, this page is not for you.
Begin by starting on Day 1*

The content in this website was written to help those who desire God and want to know more of Him to grow to a higher spiritual level, and to assist those who are seeking after the Kingdom of God and His righteousness to understand what repentance is. Repentance is not a one-time decision, and it is not just saying “I have faith to believe Jesus died for me, so I am good to go.” As [James 2:19](#) says, “... even the demons believe that...”

We believe the 30 day journey was necessary to understand the true gospel: **repent for the Kingdom of God is near**. Once someone understands the Gospel from the repentance perspective, you recognize many people are not repenting. The redemption plan is about unity and working together, about humanity as a whole working it out (multiple generations), and then one day our Messiah comes and finishes up the process. We will be judged how we did based upon the choices we made during our lifetime.

After reading [Day 28](#) and [Day 29](#), you should understand how important it is for a person to accept what God defines as good and evil. How we accept God’s definition of good and evil determines how we make decisions. Choosing life is choosing to follow God’s instructions and applying them in your life in whatever jurisdiction you live in. Choosing death is rejecting God’s instructions.

A person’s truth today is based on the perspective and understanding they have today. As a person gains more perspective and understanding of scripture, a person’s truth will change. Those truths will surpass previous truths (truth will always change if there is growth). When living a life of repentance, what a person believed to be truth last year could be different today.

The primary battle in a person’s life is the progress towards knowing God; there are two forces at work that are fighting this battle: good and evil. Having a correct perspective is the key to making correction, properly repenting, gaining truths, and winning this battle.

Most people live an aimless life. The goal of repentance is to pull a person from aimlessness and give them an opportunity to gain the right perspective of God so that they can win the battle between good and evil.

It is easy to fool ourselves and think we always know the truth.

Being able to say, "This is what I understand today!" is an example of a person humbling themselves and being willing to grow closer to God. The question always has to be, are we serving God or ourselves?

The path of repentance is a lifelong process of truly growing to know God better. Here are a few actions that the journey of repentance should include:

- Redeeming and rebuilding our life through growing in truth
- Always seeking to gain a clearer perspective and understanding of God
- Pulling ourselves from a certain way of life in order to grow and know God better (getting rid of sin in our life)
- Transforming the sins in our life into obedience to God
- Living to love God and our neighbors as ourselves

Your Understanding of God is Based On Your Obedience (Fruit of Repentance)

The fruit of the repentance is you keeping the commandments as it say in [1 John 2:1-6](#), "He [Jesus] is the propitiation for our sins, and not for ours only but also for the sins of the whole world. And by this we know that we have come to know him, if we keep his commandments." As Daniel Lancaster says in his book [Restoration](#), "**We do not keep God's commandments to be saved, we keep them because we are saved.**" We keep them to know God better. As [Day 29](#) explains, God will only reveal Himself as we prove we accepted His authority, and we prove that by keeping His commandments and apply them in our life as we learn them.

Keeping God's commandments is a journey of learning who God is. It takes God's Spirit to empower you to keep them, and a lifetime to learn with fellow believers to understand how to apply them correctly. It is God who empowers you to be obedient as Paul says in [1 Corinthians 12:1-11](#), we are empowered by the Holy Spirit "who apportions to each one individually as He wills." Will you be able to gain 30%, 60%, or 100% understanding in this lifetime? That is up to you based on your journey of repentance.

If you are interested in taking your repentance to the next level, and continuing with us, please submit your email here, and we will send you more information.

Daniel 12:3 says, “And **those who are wise** shall shine like the brightness of the sky above; and those who turn many to righteousness, like the stars forever and ever.”

[Click here are more resources](#)

Be blessed on your journey!